

The Weekly Connection

Residential Living / September 22 ~ 28, 2024

What's Happening This Week

Unless Noted - All Monday-Friday Fitness Classes as shown on the calendar (Gazette)

Sunday, September 22

10:00am Worship (FR)

1:45pm Waynesboro Community Concert "Bachelors of Broadway" (RR)

Monday, September 23

No Fitness Classes Today

1:30pm Be Well (WL)

2:00pm Seton Shrine & Carriage House (RR)

3:00pm Grief Group (WL)

Tuesday, September 24

No Fitness Classes Today

1:30pm RL Council Meeting (CR)

Wednesday, September 25

No Fitness Classes Today

1:30pm Interview with a Neighbor (WL)

3:30pm Rosary (AS)

Thursday, September 26

No Fitness Classes Today

9:30am Weis Market

Dining Dinner - Octoberfest (RR)

Friday, September 27

No Fitness Classes Today

2:00pm Bingo (CC)

2:00pm Life Long Learning (WL)

Residential Living Nurse Navigator Updates

Peggy's Schedule This Week

Monday, September 23 ~ 8:00am to 4:00pm

Thursday, September 26 ~ 8:00am to 4:00pm

Peggy's Monthly Schedule will now only be posted in her office and prominent areas of campus. It will be emailed to those who have provided us an email address. If you would like a paper copy please sign up at the receptionist.

For falls or other emergencies not requiring 911 call the front desk or after-hours phone (717) 487-4092. For shortness of breath, slurred speech, weakness or uncontrolled bleeding call 911.

RN Supervisor 717-487-4092
Available after 4pm Monday-Friday
or weekends only. Not available for care .
Please call 911 for Emergencies

Transportation for Medical Appointments

*Please call the main desk and ask for the transportation office. If you require transportation for doctor's appointments, please schedule them to occur before 2:30 pm and call our transportation office at least 48 hours in advance. We cannot provide round-trip transportation for appointments scheduled after 2:30 pm. Thank you for following this guideline.

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The Village at Gettysburg



From Around the Village

Garbage, Recycling and Glass Recycling

Regular Recycling day is on Monday and Trash is on Wednesday. Recyclables should be tied tightly in a container and should not be put out until the morning of pick-up. Glass recycling continues on the first Saturday of each month. If you are able, take your bottles and jars (minus the lids) to the blue bins in the recycling room behind the dumpster. The bottles and jars do not need to be bagged. Please handle your glass carefully so as not to break it when putting it in the blue bins as this presents a safety hazard for the recycling volunteers.

Calendar Change

Seton Shrine & Carriage House trip has been moved to Tuesday, September 24 at 2:00pm. If you have already signed up you don't need to do anything. I transferred your name to the new sign up sheet.

October Calendar

Your October calendars can be found in your mailboxes and in your email. Please see the early month activities and sign up accordingly. Also please note that Village Voices begins on Oct. 3 and Norm Nunnemaker's music program follows at 3:00pm that same day.

Alzheimer's Walk

We are participating in the Alzheimer's Walk on October 5th at Norlo Park in Chambersburg. If you would like to walk, please contact Jess or Nikki for help with registration and please sign up at the receptionist. We will also be hosting one of our Waffle Breakfasts for donations to the Alzheimer's Association and will have a can at the receptionist if you would like to support the fundraiser without participating in the walk.

Christmas Show Tickets

If you reserved tickets for either the Nutcracker or the American Music Theater show, Nikki has the cost of your tickets and would ask that payment be made by Friday, September 27. If you missed reserving a ticket for either show and would like to attend, we have tickets available.

The next Cannons Corner Breakfast will be on Wednesday, October 2. "So Good" will also have a special item available that day at breakfast.

Weekend Dining Service—Please call the receptionist by 11:30am on Friday with your order to be delivered to Cannons at 11:30am on Saturday and Sunday.

Cannons Corner Menu



Monday, September 23 Cream of Asparagus Soup	Baked Flounder in Lemon Butter, Boneless Breaded Pork Chop, Garden Wild Rice, Steamed Peas, Coconut Cake
Tuesday, September 24 Beef Vegetable Soup	Grilled Chicken Parmesan, Onion Mushroom Gruyere Quiche, Penne Pasta, Lemon Green Beans, Lemon Bar
Wednesday, September 25 Split Pea Soup	Roast Turkey, Pineapple Baked Ham, Bread Stuffing, Roasted Brussels Sprouts, Cubed Watermelon
Thursday, September 26 Chicken Noodle Soup	Chop Steak w/ Mushrooms, Fried Shrimp, Pierogies with Onions, Lettuce Layer Salad, Vanilla Ice Cream
Friday, September 27 Black Bean Soup	Cilantro Grilled Chicken, Baked Ziti, Parslied Potatoes, Carrot Coins, Apple Crisp
Pre-Order Saturday, September 28 Roasted Tomato Bisque Soup	White Fish Polonaise, Chicken & White Bean Chili, Corn Muffing, Parmesan Roasted Cauliflower, Fresh Fruit Cup
Pre-Order Sunday, September 29 Mushroom Barley Soup	Country-Style Beef Tips, Smothered Pork Chop, Brown Rice Pilaf, Snap Peas, Pound Cake with Berries