

The Weekly Connection

Personal Care | August 11-17, 2024

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, August 11

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm Olympics NBC Channel 8

2:00pm 3 Bed, 2 Bath, 1 Ghost Hallmark Channel 137

Monday, August 12

10:00am Bingo (Dining Room)

2:00pm Stretching (Parlor)

Tuesday, August 13

10:00am Current Events (Dining Room)

2:00pm Dominoes (Dining Room)

Wednesday, August 14

10:00am Bingo Prize Cart (Dining Room)

2:00pm Chat with the Chaplain (Dining Room)

3:00pm Rosary (Arlington Sun Porch)

Thursday, August 15

10:00am Catholic Mass (Fellowship Room)

10:45am Fun & Fitness (Dining Room)

2:00pm Manicure (Parlor)

Friday, August 16

1:30pm Happy Hour (Fellowship Room)

Saturday, August 17

10:00am Its Puzzling (Dining Room)

2:00pm Dominoes (Dining Room)

2024 \$5	Sunday August 11	Monday August 12	Tuesday August 13	Wednesday August 14	Thursday August 15	Friday August 16	Saturday August 17
Breakfast	Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal Texas French Toast Mini Danish	Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal Biscuit & Sausage Gravy Scrambled Eggs	Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat Blueberry Pancakes Bacon	Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal Baked Omelet Fruit Muffin	Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat Egg and Potato Bake Cinnamon Coffee Cake	Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal Pancakes Bacon	Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat Waffle Breakfast Sausage
Lunch	Baked Meatloaf Oven-Roasted Turkey Garlic Mashed Potatoes Scandinavian Vegetables Lemon Shortbread Bar	Chicken & Mushrooms with Wine Sauce Baked Cod Roasted Red Skin Potatoes Green Beans Iced Key Lime Cake	Turkey Ala King Grilled Ham Steak Rice Pilaf Parley Potatoes Red Beets Caramel Custard in Tart Shell	Beef Stir Fry Apricot Chicken Steamed Rice Snap Peas Spice Cake	Seafood Croquettes Sweet Country Pork Sausage Confetti Rice Zucchini Vanilla Ice Cream Cup	Turkey Meatloaf Hummus Bowl with Turmeric Cauliflower Mashed Potatoes Carrot Coins Chocolate Chip Cookies	BBQ Chicken Pasta Primavera Scalloped Potatoes Brussel Sprouts Fresh Strawberries with Whipped Cream
Dinner	Beef Orzo Soup Grilled Chicken Sandwich Chef Salad Cauliflower Salad Baked Scalloped Apples	Seafood Bisque BBQ Pork on a Bun Cheese Tortellini with Marinara Sauce Broccoli Peanut Butter Cookies	Portuguese Kale Soup Crab Cake BBQ Chicken Sandwich Lyonnaise Potatoes Asparagus Fruit Cup	American Bounty Vegetable Soup Vegetable Frittata Vegetable Quesadilla Bowtie Pasta Salad Cinnamon Applesauce	Cream of Chicken Rice Soup Artichoke & Spinach Lasagna Chicken Salad Plate Garlic Bread Italian Romano Blend Fruit Cup	Chilled Summer Tomato Soup Mushroom Swiss Burger Lettuce, Tomato & Pickle Chicken Tenders Coleslaw Watermelon	Ham, Green Beans & Potato Soup Fish Sandwich Grilled Turkey Melt French Fries Peas & Carrots Peach Pie

Milk, water and assorted hot and cold beverages available at every meal. Additional menu choices are located on our Always Available menu.