

Podiatry at Kelly Drive Monday, July 8

Podiatry will be at Kelly Drive on Monday, July 8. Please sign-up by Wednesday, July 3 at the front desk.

Beltone Hearing Aid Center at Kelly Drive Thursday, July 11

Beltone Hearing Aid Center of York will be back at Kelly Drive on Thursday, July 11 9:00-11:00am. Please sign-up for an appointment at the front desk by Tuesday, July 9. Beltone can give your hearing aids a deep clean, answer questions about your hearing aids or assistive devices.

Kelly Drive Welcomes Rich Santel Back Tuesday, July 2

Kelly Drive is excited to have Rich Santel back to show classic films here at Kelly Drive. Rich will be at Kelly Drive on Tuesday, July 2 at 2:00pm in the Fellowship Room showing *The Rope*. *The Rope* is a psychological crime thriller, directed by Alfred Hitchcock and starring James Stewart, John Dall and Farley Granger.

New Garden Programs Starting this Month

Let's get outside and enjoy the fresh air with friends in some fun new ways. We will meet at the Azalea Patio and then walk together to the garden tour of the day.

Gathering in the Garden:

Kelly Drive gardeners are opening their gardens to fellow residents – come hear more about their garden, what they are growing and talk plants.

Monday, July 8 at 10:30am: The Trembly's Vegetable Garden

Monday, July 29 at 9:30am: Ruth Cushioner Flower Garden

Garden Meditation

Meditation is a practice that can bring relaxation, reflection and refresh the spirit. Join Lauren on the Azalea Patio in the garden for a garden meditation class, which will include a guided meditation, followed by a short contemplative reading and discussion. No experience required.

Trips to Sign-Up for at the Front Desk

The following upcoming trips require residents to sign-up and pay at the front desk to reserve your spot.

Chief Uncas Riverboat Tour "Wildlife on the Susquehanna" Thursday, July 11

Depart at 1:15pm for a 2:00pm tour

Cost: \$22

York Revs Baseball Game with Sprengle Drive Thursday, July 18

Depart at 10:45am

Cost: \$5

Calvary Christian Center Concert "The Lore" Saturday, July 20

Depart at 5:00pm

Cost: \$15

Lake Tobias Wildlife Park Friday, July 26

Depart at 9:00am

Cost: 19

 **SpirTrust Lutheran**
The Village at Kelly Drive



Inspirations Companion

JULY 2024

July Birthdays:

Andrea Hoover 7/5 (Staff)

Tina Montalvo 7/5 (Staff)

Ethel Michael 7/6

Chaquira Castro 7/6 (Staff)

Ruth Mundis 7/8

Lauren Baker (Staff) 7/10

Norma Krebs 7/15

Siajhanai Wean 7/21 (Staff)

Hello!

Here comes July and the height of summer! With hot days, sunny skies and everything summer around us, there are so many ways to celebrate summer here at Kelly Drive!

July kicks off with 4th of July, a holiday that just makes you feel like summer is finally in full swing. Kelly Drive is holding their annual 4th of July Covered Dish BBQ, so good food and good friends are the plan of the day.

Keep celebrating summer with a riverboat ride on the Chief Uncas boat out of the Zimmerman Center with a guided tour of the wildlife on the Susquehanna River, an outdoor summer concert with the Spring Garden Band, an ice cream social under the big tent, and a trip to Lake Tobias. Plus, there's the Bookworm Book club, exercise classes, a York Revs baseball game, live entertainment, Bingo, and a life-long learning lecture with Ellen Ehlenbeck, sharing information about the amazing artwork found around York. Be sure to check your calendar and newsletters, because in addition to all these fun programs, there's even more going on each week!

The Kelly Drive community is truly what it is because of *YOU* – programs offered come directly from resident suggestions and interests. All are invited to attend the **Life Enrichment social committee meeting on Thursday, July 11 at 11am in the Fellowship Room** to learn more about upcoming programs and share ideas.

Be Well,

Lauren Eriksen
Life Enrichment Director
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Leriksen@spiritrustlutheran.org



The following programs are regularly scheduled on a weekly basis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:00pm-FR: Worship Service 4:00pm-FR: Pinochle 7:15pm-Kelly Drive Walking Group	9:30am-FR: Chair Yoga with Jess 4:00pm-FR: Wii Bowling 7:15pm-Kelly Drive Walking Group	4:00pm-FR: Wii Bowling 6:00pm-FR: Kelly Choir 7:15pm-Kelly Drive Walking Group	2:00pm-FR: Faith Sharing: The Life and Message of the Apostle Paul 7:15pm-Kelly Drive Walking Group	1:00pm-Sprenkle Drive Visits 7:15pm-Kelly Drive Walking Group	10:00am-FR: Conversation Café 6:00pm-FR: Game Night 7:15pm-Kelly Drive Walking Group	6:00pm-FR: Mexican Train Dominoes 7:15pm-Kelly Drive Walking Group

