

The Weekly Connection

Personal Care | July 28-August 3, 2024

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, July 28

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm Olympics NBC Channel 8

2:00pm Christmas in Notting Hill Hallmark Channel 137

Monday, July 29

10:00am Bingo (Dining Room)

2:00pm Manicures (Parlor)

Tuesday, July 30

10:00am Current Events (Dining Room)

2:00pm Dominoes (Dining Room)

Wednesday, July 31

10:00am One on One Visits

3:00pm Rosary (Arlington Sun Porch)

Thursday, August 1

10:45am Fun & Fitness (Dining Room)

2:00pm Documentary (Dining Room)

Friday, August 2

2:00pm Music & Cocktails (Tent)

Saturday, August 3

10:00am Who am I (Dining Room)

2:00pm Dominoes (Dining Room)



Resident Menu



2024 S3	Sunday July 28	Monday July 29	Tuesday July 30	Wednesday July 31	Thursday August 1	Friday August 2	Saturday August 3
Breakfast	Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal Blueberry Pancakes Bacon	Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal Scrambled Eggs Fruit Muffin	Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat Egg & Potato Bake	Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal Pancakes Bacon	Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat Waffle Breakfast Sausage	Assorted Juices Assorted Cold Cereals Assorted Toast Hot Oatmeal Cheesy Scrambled Eggs	Assorted Juices Assorted Cold Cereals Assorted Toast Cream of Wheat Texas French Toast Sausage Links
Lunch	Caribbean BBQ Pork Stuffed Cabbage Roll Brown Rice Squash Medley Lemon Meringue Pie	Chicken Parmesan Shrimp Po Boy Penne Pasta with Marinara Summer Vegetable Blend Honeydew	Baked Fish with Dill Sauce Kielbasa Roasted New Potatoes Spinach Cinnamon Applesauce	Citrus Roasted Pork Spring Vegetable Alfredo Sweet Potato Broccoli Dinner Roll Caramel Bread Pudding	Crusted Pollock Chicken Ricotta Risotto Carrot Coin Sugar Cookies	Roast Beef Hot Pork Sandwich Mashed Potato Succotash Blonde Brownie	Shrimp & Pineapple Stir Fry Cheese Pizza Steamed Rice Marinated Cucumbers Cheesecake
Dinner	Cream of Potato Soup Roast Beef and Swiss on Rye Chicken Noodle Casserole Coleslaw Dinner Roll Fresh Cantaloupe	Vegetable Chowder Chicken Salad Fruit Plate Grilled Monte Cristo Baked Potato Coconut Cake	Turkey Noodle Soup Open Faced Roast Beef Sandwich Crispy Chicken Sandwich Tater Tots Ice Cream Sandwich	Beef Orzo Soup Tuna Melt Casserole Turkey Burger Potato Wedge Brownie	Cream of Broccoli Soup Hamburger on a Bun Lettuce, Tomato & Pickle Macaroni & Cheese Stewed Tomatoes Pineapple Whip	Vegetable Soup Fried Fish Sandwich Chicken Enchilada Casserole Coleslaw Cherry Delight Bar	Carrot Bisque Grilled Turkey & Swiss Sandwich Broccoli & Cheese Casserole Hot German Potato Salad Corn Fruit Gelatin Salad

Milk, water and assorted hot and cold beverages available at every meal. Additional menu choices are located on our Always Available menu.

