Spirifrust Lutheran' Resident Menu

| $\begin{gathered} 2024 \\ \text { S3 } \end{gathered}$ | Sunday July 28 | Monday <br> July 29 | Tuesday July 30 | Wednesday <br> July 31 | Thursday August 1 | Friday August 2 | Saturday <br> August 3 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal <br> Blueberry Pancakes Bacon | Assorted Juices Assorted Cold Cereals <br> Assorted Toast Hot Oatmeal <br> Scrambled Eggs Fruit Muffin | Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat Egg \& Potato Bake | Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal <br> Pancakes Bacon | Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat <br> Waffle <br> Breakfast Sausage | Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal <br> Cheesy Scrambled Eggs | Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat <br> Texas French Toast Sausage Links |
| $\begin{aligned} & \text { 등 } \\ & \frac{5}{3} \end{aligned}$ | Caribbean BBQ Pork Stuffed Cabbage Roll <br> Brown Rice Squash Medley <br> Lemon Meringue Pie | Chicken Parmesan <br> Shrimp Po Boy <br> Penne Pasta with Marinara <br> Summer Vegetable Blend <br> Honeydew | Baked Fish with Dill Sauce <br> Kielbasa <br> Roasted New Potatoes <br> Spinach <br> Cinnamon Applesauce | Citrus Roasted Pork Spring Vegetable Alfredo <br> Sweet Potato <br> Broccoli <br> Dinner Roll <br> Caramel Bread Pudding | Crusted Pollock Chicken Ricotta <br> Risotto <br> Carrot Coin <br> Sugar Cookies | Roast Beef <br> Hot Pork Sandwich <br> Mashed Potato <br> Succotash <br> Blonde Brownie | Shrimp \& Pineapple Stir Fry <br> Cheese Pizza <br> Steamed Rice <br> Marinated Cucumbers <br> Cheesecake |
| $\frac{\grave{2}}{\frac{1}{c}}$ | Cream of Potato Soup <br> Roast Beef and Swiss on Rye <br> Chicken Noodle Casserole <br> Coleslaw <br> Dinner Roll <br> Fresh Cantaloupe | Vegetable Chowder <br> Chicken Salad Fruit Plate <br> Grilled Monte Cristo <br> Baked Potato <br> Coconut Cake | Turkey Noodle Soup <br> Open Faced Roast Beef Sandwich <br> Crispy Chicken Sandwich <br> Tater Tots <br> Ice Cream Sandwich | Beef Orzo Soup <br> Tuna Melt Casserole <br> Turkey Burger <br> Potato Wedge <br> Brownie | Cream of Broccoli Soup <br> Hamburger on a Bun Lettuce, Tomato \& Pickle <br> Macaroni \& Cheese <br> Stewed Tomatoes <br> Pineapple Whip | Vegetable Soup <br> Fried Fish Sandwich <br> Chicken Enchilada Casserole <br> Coleslaw <br> Cherry Delight Bar | Carrot Bisque <br> Grilled Turkey \& Swiss Sandwich <br> Broccoli \& Cheese Casserole <br> Hot German Potato Salad Corn Fruit Gelatin Salad |

Milk, water and assorted hot and cold beverages available at every meal. Additional menu choices are located on our Always Available menu.

