

The Weekly Connection

Residential Living / November 17~23, 2024

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, November 17

10:00am Worship (FR)

3:15pm Music Gettysburg "Sunderman Goes Russian" (RR)

Monday, November 18

No Chair Yoga today

1:30pm Senior Acts (FR)

Tuesday, November 19

10:30am Shippensburg Casino (RR)

Wednesday, November 20

2:00pm Mexican Train Dominoes (CC)

3:30pm Rosary (AS)

Thursday, November 21

9:30am Weis Market

10:00am Catholic Mass (FR)

2:00pm Village Voices (FR)

3:00pm Better Music Listening (WL)

Friday, November 22

2:00pm Bingo (CC)

Saturday, November 23

8:30am Annual Turkey Trot

Residential Living Nurse Navigator Updates

Schedule This Week

Our new nurse navigator, Amy Meals, will post her schedule soon. Until then:

For labs, please drop off lab request paperwork at the Receptionist and let her know when labs need to be done. The Receptionist must have the request by Tuesday at 12 noon.

If there is a non-emergent need please contact the receptionist for assistance (717)334-6204. If there is an emergency please call 911.

Please let Jill Flasher (717) 334-6204

jflasher@spiritrustlutheran.org know of any upcoming surgeries or procedures, any falls, Emergency Room visits or hospitalizations.

Please follow the above guidance until further notice.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

RN Supervisor 717-487-4092

**Available after 4pm Monday-Friday
or weekends only. Not available for care .
Please call 911 for Emergencies**

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this guideline.

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 **Spiritrust Lutheran**[®]
The Village at Gettysburg



From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month for **bottles and jars** only. Please put other glass in your regular garbage.

New Nurse Navigator Hired

The Village of Gettysburg's new Nurse Navigator, Amy Meals, will be in training the week of November 11th. She will be at another community November 11-13. She will continue to split her time between Gettysburg and Luther Ridge. After she completes orientation, she will set up her schedule of coverage, which will be communicated in the Weekly Connection.

Garden Tool Shed

If you have any tools or other equipment in the shed next to the garden please label them or remove them by November 28. Anything unclaimed by this date will be donated to the Adams Rescue Mission.

Melissa King Retirement

It is with mixed emotions that I am announcing the retirement of Melissa King, Administrative Assistant. Her last day with us will be Tuesday, December 31st.

Since Melissa joined The Village at Gettysburg, she has been a valuable and well respected member of our team. As a team member of our community, she was appreciated by her peers and the residents we serve. Melissa's work and contribution, including hours of dedication are greatly honorable. We will miss Melissa's humor, expertise, responsiveness, and resilience. We respect her decision and wish her good luck in her fun carefree retirement life that she deserves after 25 years of serving others at SpiriTrust Lutheran.

On behalf of everyone at The Village at Gettysburg, please let us all wish Melissa farewell and bid her a happy enjoyable retirement. A small appreciation gathering will be scheduled for team members and village residents to celebrate her.

Sincerely, Jill Flasher

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered to Cannons at 11:30am on Saturday and Sunday.

Thank you

"Living in this SpiriTrust Community for the past 11 years has truly enriched my life. My thoughts, prayers and heartfelt thanks for all who sent me birthday wishes, birthday singing, e-cards and gifts. Blessings to everyone, G. "Lefty" Biser"

Turkey Trot

Join us for the 9th Annual Turkey Trot on Sat. Nov. 23rd. Sign-up is at the receptionist. You may walk any distance. This is a fun day to get together and gather some donations for SCCAP's Food Pantry. Donations can be made from now until Christmas between the double doors in the main entryway.

Cannons Corner Menu



Monday, November 18 Tomato Basil Soup	Spaghetti with Marinara Sauce, Chef Salad, Cut Green Beans, Dinner Roll, Fresh Pineapple
Tuesday, November 19 Butternut Squash Soup	Pulled Pork on a Biscuit, Cheese Quiche, Roasted Red Potatoes, Coleslaw, Pumpkin Spice Blondies
Wednesday, November 20 Navy Bean & Ham Soup	Beef Pepper Steak, Crab Cake w/ Tartar Sauce, Steamed Broccoli, Baked Potato, Blueberry Cobbler
Thursday, November 21 Creamy Cauliflower Soup	Rotisserie Baked Chicken, Seafood Pasta, Fall Kale Salad, Spinach, Chocolate Ice Cream Cup
Friday, November 22 Chicken Corn Soup	Roasted Pork Loin, Lemon Chive Fish of the Day, AuGratin Potatoes, Carrot Coins, Coconut Cream Pie
Pre-Order Saturday, November 23	Baked Meatloaf with Tomato Sauce, Oven Roasted Turkey, Mashed Potatoes, Mixed Vegetables, Lemon Shortbread Bar
Pre-Order Sunday, November 24 Chicken Florentine	Chicken Florentine Flounder, Garlic Thyme Chicken, Parslied Potatoes, Red Beet with Orange and Ginger, Rice Pudding