Spirifrust Lutheran' Resident Menu

| $\begin{gathered} 2024 \\ \text { S2 } \end{gathered}$ | Sunday <br> July 21 | Monday July 22 | Tuesday July 23 | Wednesday July 24 | Thursday July 25 | Friday July 26 | Saturday July 27 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal <br> Scrambled Eggs Hashbrowns | Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal <br> Egg and Potato Bake | Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat <br> Bacon Pancake | Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal <br> Waffles Breakfast Sausage | Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat <br> Cheesy Scrambled Eggs Breakfast Potatoes | Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal Texas French Toast | Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat <br> Hashbrowns Scrambled Eggs |
| $\begin{aligned} & \text { 들 } \\ & \hline 1 \end{aligned}$ | Country-Style Beef Tips Smothered Pork Chop <br> Brown Rice Pilaf Snap Peas <br> Pound Cake with Berries | Cheeseburger Casserole Bourbon Chicken <br> Roasted New Potatoes Roasted Asparagus <br> Brownie with Caramel Sauce | BBQ Pulled Beef <br> Spinach Egg Bake <br> Buttered Noodles Honey Glazed Carrots <br> Fruit Cup | Oven Fried Chicken Loaded Baked Potato <br> Corn \& Cheddar Casserole Caesar Salad <br> Peach Crisp | Shepherd's Pie Stuffed Shells with Marinara <br> Wax Beans with Pimentos <br> Cherry Pie | Crab Stuffed Pollock General Tso's Chicken <br> Basmati Rice Parsley Cauliflower <br> Blueberry Lemon Mousse Cup | Herbed Baked Chicken Three Cheese Lasagna <br> Scalloped Potatoes Italian Romano Vegetable Blend <br> Butterscotch Squares |
|  | Minestrone Soup Tossed Salad <br> Hot Turkey Sandwich Vegetable Cheese Strata <br> Mashed Potatoes Green and Yellow Squash <br> Fruited Red Gelatin | Italian Wedding Soup <br> Chicken Salad on a Bun Cottage Cheese \& Fruit <br> Green Pea Salad <br> Mandarin Oranges | Tuscan Bean \& Tomato Soup <br> Fish \& Chips Italian Hoagie <br> Zucchini Parmesan <br> Chocolate Pudding Cake | Cream of Celery Soup <br> Broccoli \& Mushroom Stir- <br> Fry <br> Turkey Croquettes Rice <br> Watermelon | French Onion Soup <br> Cheeseburger Chef Salad <br> Baked Beans Country Tomato Salad Jello Parfait | Lentil Soup <br> Egg Salad Sandwich Hot Dog on Bun <br> Pickled Beets with Onions <br> Oatmeal Raisin Cookie | Chicken Vegetable Soup <br> Battered Cod <br> Black Beans \& Rice <br> Sweet Potato Fries Sauteed Mixed Greens <br> Ambrosia Salad |

Milk, water and assorted hot and cold beverages available at every meal. Additional menu choices are located on our Always Available menu.

