

# The Weekly Connection

## Residential Living / July 28 ~ August 3, 2024

### What's Happening This Week

*Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)*

#### **Sunday, July 28**

10:00am Worship (FR)

#### **Monday, July 29**

9:30am Kohl's & Eisenhower Diner (RR-\$)

1:30pm Book Club (LIB)

#### **Tuesday, July 30**

1:30pm RL Council Meeting (CR)

4:30pm Senators Baseball Game (RR-\$)

#### **Wednesday, July 31**

9:30am Area Shopping

3:30pm Rosary (AS)

#### **Thursday, August 1**

9:30am Weis Market

#### **Friday, August 2**

2:00pm Bingo (CC)

#### **Saturday, August 3**

### Residential Living Nurse Navigator Updates

#### **Peggy's Schedule This Week**

Wednesday, July 31 ~ 8:00am to 4:00pm

Friday, August 2 ~ 8:00am to 4:00pm

Peggy's Monthly Schedule will now only be posted in her office and prominent areas of campus. It will be emailed to those who have provided us an email address. If you would like a paper copy please sign up at the receptionist.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, weakness or uncontrolled bleeding call 911.

**RN Supervisor 717-487-4092**  
**Available after 4pm Monday-Friday**  
**or weekends only. Not available for care .**  
**Please call 911 for Emergencies**

#### **Transportation for Medical Appointments**

\*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this guideline.

## From Around the Village

### Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month. If you are able, take your bottles and jars (minus the lids) to the blue bins in the recycling room behind the dumpster. The bottles and jars do not need to be bagged. Please handle your glass carefully so as not to break it when putting it in the blue bins as this presents a safety hazard for the recycling volunteers.

### Volunteers

Have you been looking for an opportunity to help out on campus? We would love to have some new and returning volunteers to help in several areas. Examples of opportunities (among others) : transporting skilled care residents to and from church on Sundays, helping to get residents to and from the beauty shop, sitting outside or taking residents for short walks in their wheelchairs and accompanying Personal Care residents for medical appointments. If this sounds like something that you would like to do (no regular schedule is necessary but we have to make you an "official" volunteer by filling out some paperwork) contact Jess at 40307.

### Date Changes

The dates have changed for Inn 94 and Hickory Bridge. Inn 94 is Friday, August 9 at 11:30am . Hickory Bridge is Thursday, August 22 at 11:30am. The trip to Cameo has been changed to the Tropical Treat in Hanover. Cameo is no longer open on Mondays. New sign up sheets are in the book. Everyone must **resign** up for these two trips.

With these changes in mind, please make sure to sign up for anything that states "RR".

### Thank You

Thanks for the birthday wishes.~ Joe Moylan

**The next Cannons Corner Breakfast** will be on Wednesday, August 7.

**Weekend Dining Service**—Please call the receptionist by 11:30am on Friday with your order to be delivered to Cannons at 11:30am on Saturday and Sunday.

### Cannons Corner Menu



Monday, July 29 Cream of Potato Soup	Chicken Parmesan, Shrimp Po'boy, Penne Pasta, Honeydew
Tuesday, July 30 Vegetable Chowder Soup	Baked Fish w/ Dill Sauce, Kielbasa, Roasted New Potatoes, Spinach,
Wednesday, July 31 Turkey Noodle Soup	Citrus Roasted Pork, Spring Vegetable Alfredo, Sweet Potato, Fresh Broccoli, Caramel Bread
Thursday, August 1 Beef Orzo Soup	Crusted Pollock, Chicken Ricotta, Risotto, Carrot Coins, Sugar
Friday, August 2 Cream of Broccoli Soup	Roast Beef, Hot Pork Sandwich, Mashed Potatoes, Succotash,
<b>Pre-Order</b> Saturday, August 3 Vegetable Soup	Shrimp and Pineapple Stir-Fry, Cheese Pizza, Steamed Rice,
<b>Pre-Order</b> Sunday, August 4 Carrot Bisque Soup	Apricot Glazed Baked Ham, Vegetable Quiche, Garlic Mashed Potatoes, Fresh Green Beans,