

SPECIAL EVENTS

January 3rd New Year's Dessert Bar (Fellowship Room) 1:30 pm Ring in the New Year with a sweet celebration featuring a decadent dessert bar filled with festive treats and delights.

January 8th Resident Birthday Breakfast (Fellowship Room) 9:30 am Enjoy a hearty breakfast prepared by our talented culinary team. Residents with a birthday that month receive a complimentary breakfast. **Cost \$12.00**

January 9th "Home Health vs In-Home Support" Sara Brooks (Fellowship Room) 1:00 pm Join Sara Brooks, SpiriTrust Lutheran Home Care and Hospice, in a discussion about distinguishing the difference between Home Health and In-Home Support can be confusing. Take a deep dive into the differences and get answers to any questions you have.

January 12th Worship Service & Remembering Friends We Have Lost (Fellowship Room) 3:00 pm Please join residents for a heartfelt worship service to remember and honor friends we have lost. This is a service of reflection and gratitude, offering peace in their memories.

January 13th New Orleans "Joie de Vivre in the Bible Belt" Gene Burk (Fellowship Room) 2:00 pm Journey into the heart of New Orleans, where French, Spanish, Catholic and Afro-Caribbean influences weave a cultural tapestry unlike any other in the American South. Following the presentation, Gene will open the floor with a Q&A.

January 14th Therapy Talk "What is Therapy?" (Fellowship Room) 10:00 am Join Brianna Berger, Clinical Therapy Director, for an Introduction to physical, occupational, and speech therapy services and how they can help you maintain independence throughout your daily life.

January 17th Classic Movie "Our Vines Have Tender Grapes" (Fellowship Room) 2:30 pm "Our Vines Have Tender Grapes" is a heartwarming drama about rural life, family bonds, and childhood in rural Wisconsin in the 1940's. Directed by Roy Rowland and starring Edward G. Robinson and Margaret Obrien. Released September 1, 1945, with a run time of 105 minutes. Join facilitator Rich Santel, OLLI Lecturer.

January 23rd Pizza Party (Fellowship Room) 4:30 pm Share a meal from a favorite local pizza parlor! Meal includes pizza or Stromboli, salad, and drinks. **Cost: \$6.00**

January 23rd Reading with 2nd Grade Devers Students (Family Lounge) 1:30 pm

January 24th "Memory Music" (Glatfelter Community, Room A) 2:00 pm Memory Music is a singing duo, Tom and Randi LaNasa, who specialize in songs from the 1940's, 50's, and 60's! This performance will include lots of songs from famous movies and musicals! Join residents at Sprenkle Drive for the performance in the Glatfelter Community, Room A.

January 27th Ice Cream Social "Butter Pecan" (Fellowship Room) 2:00 pm

January 29th Craft Corner "Color & Chat" (Fellowship Room) 2:00 pm Spend an hour coloring and chatting. April Coyle will have an opportunity to get the know the community.

January 30th Jim McClure "York County at 275th" (Glatfelter Community, Room A) 2:00 pm This presentation tells stories of the stream of York County history, recounting the things that historians record – the county's pivotal events, breakthrough achievements and consequential errors of judgement. Jim will also tell stories about what is happening on the stream's banks – diverse York countians just living their lives, building homes, raising families, making things, and growing communities.

January 31st Biblical Tabernacle Experience (Lancaster, PA) 9:30 am Join the Hebrew people on their journey with God by experiencing a full-scale reproduction of the tabernacle in the wilderness, as described in Hebrew scriptures. From the eastern gate of the courtyard to the Ark of the Covenant in the Holy of Holies, our 35-minute multimedia presentation immerses you in an ancient world. **Cost: \$11.00**

 **Spiritrust Lutheran**
The Village at Kelly Drive



Inspirations

Companion

January 2025

HAPPY
BIRTHDAY

Carol Krouse

Sue Reich

Rosemary Butler

Birdie Sheffer

Charlie Topper

Jan Schellhase

Garry Newcomer

Len Wagner

Norma Folkenroth

Jim Goodyear

WINTER FUN FACTS

DID YOU KNOW THAT SNOW CAN ACTUALLY ACT AS INSULATION? SNOW IS MADE UP OF TINY AIR POCKETS THAT TRAP HEAT AND CAN KEEP THE GROUND BENEATH IT WARMER THAN THE AIR TEMPERATURE, LIKE A COZY BLANKET.



HAVE YOU EVER WONDERED WHY WE OFTEN USE THE SCENT OF CINNAMON DURING THE WINTER SEASON? IT'S BECAUSE CINNAMON HAS A WARMING EFFECT ON THE BODY AND ADDS A COZY, COMFORTING AROMA TO OUR HOMES DURING THE COLDER MONTHS.



