


# November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p><b>Key</b></p> <p>AZ—Azalea Room            BL—Bayberry Lounge 2nd Floor            CLS—Community Life Suite            FL—Family Lounge            FR—Fellowship Room</p> <p><i>Programs are subject to change</i></p>		<p><b>1</b></p> <p>9:30am-Traveling Beverage Cart            10:00am-BL: Dirty Jobs            1:30pm-CLS: Chair Exercise            3:00pm-CLS: Hangman            6:00pm-FL: Card Game Night</p>	<p><b>2</b></p> <p>10:00am-BL: News Snippets &amp; Cofree            1:30pm-2A Elevator: Walking Group            2:00pm-FR: Bingo with Residential Living Volunteers</p>
<p><b>3</b></p> <p>9:30am-Traveling Beverage Cart            9:30am-11:00am: Room Delivery - Worship Video on the iPad            3:00pm-FR: All Saints Day Worship Service with Pastor Aaron</p>	<p><b>4</b></p> <p>9:00am-4:00pm: Traveling Manicures            10:00am-CLS: Uno            1:30pm-CLS: Chair Exercise Class            3:00pm-CLS: History in Photos: Building the Columbia-Wrightsville Bridge and the Big Floods of 1933 and 1972 with Janet Able</p>	<p><b>5</b></p> <p>10:00am-FL: Knit &amp; Crochet with RL Residents            1:30pm-BL: Coloring Group            3:30pm-BL: Book Club</p>	<p><b>6</b></p> <p>9:30am-Traveling Beverage Cart            10:00am-BL: Word Puzzle Group            1:30pm-CLS: Chair Exercise - Tai Chi Video            2:30pm-DR: Ice Cream Social Feature Flavor: Chocolate Marshmallow            5:30pm-FL: Board Games</p>	<p><b>7</b></p> <p>10:00am-Traveling Fun Cart            3:00pm-BL: Faith Break</p>	<p><b>8</b></p> <p>9:30am-Traveling Beverage Cart            10:00am-BL: Video - The Crimson Wing: Flamingos pt. 2            1:30pm-CLS: Chair Exercise            2:30pm-FR: Life-Long Learning: The Life &amp; Legacy of Louis J. Appell, Jr.            3:00pm-CLS: Yahtzee</p>	<p><b>9</b></p> <p>10:00am-Front Lobby: Sunshine Group            1:30pm-2A Elevator: Walking Group            2:30pm-FR: Rainbow Puppet Theater Show - Blast from the Past</p>
<p><b>10</b></p> <p>9:30am-Traveling Beverage Cart            9:30am-11:00am: Room Delivery - Worship Video on the iPad            1:30pm-FL: Knit &amp; Crochet with RL Residents            3:00pm-FR: Worship Service with Pastor Aaron</p>	<p><b>Veterans Day 11</b></p> <p>10:00am-BL: Veterans Day Fun Facts            1:30pm-CLS: Chair Exercise Class            3:00pm-FR: Veterans Day Program With Patriotic Sing-Along by Sheila</p>	<p><b>12</b></p> <p>9:30am-11:00am: West York HS Student Group: Card Games, Pool &amp; Board Games            1:00pm-CLS: Bus Trip - "A Country Ride"            3:30pm-BL: Book Club</p>	<p><b>13</b></p> <p>9:30am-Traveling Beverage Cart            1:30pm-CLS: Chair Exercise - Tai Chi            2:30pm-DR: Bingo            5:30pm-CLS: Planetarium Trip - The Night Sky and Constellations</p>	<p><b>14</b></p> <p>10:00am-Traveling Fun Cart            1:30pm-BL: Virtual Travel - Poland            3:00pm-BL: Faith Break with Pastor Aaron</p>	<p><b>15</b></p> <p>9:30am-Traveling Beverage Cart            10:00am-BL: Dirty Jobs            1:30pm-CLS: Chair Exercise            2:30pm-FR: Life-Long Learning: Gettysburg Battlefield: Artifact Restoration            2:30pm-DR: Finishing Touches Craft Class</p>	<p><b>16</b></p> <p>10:00am-BL: News Snippets &amp; Coffee            1:30pm-2A Elevator: Walking Group            2:30pm-FL: Salon Recital</p>
<p><b>17</b></p> <p>9:30am-Traveling Beverage Cart            9:30am-11:00am: Room Delivery - Worship Video on the iPad            1:30pm-FL: Knit &amp; Crochet with RL Residents            3:00pm-FR: Worship Service with Pastor Aaron</p>	<p><b>18</b></p> <p>9:00am-4:00pm: Traveling Manicures            1:30pm-CLS: Chair Exercise Class            1:30pm-FL: Bookworm Book Club            2:30pm-CLS: Cooking Club</p>	<p><b>19</b></p> <p>10:00am-FL: Knit &amp; Crochet with RL Residents            1:00pm-CLS: Shopping Trip to Dollar Tree            3:30pm-BL: Book Club</p>	<p><b>20</b></p> <p>9:30am-FR: Men's Breakfast with Chaplain Aaron            9:30am-Traveling Beverage Cart            10:00am-CLS: Turkey Day Trivia            1:30pm-CLS: Chair Exercise - Tai Chi            2:30pm-DR: Happy Hour            6:00pm-BL: Movie Night - The Proposal with Sandra Bullock and Ryan Reynolds</p>	<p><b>21</b></p> <p>10:00am-Traveling Fun Cart            1:00pm-CR: Grief Support Group            1:30pm-DR: PC Council Meeting            3:00pm-BL: Faith Break with Pastor Aaron</p>	<p><b>22</b></p> <p>9:30am-Traveling Beverage Cart            10:00am-BL: Video - Lake Natron Diaries: Behind the Crimson Wing            1:30pm-CLS: Chair Exercise            2:30pm-FR: Classic Movie &amp; Discussion - Holiday Inn            2:30pm-DR: Bingo            6:00pm-FL: Card Game Night</p>	<p><b>23</b></p> <p>10:00am-Front Lobby: Sunshine Group            1:30pm-2A Elevator: Walking Group            2:30pm-FR: Greater Harrisburg Chorus</p>
<p><b>24</b></p> <p>9:30am-Traveling Beverage Cart            9:30am-11:00am: Room Delivery - Worship Video on the iPad            3:00pm-FR: All Saints Day Worship Service with Pastor Aaron</p>	<p><b>25</b></p> <p>9:00am-4:00pm: Traveling Manicures            10:00am-BL: IN2L Karaoke            1:30pm-CLS: Chair Exercise Class            3:00pm-CLS: Jeopardy</p>	<p><b>26</b></p> <p>10:00am-BL: Word Puzzle Group            1:00pm-CLS: Bus Trip - "A Country Ride"            3:30pm-BL: Book Club</p>	<p><b>27</b></p> <p>9:30am-Traveling Beverage Cart            1:30pm-BL: IN2L Word Games            3:00pm-FR: Thanksgiving Worship Service with Pastor Aaron</p>	<p><b>Thanksgiving 28</b></p> <p>9:30am-BL: Thanksgiving Day Parade            1:30pm-Traveling Fun Cart            3:00pm-BL: About Gratitude</p>	<p><b>29</b></p> <p>9:30am-Traveling Beverage Cart            10:00am-BL: Video - Dirty Jobs            1:30pm-CLS: Chair Exercise            3:00pm-Thanksgiving Jingo            6:00pm-FR: Card Game Night</p>	<p><b>30</b></p> <p>10:00am-BL: News Snippets &amp; Coffee            1:30pm-2A Elevator: Walking Group            2:30pm-FR: Wii bowling with PC</p>





