

The Weekly Connection

Personal Care | February 2-8, 2025

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, February 2

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm How Disney Built America, History Channel 58

2:00pm Sweetest Heart, Hallmark Channel 137

Monday, February 3

8:00am Eat Ice Cream for Breakfast (Wellness Lounge)

10:00am Bingo (Dining Room)

Tuesday, February 4

10:00am Current Events (Dining Room)

Wednesday, February 5

2:00pm Meditation (Wellness Lounge)

3:30pm Rosary (Arlington Sunroom)

Thursday, February 6

10:45am Fun & Fitness (Dining Room)

2:00pm Passport to Wellness (Dining Room)

Friday, February 7

2:00pm Music and Memories (Dining Room)

Saturday, February 8

10:00am Coffee & Conversation (Dining Room)

2:00pm Dominoes (Dining Room)

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 **Spiritrust Lutheran**[®]
The Village at Gettysburg



2025 Week 3	Sunday 2/2/25	Monday 2/3/25	Tuesday 2/4/25	Wednesday 2/5/25	Thursday 2/6/25	Friday 2/7/25	Saturday 2/8/25
Breakfast	Assorted Juice Oatmeal Assorted Cold Cereal Baked Omelet Cinnamon Raisin French Toast with Syrup Peach Muffin	Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Grilled Ham Cinnamon Coffee Cake	Assorted Juice Oatmeal Assorted Cold Cereal Western Style Scrambled Eggs Pancakes with Syrup Bacon Assorted Toast	Assorted Juice Oatmeal Assorted Cold Cereal Eggs Made to Order Waffle w/ Syrup Breakfast Sausage Assorted Toast	Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Yogurt & Granola Assorted Toast	Assorted Juice Oatmeal Assorted Cold Cereal Baked Cheese Omelet French Toast with Syrup Turkey Sausage Link	Assorted Juice Oatmeal Assorted Cold Cereal Scrambled Eggs Sausage Gravy with Biscuit Hash Browns
Lunch	Chicken Parmesan Penne Pasta with Marinara Vegetable Blend Shrimp Po Boy Honeydew	Baked Fish with Dill Sauce Roasted New Potatoes Spinach Kielbasa Cinnamon Applesauce	Citrus Roasted Pork Sweet Potato Broccoli Vegetable Alfredo Dinner Roll Caramel Bread Pudding	Baked Cod Orzo Pilaf Carrot Coin Baked Chicken with Honey & Cumin Sugar Cookies	Roast Beef with Gravy Mashed Potato Succotash Hot Pork Sandwich Blonde Brownie	Shrimp & Pineapple Stir Fry Steamed Rice Cheese Pizza Marinated Cucumbers Cheesecake	Apricot Glazed Ham Garlic Mashed Potato Fresh Green Bean Dinner Roll Vegetable Quiche Peach Pie
Dinner	Cream of Mushroom Chicken Salad Fruit Plate Grilled Monte Cristo Baked Potato Coconut Cake	Turkey Noodle Soup Open Faced Roast Beef Sandwich w/Gravy Green Pea and Pearl Onions Tater Tots Crispy Chicken Sandwich Ice Cream Sandwich	Beef Orzo Soup Tuna Melt Casserole Potato Wedge Turkey Burger w/ Lettuce and Tomato Brownie	Cream of Broccoli Soup Hamburger on a Bun Lettuce, Tomato & Pickle Amish Potato Salad Macaroni & Cheese Stewed Tomatoes Pineapple Whip	Vegetable Soup Fried Fish Sandwich Coleslaw Chicken Enchiladas with Enchilada Sauce and Cheese Carrot Cake	Beer Cheese Soup Grilled Turkey & Swiss Sandwich Hot German Potato Salad Chicken Pot Pie Corn Fruit Gelatin Salad	Chicken Florentine Soup Seafood Newburg over Rice Maple Glazed Carrots Cheese Ravioli Breadstick Chocolate Chip Cookie