

# The Weekly Connection

## Personal Care | March 9~ March 15, 2025

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

### **Sunday, March 9**

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm Father of the Bride (TBS 36)

### **Monday, March 10**

10:00am Bingo (Dining Room)

2:00pm Afternoon Stretch (Wellness Lounge)

### **Tuesday, March 11**

10:00am Current Events (Dining Room)

2:00pm Dominoes (DR)

### **Wednesday, March 12**

2:15pm Balloon Volleyball (DR)

3:30pm Rosary (Arlington Sunroom)

### **Thursday, March 13**

10:45am Fun & Fitness (DR)

2:00pm Passport to Wellness (DR)

### **Friday, March 14**

9:45am Pre-School Circle (Braeburn Lounge)

10:00am Manicures (P)

1:00pm Pi Day Happy Hour (FR)

### **Saturday, March 15**

This weekend we **spring** ahead on Saturday night. Set your clocks forward an hour so you don't miss anything Sunday morning!



2025 Week 4	Sunday 03/09/25	Monday 03/10/25	Tuesday 03/11/25	Wednesday 03/12/25	Thursday 03/13/25	Friday 03/14/25	Saturday 03/15/25	
<b>Breakfast</b>	Assorted Juice Oatmeal Assorted Cold Cereal Egg & Cheese Muffin Blueberry Pancakes with Syrup Bacon	Assorted Juice Oatmeal Assorted Cold Cereal Baked Omelet Cinnamon Raisin French Toast with Syrup Peach Muffin	Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Home Fries Assorted Toast Cinnamon Coffee Cake	Assorted Juice Oatmeal Assorted Cold Cereal Eggs Made to Order Pancakes with Syrup Assorted Toast Bacon	Assorted Juice Oatmeal Assorted Cold Cereal Denver Scrambled Egg Waffle with Syrup Assorted Toast Breakfast Sausage	Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Yogurt & Granola Parfait Assorted Toast	Assorted Juice Oatmeal Assorted Cold Cereal Baked Cheese Omelet French Toast with Syrup Sausage	
<b>Lunch</b>	Baked Flounder Garlic Thyme Chicken Parslief Potatoes Red Beets Tapioca Pudding	Spaghetti with Marinara Sauce Chef Salad Cut Green Beans Dinner Roll Diced Pineapple	Pulled Pork on a Biscuit Cheese Quiche Roasted Red Potatoes Coleslaw Pumpkin Spice Blendies	Beef Pepper Steak Crab Cake w/ Tartar Sauce Baked Potato Steamed Broccoli Blueberry Cobbler	Rotisserie Baked Chicken Seafood Pasta Spinach Fall Kale Salad Chocolate Ice Cream Cup	Roasted Pork Loin Lemon Chive Fish of the Day AuGratin Potatoes Carrot Coins Coconut Cream Pie	Baked Meatloaf with Tomato Sauce Oven Roasted Turkey Turkey Gravy Mashed Potatoes Mixed Vegetables Lemon Shortbread Bar	
<b>Dinner</b>	Tomato Basil Soup French Dip Sandwich Chicken Broccoli Alfredo Macaroni Salad Tropical Fruit Salad	Butternut Squash Soup Chicken Tenders Grilled Ham & Swiss Cheese Sandwich Tater Tots Baked Beans Snickertoodle Cookies	Navy Bean & Ham Soup Turkey Burger Lettuce, Tomato & Onion Grilled Chicken Sandwich Corn Salad Fresh Fruit Cup	Creamy Cauliflower Soup Chicken Salad & Fruit Plate Pepperoni Pizza Tossed Sald Rainbow Sherbet	Chicken Corn Soup Beef Pot Pie with Puff Pastry Tuna Salad Sandwich on a Roll with Lettuce & Tomato Green Beans Lemon Mousse	Manhattan Clam Chowder Hot Turkey Sandwich Egg Salad BLT on a Croissant Mashed Sweet Potatoes Sautéed Squash & Zucchini Peaches	Beef Barley Soup Grilled Chicken Sandwich Carrot Raisin Salad Chef Salad Baked Dutch Apples	02/14/25