The Weekly Connection Residential Living / February 2 ~ 8, 2025

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, February 2

10:00am Worship (FR)

Monday, February 3

8:30am-10:00am National Eat Ice Cream for Breakfast Day (WL— RR) (please note time change)

10:30am Wellness Talk With Christina (CC) (please note time change from calendar)

Tuesday, February 4

1:15pmPT Talk With Katie(CC)2:00pmPassport to Wellness (WL-RR)

Wednesday, February 5

9:30am Area Shopping2:00pm Meditation (WL)3:30pm Rosary (AS)

Thursday, February 6 9:30am Weis Market

Friday, February 7 2:00pm Bingo (CC)

Saturday, February 8 3:15pm Music Gettysburg Bardin-Niskala Duo (RR)

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Residential Living Nurse Navigator Updates Amy's Schedule This Week

Monday 2/3—Gettysburg-8:00am-4:00pm

Tuesday 2/4 - Luther Ridge

Wednesday 2/5- Luther Ridge

Thursday 2/6 – Gettysburg-8:00am-4:00pm

Friday 2/7 - Luther Ridge

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Amy know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

Blood pressure can be taken during Amy's regular office hours. Please call to make sure that she is available.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

RN Supervisor 717-487-4092 Available after 4pm Monday–Friday or weekends only. Not available for care . Please call 911 for Emergencies

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this guideline.



From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month for <u>bottles</u> <u>and jars</u> only. Please put other glass in your regular garbage.

Executive Director Meetings Continue

Residents of apartments 400-411 are invited to this informal meeting with Jill which will take place on February 7 at 1:00pm in Cannons Corner.

Special Town Hall With SpiriTrust Lutheran Executive Cabinet

February 26th @11:00 in the Fellowship room

This will be a 1 year check-in with SpiriTrust Lutheran and Lutheran Social Ministries of New Jersey, including a financial review from Jeanine Richman, CFO, and our partnership.

SpiriTrust Lutheran Gettysburg Auxiliary

Residents interested in re-forming and active participation in an auxiliary on our campus are encouraged to attend a meeting on February 20 at 2:00pm in the Wellness Lounge. We will talk about new ideas on how an auxiliary can benefit both the residents and our campus here in Gettysburg.

Lobby Desk Volunteers

We are looking for a few residents to be friendly greeters at the receptionist desk on Saturdays. We would ultimately like you to sign up for a 2 hour timeslot. Our hopes are to have volunteer coverage of the desk every other Saturday, 9am-4pm. You will not be responsible for answering the phones. We would ask you to offer guidance and a friendly face to visitors to our building and possibly take money for items purchased in the gift shop. You are not obligated to fill a permanent slot. Please contact Jess if you are interested in more information.

Please welcome Kathy Platzer to our campus. Kathy will be residing in Cottage 140.

Thank you

Thanks for all the birthday greetings. Nine decades are being celebrated. You are an important part of it. ~ Laura Malmquist

Life Enrichment Sign-ups and Updates

Please make sure to sign up for the following activities by their deadlines published on the calendar:

The starting time for Eat Ice Cream for Breakfast Day has been changed to **8:30am.**

Passport to Wellness—sign up by 1/31

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

The Cannons menu for next week will be published at a later time. Thank you for your patience.

Cannons Corner Menu		N
Monday, February 3 Soup		
Tuesday, February 4 Soup		
Wednesday, February 5 Soup		
Thursday, February 6 Soup		
Friday, February 7 Soup		
Pre-Order Saturday, February 8 Soup		
Pre-Order Sunday, February 9 Soup		

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