

The Weekly Connection

Personal Care | September 22-28, 2024

Highlighted programs for the week. These activities are in addition to your regular daily activities included on your monthly calendar.

Sunday, September 22

10:00am Church Service (Fellowship Room)

Sunday Matinee

2:00pm The More Love Grows Hallmark Channel 137

2:00pm NFL Football NBC Channel 8

Monday, September 23

10:00am Bingo (Dining Room)

2:00pm Bird Watching (Tent)

Tuesday, September 24

10:00am Current Events (Dining Room)

2:00pm Dominoes (Dining Room)

Wednesday, September 25

10:00am One on One Visits

2:00pm Chat with the Chaplain (Dining Room)

3:00pm Rosary (Arlington Sun Porch)

Thursday, September 26

10:45am Fun & Fitness (Dining Room)

2:00pm Making & Baking (Den)

Friday, September 27

10:00am Manicure (Parlor)

2:00pm Life Long Learning (Wellness Lounge)

Saturday, September 28

10:00am Who am I (Dining Room)

2:00pm Dominoes (Dining Room)

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 **Spiritrust Lutheran**[®]
The Village at Gettysburg





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Assorted Juices Assorted Toast Hot Oatmeal Pancakes Bacon	Assorted Juices Assorted Toast Cream of Wheat Waffle Fresh Fruit Cup	Assorted Juices Assorted Toast Hot Oatmeal Cheesy Scrambled Eggs	Assorted Juices Assorted Toast Cream of Wheat Texas French Toast Turkey Sausage Link	Assorted Juices Assorted Toast Hot Oatmeal Baked Omelet Fruit Muffin	Assorted Juices Assorted Toast Cream of Wheat Blueberry Pancakes Bacon	Assorted Juices Assorted Toast Hot Oatmeal Scrambled Eggs Hash Browns
LUNCH	Baked Flounder with Lemon Butter Boneless Pork Chop Garden Wild Rice Peas Coconut Cake	Chicken Parmesan Onion, Swiss & Mushroom Quiche Penne Pasta with Marinara Lemon Green Beans Lemon Bar	Roasted Turkey Baked Ham with Pineapple Bread Stuffing Mashed Potatoes Brussel Sprouts Cubed Watermelon	Chopped Steak with Mushrooms Fried Shrimp Pierogies with Onions Layered Salad Vanilla Ice Cream Cup	Cilantro Grilled Chicken Baked Ziti Parsiled Potatoes Carrot Coins Dinner Roll Apple Crisp	Fish Polonaise Chicken & White Bean Chili with Corn Muffin Sour Cream & Chive Potatoes Parmesan Roasted Cauliflower Fruit Cup	Country-Style Beef Tips Smothered Pork Chop Brown Rice Pilaf Snap Peas Pound Cake with Berries
DINNER	Vegetable Beef Soup Turkey Burger Grilled Pimento Cheese Sandwich Potato Wedges Broccoli Chocolate Pudding	Split Pea Soup Roast Beef with Swiss Sandwich Tuna Salad Sandwich Baked Potato Salad Peaches	Chicken Noodle Soup Fish Sandwich Chicken Caesar Wrap Summer Corn Salad Peach Cobbler	Black Bean Soup Italian Sausage Broccoli & Cheese Casserole Spinach Chocolate Cake with Peanut Butter Icing	Roasted Tomato Bisque Seafood Salad on a Croissant Turkey Club Chickpea, Green Bean & Tomato Salad Boston Cream Pie	Mushroom Barley Soup Hot Pork Sandwich Deluxe Burger with Lettuce, Tomato & Onion Baked Steak Fries Green Beans Cranberry Oatmeal Cookie	Minestrone Soup Hot Turkey Sandwich Vegetable Cheese Strata Tossed Salad Mashed Potatoes Squash Fruited Gelatin