Additional programs & events scheduled for the month of July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 No ZOOM Yoga 2:00pm-FR: Residential Living Council Meeting	2 10:00am-FL: Knit & Crochet 2:00pm-FR: Classic Movie with Rich Santel: Rope	3 9:30am-Azalea Patio: Garden Meditation 10:30am-Walmart (RR)(OC) 2:00pm-FR: Faith Sharing 3:30pm-FR: Easy Exercise	4 No mindful movement 12:00pm-FR: 4 TH of July Covered Dish BBQ (RR) 12:30pm-4 th of July Curbside (RR)(\$\$)	5 2:00pm-FR: Movie Matinee with Judy Becker: Rain Man	6 2:00pm-FR: Bingo with Resident Living Volunteers
7	8 Podiatry 10:30am-Azalea Patio: Gathering in the Garden: Trembly's Garden Tour 1:30pm-FL: Bookworm Book Club: Bring a Book to Share & Choose our First Book	9 10:30am- Weis (RR)(OC) 1:00pm-Wellness Suite: Blood Pressure Clinic 3:00pm-FR: Spirit Movers Exercise	10 10:30am-FR: PARCR Meeting Livestream: How Artificial Intelligence and Tech is Helping Seniors Live Longer and Better 2:00pm-FR: Faith Sharing 3:30pm-FR: Easy Exercise 4:30pm-Outdoor Tent: Everything Pineapple Happy Hour with Pina Coladas (RR)	11 9:00am-11:00am-FR: Beltone (RR) 11:00am-FR: Social Committee 1:30-FR: Be Well: Watermelon Pizza 1:15pm- Chief Uncas Riverboat Tour: Wildlife on the Susquehanna (RR)(OC)(\$\$) 2:00pm-Sprenkle Drive: Lori & Jeffrey Instrumental Music (RR) 3:00pm-FR: Mindful Movement	12 10:00am-Errand Day (RR)(OC) 12:30pm-Carry-Out for a Cause (RR)(\$\$) 3:00pm-FR: Molly & Nathan McDyer Jazz Concert	13 2:00pm-FL: UNO Flip
14	15 No ZOOM Yoga 9:30am-FR: Men's Club Breakfast with Chaplain Aaron (RR)(\$\$) 10:30am-Flinchbaugh's Farmers Market (RR)(OC)	16 10:00am-FL: Knit & Crochet 10:30am-CR: Residential Living Assoc. Board Meeting 1:00pm-Resident Hosted Lunch Out at Outback Steakhouse with Resident Host Gene Burk (RR)(OC)(\$\$)	17 9:30am-Azalea Patio: Garden Meditation 12:00pm-Sprenkle Drive Rachel & Reuben's Widow & Widower Lunch 2:00pm-FR: Faith Sharing 3:30pm-FR: Easy Exercise 6:00pm-FR: Bingo with St. Matthew Church	18 8:30am-FL: Pretzel Sale (\$\$) 10:45am-York Revs Game with Sprenkle Drive (RR)(OC)(\$\$) 3:00pm-FR: Mindful Movement	19 9:00am-Wii Bowling Tournament Game at The Village at Shrewsbury (RR)(OC) 2:30pm-FR: Lifelong Learning with Ellen Ehlenbeck: Art around York 3:00pm-Delivery: Kelly Fresh (RR)(\$\$)	20 5:15pm-Depart for Calvary Christian Center The Lore Summer Concert (RR)(OC)(\$\$)
21	22 11:00am-Boscov's (RR)(OC) 2:00pm-Outdoor Tent: Ice Cream Social: Feature Flavor – Rocky Road (RR)	23 9:30am-FR: Resident Breakfast – Complimentary for July Birthdays (RR)(\$\$) 10:30-Weis (RR)(OC) 1:45pm-Sprenkle Drive 1860's Nursing Medicine Reenactment (RR) 3:00pm-FR: Spirit Movers Exercise	24 1:00pm-OnSite Dermatology (RR) 2:00pm-FR: Faith Sharing 3:30pm-FR: Easy Exercise	25 1:00pm-FR: Wellness Talk with SpiriTrust Lutheran Home Care & Hospice: Arthritis 4:30pm-FR: Pizza Party (RR)(\$\$)	26 9:00am-Depart for Lake Tobias (RR)(OC)(\$\$)	27 2:30pm-FR: Wii Bowling with PC
28	29 9:30am-Gathering in the Garden: Ruth Cushioner Flower Garden 2:00pm-FR: Gaither Concert with Judy: I'll Fly Away (Live from New Orleans)	30 9:30am-1:1 Tech Appointments with Dante (RR) 2:00pm-FL: UNO Flip 6:00pm-Fire Pit: Summer Outdoor Concert: Spring Garden Band	31 2:00pm-FR: Faith Sharing: The Call: The Life and Message of the Apostle Paul 3:30pm-FR: Easy Exercise	Program additions or changes since catalog was published are in bold . Program offerings are subject to change.	Key: RR- Registration Required \$\$- Cost OC – Off Campus CR – Conference FL – Family Lounge FR – Fellowship Room PP – Patio by Pond WS - Wellness Suite	

