

The Weekly Connection

Residential Living / January 5 ~ 11, 2025

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, January 5

10:00am Worship (FR)

2:30pm St. Johns Bell Ringers (FR)

Monday, January 6

9:30am Wegman's (RR)

10:30am Bible Study (CC)

Tuesday, January 7

1:15pm Therapy Talk (CC)

1:30pm Making Masquerade Masks (WL-RR)

Wednesday, January 8

11:30pm Dutch Country Kitchen (RR)

2:00pm Guided Meditation (WL)

3:30pm Rosary (AS)

Thursday, January 9

9:30am Weis Market

1:00pm Fun With Balance (WS)

Friday, January 10

2:00pm Bingo (CC)

2:00pm Life Long Learning (WL)

6:00pm Dancing with the Local Stars at the Majestic (RR)

Saturday, January 11

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Residential Living Nurse Navigator Updates

Amy's Schedule This Week

Monday –Gettysburg—8:00am-4:00pm

Tuesday - Luther Ridge

Wednesday - Luther Ridge

Thursday –Gettysburg– 8:00am-4:00pm

Friday –Luther Ridge

During office hours, for non-emergent needs please call 717-816-0053. If there is an emergency please call 911.

Please let Amy know of any upcoming surgeries or procedures, falls, Emergency Room visits or hospitalizations.

Blood pressure can be taken during Amy's regular office hours. Please call to make sure that she is available.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, or uncontrolled bleeding call 911.

RN Supervisor 717-487-4092

**Available after 4pm Monday–Friday
or weekends only. Not available for care .
Please call 911 for Emergencies**

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this

 **Spiritrust Lutheran**[®]
The Village at Gettysburg



From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month for **bottles and jars** only. This is the first Saturday. Please put other glass in your regular garbage.

Life Enrichment Sign-ups

Please make sure to sign up for the following activities by their deadlines published on the calendar:

National Bagel Day—sign up by 1/12

Penn State Gospel choir— sign up by 1/15

Bell Ringers

The St. Johns Bell Ringers will be here on Sunday at 2:30pm. This is the rescheduled date for their canceled December performance. What a great way to send out the holiday season.

Fun With Balance

Fun With Balance returns to the fitness class schedule twice a month starting this Thursday. This class blends a variety of strength, agility, balance, posture, memory and patterning with the goal of keeping you upright and moving forward. Many components of the class can be practiced at home between sessions.

Please welcome George and Susan Young to our campus. The Youngs will be residing in cottage 113.

Thank you.....

Thank you for my birthday cards! ~ Ann Frontain

Happy New Year to all!

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered to Cannons at 11:30am on Saturday and Sunday.

Cannons Corner Menu



Monday, January 6 Cream of Mushroom Soup	Baked Fish with Dill Sauce, Kielbasa, Roasted New Potatoes, Spinach, Cinnamon Applesauce
Tuesday, January 7 Turkey Noodle Soup	Citrus Roasted Pork, Vegetable Alfredo, Sweet Potato, Broccoli, Dinner Roll, Caramel Bread Pudding
Wednesday, January 8 Beef Orzo Soup	Baked Cod, Baked Chicken with Honey & Cumin, Orzo Pilaf, Carrot Coin, Sugar Cookies
Thursday, January 9 Cream of Broccoli Soup	Roast Beef with Gravy, Hot Pork Sandwich, Mashed Potato, Succotash, Blonde Brownie
Friday, January 10 Vegetable Soup	Shrimp & Pineapple Stir Fry, Cheese Pizza, Steamed Rice, Marinated Cucumbers, Cheesecake
Pre-Order Saturday, January 11 Beer Cheese Soup	Apricot Glazed Ham, Vegetable Quiche, Garlic Mashed Potato, Fresh Green Bean, Dinner Roll, Peach Pie
Pre-Order Sunday, January 12 TBD	