## Personal Care Newsletter

Hello, November!

November is here already and it is time to find cozy ways to stay warm while we gather with friends. This month's Thanksgiving and Veteran's Day holidays serve as good reminders to be grateful for our blessings, and share with others with an open heart.

While this November brings many changes to Kelly Drive, one thing remains constant – that Kelly Drive is a special community. With our friends and neighbors around us, we have opportunities to gather and celebrate the good times and share a listening ear and shoulder to lean on in the tougher times. So, may this month be an invitation to count your blessings each day and find ways to reach out to the people around you, with a phone call to say, "I'm thinking of you," a shared cup of coffee, or an invitation to join a program.

November includes a variety of opportunities to gather together. This includes a trip to the Planetarium to learn all about our night sky and the planets, as well a shopping trip, a country ride on the bus, and various other programs. There's bible study, exercise class, game nights, the Harrisburg Chorus, men's club breakfast, book club and so much more. Be sure to check your calendar for all the fun happenings around Kelly Drive in November! We hope to see you out and about.

Take care,

Tania Hare

Life Enrichment Leader

Spiritrust Lutheran®

750 Kelly Drive, York PA 17404

### November Birthdays

- Randy Kirkessner
- Myrtle McCleary
- Deborah Harrison
- Barb Hagler
- Mary Ellen Leckron
- Gene Burk
- Gloria Goodyear
- Stu Eisenhart
- Deborah Kehr
- Daisha Givens
- (Staff)
- Martha Hufnagle

### Podiatry at Kelly Drive Monday, November 11

The Podiatrist will be at Kelly Drive on Monday, November 11.

Please speak to a nurse if you would like an appointment.

### Save the Date!

Rainbow Puppet Theater Show - Blast from the Past

Saturday, November 9

2:30pm in the Fellowship Room

Featuring over 80 puppets and music from 50's & 60s

### Additional Programs in November

Online Lecture:

Protestant Reformation and the Founding of the Modern West

Monday, November 19

2:00pm in the Fellowship Room

Wellness Talk with Spiritrust Lutheran Home Care & Hospice:

Healthy Holiday Season

Thursday, November 21

1:00pm in the Fellowship Room