HAVE YOU EVER WONDERED WHY OUR NOSES TURN RED IN THE COLD? IT'S BECAUSE THE BLOOD VESSELS IN OUR SKIN CONSTRICT TO CONSERVE HEAT, AND THE PIGMENT IN OUR NOSES SHOWS THROUGH MORE PROMINENTLY. SO, A ROSY NOSE IS JUST NATURE'S WAY OF KEEPING US WARM!



SNOWSTORMS ARE NOT JUST ORDINARY WEATHER EVENTS; THEY CAN BE POWERFUL FORCES OF NATURE. THE WORLD RECORD FOR THE MOST SNOWFALL IN A SINGLE WINTER SEASON WAS SET IN 1998-1999 IN MOUNT BAKER, WASHINGTON, WITH A 1,140 INCHES OF SNOW! IT'S ENOUGH TO BURY THE STATUE OF LIBERTY!



The following programs are regularly scheduled on a weekly basis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:00 Worship Service (FR) 4:00 Pinochle (FR)	4:00 Wii Bowling (FR)	4:00 Wii Bowling (FR) 6:00 Kelly Choir (FR)	2:00 Faith Sharing (FR) 3:30 Easy Exercise (FR)	1:00 Sprenkle Drive Visits (OFF) 3:00 Chair Yoga with Carol (FR)	10:00 Conversation Café (FR) 6:00 Game Night (FL)	6:00 Mexican Train Dominoes (FR)

JANUARY 2025

Additional programs & events scheduled for the month of January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program additions or changes since the catalog was published are in bold . Program offerings are subject to change.	Key: RR – Registration Required OC – Off Campus CR – Conference Room FL – Family Lounge WS – Wellness Suite \$\$ – Cost CD – Closing Date DR – Dining Room FR – Fellowship Room		1 No Worship Committee No Faith Sharing	2 10:30 Walmart (RR)(OC) CD 12/31 2:00 Uno Flip (FL) No Chair Yoga	3 11:00 Social Life Committee Meeting (FR) 1:30 New Year's Dessert Bar (FR)(RR) CD 1/1	4 2:00 Bingo (FR)
5	6 2:00 Residential Living Association Meeting (FR)	7 10:00 Knit & Crochet (FL) 3:00 Spirit Movers (FR)	8 9:30 Resident Birthday Breakfast (FR)(RR)(\$\$) CD 1/6	9 9:00-11:00 Beltone Hearing Aid Center of York (FR) 1:00 Sara Brooks "Home Health vs In-Home Support" (FR) 2:00 Dining Committee (CR)	10 10:00 Errand Day (RR)(OC) CD 1/8	11 2:00 Uno Flip (FL)
12 3:00 Worship Service & Remembering Friends We Have Lost (FR)	13 8:00 Podiatry (Lower Level) 10:30 Weis Shopping (RR)(OC) CD 1/11 2:00 Online Lecture "New Orleans: Joie de Vivre in the Bible Belt" Gene Burk (FR)	14 9:30-11:00 West York HS Student Group – Games & More (FL) 10:00 Brianna Berger "What is Therapy?" (FR) 1:00 Blood Pressure Clinic (WS) 6:00 Kelly Choir (FR)	15 12:00 "Widow & Widower Lunch" Sprenkle Drive Rachel & Reuben's 6:00 Bingo with Quickels Church (FR)	16 8:30 Pretzel Sale (RR)(FL)(\$\$) 1:00 Grief Support Group (CR)	17 2:30 Classic Movie & Discussion with Rich Santel "Our Vines Have Tender Grapes" (FR)	18 2:30 Salon Recital (FL)
19	20 1:30 Bookworm Book Club: Book Share (FL)	21 10:00 Knit & Crochet (FL) 10:30 Residential Living Board Meeting (CR) 12:30 Lunch Out "Cheddar's Scratch Kitchen" (RR)(OC)(\$\$) CD 1/17 3:00 Spirit Movers (FR)	22 9:30 Men's Group (FR) 1:00 OnSite Dermatology (RR)	23 1:30-2:30 Reading with 2nd Grade Devers Students (FL) 4:30 Pizza Party (RR)(FR)(\$\$) CD 1/20	24 2:00 Sprenkle Drive "Memory Music" (Glatfelter Community Room A)	25 2:30 Wii Bowling with PC Residents (FR)
26	27 11:00 Boscov's (RR)(OC) CD 1/26 2:00 Ice Cream Social "Butter Pecan" (RR)(FR) CD 1/24	28 10:30 Weis Shopping (RR)(OC) CD 1/26 9:30-12:00 Tech Support with Dante (RR) CD 1/27 6:00 Kelly Choir (FR)	29 2:00 Craft Corner "Color & Chat" (FR)	30 2:00 Sprenkle Drive: Jim McClure "York County at 275" (Glatfelter Community, Room A)	31 9:30 Biblical Tabernacle Experience (OC)(\$\$) CD 1/24	