

The Weekly Connection

Residential Living / September 15 ~ 21, 2024

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, September 15

10:00am Worship (FR)

Monday, September 16

1:30pm Senior Acts (FR)

Tuesday, September 17

8:00am-12:00pm Apple City Crepes (\$)

12:45pm Rhythm and Motion (WS) note time change

6:45pm Incantare—Gettysburg Comm. Concert (RR-Season

Tickets Available)

Wednesday, September 18

9:30am Area Shopping

2:00pm Mexican Train Dominoes (CC)

3:30pm Rosary (AS)

Thursday, September 19

9:30am Weis Market

10:00am Catholic Mass (FR)

Friday, September 20

No Fitness Classes Today

2:00pm Bingo (CC)

Saturday, September 21

Residential Living Nurse Navigator Updates

Peggy's Schedule This Week

Monday, September 16 ~ 8:00am to 4:00pm

Friday, September 20 ~ 8:00am to 4:00pm

Peggy's Monthly Schedule will now only be posted in her office and prominent areas of campus. It will be emailed to those who have provided us an email address. If you would like a paper copy please sign up at the receptionist.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, weakness or uncontrolled bleeding call 911.

RN Supervisor 717-487-4092
Available after 4pm Monday–Friday
or weekends only. Not available for care .
Please call 911 for Emergencies

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this guideline.

From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month. If you are able, take your bottles and jars (minus the lids) to the blue bins in the recycling room behind the dumpster. The bottles and jars do not need to be bagged. Please handle your glass carefully so as not to break it when putting it in the blue bins as this presents a safety hazard for the recycling volunteers.

Calendar Change

Seton Shrine & Carriage House trip has been moved to Tuesday, September 24 at 2:00pm. If you have already signed up you don't need to do anything. I transferred your name to the new sign up sheet.

Gettysburg Community Concert Association

If you are interested in purchasing a ticket for the 2024-2025 season for the GCCA, forms to send for your tickets are posted on the resident's bulletin board in the wellness hallway, along with the schedule for the year. A \$50 season ticket gives you admission to the local concerts at St. James and Waynesboro and Hagerstown. We supply transportation to all of the local concerts for season ticket holders. Individual concerts cost \$20 at the door in Gettysburg and \$25 in Waynesboro and Hagerstown. The first concert is this Tuesday, Sept. 17.

Senior Acts

Senior ACTS begins our new season on Monday, September 16. We invite you to attend in the Fellowship Room at 1:30 PM. We will present a reading "Welcome to Acceptance". Please join us.

Sign-up Reminders

Please sign up at the receptionist for Bachelors of Broadway by September 20. This concert is a bonus date for the Gettysburg Community Concert Association. If you have a season ticket for the GCCA your admission is free. If you do not have the season ticket this particular performance is \$25.

The next Cannons Corner Breakfast will be on Wednesday, September 18. The menu will include: Banana Pancakes, Scrambled Eggs, Apple Cinnamon Oatmeal, Bacon, Toast and Yogurt With Granola. AYCE for \$8.00 or A la Carte.

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered to Cannons at 11:30am on Saturday and Sunday.

Cannons Corner Menu



Monday, September 16 Beef Orzo Soup	Chicken with Mushroom, Baked Cod, Roasted Redskin Potatoes, Fresh Green Beans, Key Lime Cake
Tuesday, September 17 Seafood Bisque Soup	Turkey A La King, Grilled Ham Steak, Rice Pilaf, Beets, Caramel Custard in Tart Shell
Wednesday, September 18 Portuguese Kale Soup	Beef Stir-Fry, Apricot Chicken, Steamed Rice, Snap Peas, Spice Cake
Thursday, September 19 American Bounty Vegetable Soup	Seafood Croquettes, Sweet Country Pork, Confetti Rice, Zucchini, Vanilla Ice Cream Cup
Friday, September 20 Cream of Chicken Soup	Turkey Meatloaf, Hummus Bowl with Turmeric, Cauliflower, Mashed Potatoes, Carrot Coins, Chocolate Chip Cookie
Pre-Order Saturday, September 21 Chilled Summer Tomato Soup	BBQ Chicken, Pasta Primavera, Scalloped Potatoes, Brussels Sprouts, Fresh Strawberries
Pre-Order Sunday, September 22 Ham Potato String Bean Soup	Beef Tips, Lemon Butter Baked Pollock, Mashed Potatoes, Green & Yellow Squash, Sherbet