

The Weekly Connection

Residential Living / January 19 ~ 25, 2025

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, January 19

10:00am Worship (FR)

Monday, January 20

1:30pm Senior Acts (FR)

Tuesday, January 21

1:00pm Escape Room (WL-RR) - **Canceled**

1:00pm Balance (moved from this Thursday)

Wednesday, January 22

1:00pm Brain Games (WL)

3:30pm Rosary (AS)

Thursday, January 23

9:30am Weis Market

9:30am No Strength Today

1:00pm Fun With Balance (WL) - **see Tuesday**

Friday, January 24

2:00pm Bingo (CC)

2:00pm Life Long Learning (WL)

Saturday, January 25

2:15pm Gettysburg College Men's Basketball (RR)

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Residential Living Nurse Navigator Updates

Amy's Schedule This Week

Monday 1/20—Luther Ridge

Tuesday 1/21 - Luther Ridge

Wednesday 1/22 - Gettysburg-8:00am-4:00pm

Thursday 1/23 – Luther Ridge

Friday 1/24 – Gettysburg-8:00am-4:00pm

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Amy know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

Blood pressure can be taken during Amy's regular office hours. Please call to make sure that she is available.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

RN Supervisor 717-487-4092

**Available after 4pm Monday–Friday
or weekends only. Not available for care .
Please call 911 for Emergencies**

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this

 **Spiritrust Lutheran**[®]
The Village at Gettysburg



From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month for **bottles and jars** only. Please put other glass in your regular garbage.

Executive Director Meetings Continue

Residents of cottages 100-106 are invited to this informal meeting with Jill which will take place on January 24 at 1:00pm in Cannons Corner.

Penn State Gospel Choir Cancellation

The Essence of Joy concert for Saturday, January 18 has been canceled due to the passing of their director.

Pet Clean-Up

Just a friendly reminder. Please Pick Up After Your Pet. It doesn't take much to remember that we have pets in our community. In fact, if you don't watch your step, you're liable to step in one such reminder!

When walking your dog in our community, remember that it should be leashed.

Also, it is important to remember to immediately clean up after your pet. Take along a baggie to pick up waste with and then dispose of it properly. By taking a few simple steps to clean up after your pet, you can contribute not only to the beautification of our community, but also towards the elimination of one of the most irritating nuisances in our community.

Please keep in mind that if you are spotted not cleaning-up behind your pet, you are in violation of your community's guidelines. Thank you for your cooperation!

Special Town Hall With SpiriTrust Lutheran Executive Cabinet

February 26th @11:00 in the Fellowship room

This will be a 1 year check-in with SpiriTrust Lutheran and Lutheran Social Ministries of New Jersey, including a financial review from Jeanine Richman, CFO, and our partnership.

Million Dollar Quartet Tickets and Date Change

The date for the trip to see "Million Dollar Quartet" and to have dinner at The Barn at Allenberry was incorrectly listed in Inspirations. The date for this trip is Sunday, February 16. Tickets for the show are \$35 and dinner is at menu cost. Please sign up no later than this Monday, January 20, so that we may purchase tickets. Six participants will be required.

Technology Appointments

Our volunteer technology guru, Mark V., will be on campus the week of January 27. All appointments but Friday the 24th have been booked. Please contact Jess for an appointment.

Life Enrichment Sign-ups

Please make sure to sign up for the following activities by their deadlines published on the calendar:

College Basketball Game—sign up by 1/23

Masquerade Happy Hour—sign up by 1/26

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered at 11:30am on Saturday and Sunday. Cottage residents may pick up their meals at the back door unless you specify that you would like to pick up from Cannons. Apartment residents may pick up at Cannons.

Cannons Corner Menu



Monday, January 20 Vegetable Beef Soup	Chicken Parmesan, Mushroom Spinach Quiche, Pasta with Marinara, Green Beans,
Tuesday, January 21 Split Pea Soup	Cilantro Grilled Chicken, Baked Ziti, Parslied Potatoes, Carrot Coins, Apple Crisp
Wednesday, January 22 Chicken Noodle Soup	Chopped Steak with Mushrooms, Fried Shrimp, Roasted Potatoes, Layered Salad, Vanilla Ice Cream
Thursday, January 23 Black Bean Soup	Roasted Turkey, Baked Ham with Pineapple, Mashed Potatoes, Cranberry Sauce, Brussel Sprouts, Pumpkin Pie
Friday, January 24 Tomato Rice Soup	Salmon, Chicken & White Bean Chili, Sour Cream & Chive Potatoes, Parmesan Roasted Zucchini, Corn Muffin, Fruit Cup
Pre-Order Saturday, January 25 Mushroom Barley Soup	Braised Beef Ribs, Smothered Pork Chop, rice Pilaf, Snap Peas, Pound Cake with Berries
Pre-Order Sunday, January 26 Minestrone Soup	Crab Cake, Bourbon Baked Chicken, Roasted New Potatoes, Asparagus, Brownie with Caramel Sauce