

# The Weekly Connection

## Personal Care | December 1-7, 2024

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

### **Sunday, December 1**

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm Christmas with the Kranks FX Channel 55

2:00pm NFL Football NBC Channel 8

### **Monday, December 2**

10:00am Bingo (Dining Room)

### **Tuesday, December 3**

10:00am Current Events (Dining Room)

3:30pm Classic Christmas Movie (Wellness Lounge)

### **Wednesday, December 4**

10:00am Advent Service (Fellowship Room)

2:00pm Christmas Trivia (Dining Room)

3:00pm Rosary (Arlington Sun Porch)

### **Thursday, December 5**

10:45am Fun & Fitness (Dining Room)

2:00pm Village Voices Practice (Dining Room)

### **Friday, December 6**

10:00am Preschool Circle (Braeburn Lounge)

2:00pm Cookie Decorating (Wellness Lounge)

### **Saturday, December 7**

10:00am On this Date (Dining Room)

1:00pm St. Francis Church Carolers

(Halls)

2024 Week 2	Sunday 12/1/24	Monday 12/2/24	Tuesday 12/3/24	Wednesday 12/4/24	Thursday 12/5/24	Friday 12/6/24	Saturday 12/7/24
<b>Breakfast</b>	Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Home fries Assorted Toast Cinnamon Coffee Cake	Assorted Juice Oatmeal Assorted Cold Cereal Scrambled Eggs Pancakes with Syrup Bacon Banana	Assorted Juice Oatmeal Assorted Cold Cereal Creamed Chipped Beef over Toast Hash browns Breakfast Sausage	Assorted Juice Oatmeal Assorted Cold Cereal Eggs Made to Order Yogurt & Granola Assorted Toast	Assorted Juice Oatmeal Assorted Cold Cereal Baked Cheese Omelet French Toast with Syrup Turkey Sausage Link	Assorted Juice Oatmeal Assorted Cold Cereal Scrambled Eggs Sausage Gravy over Biscuits Hash browns	Assorted Juice Oatmeal Assorted Cold Cereal Egg & Cheese Muffin Blueberry Pancakes with Syrup Bacon
<b>Lunch</b>	Crab Cake w/ tartar sauce Roasted New Potatoes Asparagus Bourbon Chicken Brownie with Caramel Sauce	BBQ Pulled Beef Buttered Noodles Honey Glazed Carrots Chicken Marsala Fruit Cup	Oven Fried Chicken Loaded Baked Potato Tortellini with Tomato Cream sauce Caesar Salad Peach Crisp	Shepherd's Pie Wax Beans with Pimientos Stuffed Shells with Marinara Cherry Pie	Baked Crab Stuffed Cod Parsley Cauliflower General Tso's Chicken Basmati Rice Apple Cider Muffin	Herbed Baked Chicken Scalloped Potatoes Italian Romano Vegetable Blend Three Cheese Lasagna Butterscotch Squares	Caribbean BBQ Pork Dirty Brown Rice Squash Medley Stuffed Cabbage Roll Lemon Meringue Pie
<b>Dinner</b>	Tuscan Bean & Tomato Soup Chicken Salad on a Bun Green Pea Salad Cottage Cheese & Fruit Mandarin Oranges	Italian Wedding Fish & Chips Zucchini Parmesan Italian Hoagie Chocolate Pudding Cake	New England Clam Chowder Broccoli & Mushroom Stir Fry Rice Turkey Casserole Apricot	French Onion Soup Cheeseburger Baked Beans Country Tomato Salad Chef Salad w/ Choice of Dressing Jell-O Parfait	Cream of Potato Soup Egg Salad Sandwich on White Pickled Beets with Onions Hot Dog on Bun Oatmeal Raisin Cookie	Broccoli Cheddar Soup Battered Cod Sweet Potato Fries Black Beans Chili Sautéed Greens Ambrosia Salad	Roasted Beef & Swiss Sandwich Coleslaw Chicken Noodle Casserole Cantaloupe