

The Weekly Connection

Personal Care | November 17-23, 2024

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, November 17

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm Trivia at St. Nick's Hallmark Channel 137

2:00pm NFL Football NBC Channel 8

Monday, November 18

10:00am Bingo (Dining Room)

2:00pm Making & Baking (Den)

Tuesday, November 19

10:00am Current Events (Dining Room)

2:00pm Dominoes (Dining Room)

Wednesday, November 20

10:00am One on One Visits

2:00pm Chat with the Chaplain (Dining room)

3:00pm Rosary (Arlington Sun Porch)

Thursday, November 21

10:00am Catholic Mass (Fellowship Room)

10:45am Fun & Fitness (Dining Room)

2:00pm Village Voices Practice (Fellowship Room)

3:00pm Better Music Listening (Wellness Lounge)

Friday, November 22

10:00am Manicures (Parlor)

2:00pm Life Long Learning (Wellness Lounge)

Saturday, November 23

10:00am Turkey Trot 5K (Front Lobby)

2:00pm Dominoes (Dining Room)

Turkey Trot

If you are not a walker, you can still come out to the Turkey Trot. Come visit with some friends and wish everyone good luck.

Life Long Learning

Topic: "How the Nuclear Stand- Down Unraveled"

Speaker: Jeff Colvin

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 **Spiritrust Lutheran**[®]
The Village at Gettysburg



2024 Week 4	Sunday 11/17/24	Monday 11/18/24	Tuesday 11/19/24	Wednesday 11/20/24	Thursday 11/21/24	Friday 11/22/24	Saturday 11/23/24
Breakfast	Assorted Juice Oatmeal Assorted Cold Cereal Egg & Cheese Muffin Blueberry Pancakes with Syrup Bacon	Assorted Juice Oatmeal Assorted Cold Cereal Baked Omelet Cinnamon Raisin French Toast with Syrup Peach Muffin	Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Home Fries Assorted Toast Cinnamon Coffee Cake	Assorted Juice Oatmeal Assorted Cold Cereal Eggs Made to Order Pancakes with Syrup Assorted Toast Bacon	Assorted Juice Oatmeal Assorted Cold Cereal Denver Scrambled Egg Waffle with Syrup Assorted Toast Breakfast Sausage	Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Yogurt & Granola Parfait Assorted Toast	Assorted Juice Oatmeal Assorted Cold Cereal Baked Cheese Omelet French Toast with Syrup Sausage
	Flounder Parslied Potatoes Garlic Thyme Chicken Red Beet with Orange & Ginger Pice Pudding	Spaghetti with Marinara Sauce Cut Green Beans Chef Salad Dinner Roll Fresh Pineapple	Pulled Pork on a Biscuit Roasted Red Potatoes Coleslaw Cheese Quiche Pumpkin Spice Blondies	Beef Pepper Steak Baked Potato Steamed Broccoli Crab Cake w/ Tartar Sauce Blueberry Cobbler	Rotisserie Baked Chicken Spinach Seafood Pasta Fall Kale Salad Chocolate Ice Cream Cup	Roasted Pork Loin AuGratin Potatoes Carrot Coins Lemon Chive Fish of the Day Coconut Cream Pie	Baked Meatloaf with Tomato Sauce Mashed Potatoes Mixed Vegetables Oven Roasted Turkey Cranberry Sauce Lemon Shortbread Bar
Dinner	Tomato Basil Soup French Dip Sandwich Macaroni Salad Chicken Broccoli Alfredo Tropical Fruit Salad	Butternut Squash Soup Chicken Tenders Tater Tots Baked Beans Grilled Ham & Swiss Cheese Sandwich Snickerdoodle Cookies	Navy Bean & Ham Soup Turkey Burger Lettuce, Tomato & Onion Corn Salad Grilled Chicken Sandwich Fresh Fruit Cup	Creamy Cauliflower Soup Chicken Salad & Fruit Plate Pepperoni Pizza Tossed Salad Rainbow Sherbet	Chicken Corn Soup Beef Pot Pie with Puff Pastry Tuna Salad Sandwich on a Roll with Lettuce & Tomato Green Beans Lemon Mousse	Manhattan Clam Chowder Hot Turkey Sandwich Mashed Sweet Potatoes Sautéed Squash & Zucchini Egg Salad BLT on a Croissant Peaches	Beef Barley Soup Grilled Chicken Sandwich Carrot Raisin Salad Chef Salad Baked Dutch Apples