

The Weekly Connection

Personal Care | September 15-21, 2024

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, September 15

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm One Perfect Wedding Hallmark Channel 137

2:00pm NFL Football NBC Channel 8

Monday, September 16

10:00am Bingo (Dining Room)

1:30pm Senior Acts (Fellowship Room)

2:00pm Stretching (Parlor)

Tuesday, September 17

8:00am Apple City Crepes (Front Lot)

10:00am Current Events (Dining Room)

2:00pm Dominoes (Dining Room)

Wednesday, September 18

10:00am Pet Visits

2:00pm Making and Baking (Den)

3:00pm Rosary (Arlington Sun Porch)

Thursday, September 19

10:00am Catholic Mass (Fellowship Room)

10:45am Fun & Fitness (Dining Room)

2:00pm Documentary (Dining Room)

Friday, September 20

10:00am Manicure (Parlor)

Saturday, September 21

10:00am Painting (Dining Room)

2:00pm Dominoes (Dining Room)

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 **Spiritrust Lutheran**[®]
The Village at Gettysburg





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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Assorted Juices Assorted Toast Hot Oatmeal Biscuit & Sausage Gravy Scrambled Eggs	Assorted Juices Assorted Toast Cream of Wheat Blueberry Pancakes Bacon	Assorted Juices Assorted Toast Hot Oatmeal Baked Omelet Fruit Muffin	Assorted Juices Assorted Toast Cream of Wheat Egg and Potato Bake Cinnamon Coffee Cake	Assorted Juices Assorted Toast Hot Oatmeal Pancakes Bacon	Assorted Juices Assorted Toast Cream of Wheat Waffle Breakfast Sausage	Assorted Juices Assorted Toast Hot Oatmeal Cheesy Scrambled Eggs
LUNCH	Chicken & Mushrooms with Wine Sauce Baked Cod Roasted Red Skin Potatoes Green Beans Iced Key Lime Cake	Turkey Ala King Grilled Ham Steak Rice Pilaf Parley Potatoes Red Beets Caramel Custard in Tart Shell	Beef Stir Fry Apricot Chicken Steamed Rice Snap Peas Spice Cake	Seafood Croquettes Sweet Country Pork Sausage Confetti Rice Zucchini Vanilla Ice Cream Cup	Turkey Meatloaf Hummus Bowl with Turmeric Cauliflower Mashed Potatoes Carrot Coins Chocolate Chip Cookies	BBQ Chicken Pasta Primavera Scalloped Potatoes Brussel Sprouts Fresh Strawberries with Whipped Cream	Beef Tips in Gravy Lemon Butter Baked Pollock Mashed Potatoes Green & Yellow Squash Sherbet
DINNER	Seafood Bisque BBQ Pork on a Bun Cheese Tortellini with Marinara Sauce Broccoli Peanut Butter Cookies	Portuguese Kale Soup Crab Cake BBQ Chicken Sandwich Lyonnais Potatoes Asparagus Fruit Cup	American Bounty Vegetable Soup Vegetable Frittata Vegetable Quesadilla Bowtie Pasta Salad Cinnamon Applesauce	Cream of Chicken Rice Soup Artichoke & Spinach Lasagna Chicken Salad Plate Garlic Bread Italian Romano Blend Fruit Cup	Chilled Summer Tomato Soup Mushroom Swiss Burger Lettuce, Tomato & Pickle Chicken Tenders Coleslaw Watermelon	Ham, Green Beans & Potato Soup Fish Sandwich Grilled Turkey Melt French Fries Peas & Carrots Peach Pie	Cream of Asparagus Soup Tuna Melt Sandwich Hot Dog on Bun Baked Steak Fries Corn Sugar Cookie