

September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00am-Daily chronicle & Church Bulletin Delivery-R 10:00am-Church Service-F 2:00pm-Chalk Talk-L (Deacon Don Myers)	2 9:00am-Daily Chronicle Delivery-R 10:45-Fun & Fitness-L 2:00pm-Labor Day History-L (Labor Day)	3 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Coffee/hot chocolate & Current events discussion-L 2:00pm-Bingo-L 4:00pm-Room visits-R 6:00pm-Bev Wolf-L (Piano music)	4 9:00am-Daily chronicle & newspaper delivery 10:45-Fun & Fitness-L 2:00pm-Garden Club-O 3:30-Catholic Rosary-A 6:00pm-Movie & manicures-L	5 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Music & Memories-L 2:00pm-Bingo-L 4:00pm-Library Cart-H 6:00pm-Name 10 trivia-L	6 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Kickball-L 2:00pm-Outdoor Chit Chat-O (Weather Permitting)	7 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Fun & Fitness-L 11:00am-Saturday Movie-L
8 9:00am-Daily chronicle & Church Bulletin Delivery-R 10:00am-Church Service-F 2:00-Grandparent reminiscing and memories-L (National Grandparents Day)	9 9:00am-Daily Chronicle Delivery-R 10:45-Fun & Fitness-L 2:00pm-Active Games--L	10 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Coffee/hot chocolate & Current events discussion-L 2:00pm-Bingo-L 4:00pm-Room visits-R 6:00pm-Bev Wolf-L (Piano music)	11 9:00am-Daily chronicle & newspaper delivery 10:45-Fun & Fitness-L 2:00pm-Cooking club-D 3:30-Catholic Rosary-A 6:00pm-Football trivia--L	12 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Music & Memories-L 2:00pm-Bingo-L 4:00pm-Library Cart-H 6:00pm-Apple History & Identification-L	13 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Rt,Lft,Ctr game-D 2:00pm-Outdoor Chit Chat-O (Weather Permitting)	14 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Fun & Fitness-L 11:00am-Saturday Movie-L
15 9:00am-Daily chronicle & Church Bulletin Delivery-R 10:00am-Church Service-F	16 9:00am-Daily Chronicle Delivery-R 10:45-Fun & Fitness-L 2:00pm-Bible Study-L	17 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Coffee/hot chocolate & Current events discussion-L 2:00pm-Bingo-L 4:00pm-Room visits-R 6:00pm-Bev Wolf-L (Piano music)	18 9:00am-Daily chronicle & newspaper delivery 10:45-Fun & Fitness-L 2:00pm-Garden Club-O 3:30-Catholic Rosary-A 7:00pm-Mennonite Choir-L	19 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Music & Memories-L 2:00pm-Bingo-L 4:00pm-Library Cart-H 6:00pm-60's decade music trivia-L	20 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Horseshoe game-L 2:00pm-Outdoor Chit Chat-O (Weather Permitting)	21 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Fun & Fitness-L 2:00pm-Autumn Equinox Discussion-L
22 9:00am-Daily chronicle & Church Bulletin Delivery-R 10:00am-Church Service-F	23 9:00am-Daily Chronicle Delivery-R 10:45-Fun & Fitness-L 1:30pm-Resident/staff dining committee-D 2:00pm-Resident/Staff	24 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am- Coffee/hot chocolate & Current events discussion-L 2:00pm-Bingo-L 4:00pm-Room visits-R 6:00pm-Bev Wolf-L (Piano music)	25 9:00am-Daily chronicle & newspaper delivery 10:45-Fun & Fitness-L 2:00pm-Fall craft -L 3:30-Catholic Rosary-A 6:00pm-Movie & manicures-L	26 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Music & Memories-L 2:00pm-Fall social-D 4:00pm-Library Cart-H 6:00pm-Do,Re,Mi chorus-L	27 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Beanbag toss-L 2:00pm-Outdoor Chit Chat-O (Weather Permitting)	28 9:00am-Daily Chronicle & Newspaper Delivery-R 10:30am-Fun & Fitness-L 2:00pm-September word game-L
29 9:00am-Daily chronicle & Church Bulletin Delivery-R 10:00am-Church Service-F 2:00pm-Fall Collage-L	30 9:00am-Daily Chronicle Delivery-R 10:45-Fun & Fitness-L 2:00pm-Dice/ and card Game-L					Key <i>Programs are subject to change</i> D-Dining Room FR-Fellowship Room DR-Dining Room L-Braeburn Lounge O-Outdoors



Skilled Care Newsletter



**May this month bring a fresh start
and a harvest of happiness for you !**



Happy
September Birthday

Doris Sites
Sylvia Riser
Gilbert Bowling
Bill Higgins

Welcome
Ron Stollar
Robert Stull
Wayne Trostle
Jack Nicholas Jr.

Regular Spiritual Programs

Bible study- with Chaplain Amy is held on the first and third Monday of each month in the Braeburn Lounge.

Catholic rosary- is offered every Wednesday and as requested.

Catholic Mass-The third Thursday each month in the fellowship room.

Regular Physical and Emotional Programs

Manicures -are normally available Thursday evenings at 6:00 pm weekly in the Braeburn Lounge (enjoy the movie while you get pampered!) Please notify staff if you are in need of a manicure before the scheduled date.

Fun & Fitness -is held Mondays and Wednesdays at 10:45am in the Braeburn Lounge (lets get those bodies in motion).

Regular and special Intellectual Programs

Library cart -is offered each Thursday through the hallways at 3:30pm.

History and Trivia programs are offered throughout the month.

Resident/Staff dining committee- The fourth Monday of each month at 1:30pm in the dining room to discuss any menu changes or preferred options on the menu.

Resident/Staff dialogue -is the fourth Monday of every month at 2:00pm in the dining room . This provides a chance to give feedback about your experience here at Spiritrust Lutheran™ skilled care

Regular and special Social Programs

Bingo-Come out and try a game of bingo offered every Tuesday and Thursday at 2:00pm in the Dining room .

Bev Wolfe- Plays beautiful piano music every Tuesday evening every month.

In the Braeburn lounge.

Mennonite Choir-The third Wednesday evening each month in the Braeburn lounge at 7:00pm

Do,Re,Mi chorus and music is the 4th Thursday evening each month at 6:15pm