

The Weekly Connection

Residential Living | July 21-27, 2024

Hello, Residents!

July is in full swing and there are plenty of opportunities to gather with friends for some fun this week. We hope to see you out and about!

Be well,

Lauren Eriksen, Life Enrichment Director

717-845-6606

Leriksen@spiritrustlutheran.org

OnSite Dermatology Wednesday, July 24

OnSite Dermatology will be at Kelly Drive on Wednesday, July 24. Please call OnSite Dermatology directly to schedule your appointment at 877-345-5300.

Easy Exercise Cancelled July 24

There will be no Easy Exercise class on Wed. July 24. Class will be back in session on July 31—see you then!

No Mindful Movement on Thursday, July 25

There will be no mindful movement class on Thursday, July 25 due to the pizza party. See everyone next Thurs!

1:1 Tech Appts. with Dante

Dante can help out with phone, TV or computer, or smart devices. There is one appt. left for 11:45am.

July Event Sign-Up

Please sign-up for the following events by calling Lauren at 717-845-6606.

Lake Tobias 7/26: Sign-up and pay \$19 at front desk by 7/23 **3 spots open!**

1:1 Tech Appts. with Dante 7/30

A Look Ahead at August

Devers School Supply Donation Drive: The month of August; drop donations off at the front desk

Be Well 8/1: Sign-up by 7/31

St. Luke's Church Annual Picnic & Bluegrass band concert 8/3: Sign-up by 7/31

OLLI Open House 8/5: Sign-up by 8/2

Walmart 8/7: Sign-up by 8/6

Southern Fish Fry 8/8: Sign-up by 8/5

Bown's Orchard 8/12: Sign-up by 8/9

Happy Hour + Corn Hole 8/12: Sign-up by 8/9

Rabbit Transit Wellness Talk 8/14: Sign-up by 8/13

Gathering in the Garden: The Haglers 8/15: Sign-up by 8/13

Calvary Christian Center Down East Boys Concert 8/17: Sign-up and pay at front desk to reserve your spot Cost: \$15

Resident Breakfast 8/30: Sign-up by 8/28

News continues from page 1

Weekly Program Features:

Ice Cream Social: Rocky Road

Monday, July 22

2:00pm outside under the Big Tent

Summer is the perfect time for ice cream, and this month we are celebrating with the feature flavor rocky road—yum! Join us outside under the big tent by the fire pit as we enjoy some fun, chit chat and make ice cream sundaes.

Resident Breakfast

Tuesday, July 23

9:30am in the Fellowship Room

Cost: \$10 payable at meal

All are invited to enjoy a delicious breakfast meal featuring hot breakfast dishes, pastries, fresh fruit and more.

Life-Long Learning at Sprengle Drive: 1860s Nursing Medicine Reenactment

Tuesday, July 23

Depart Front Entrance at 1:45pm / 2pm program

Glatfelter Community Room

Sign-up with Lauren by Monday if you need transportation to event

Sue Ann Kein will be portraying a nurse while educating on 1860s nursing medicine. She will talk about dress customs, medical treatments, the civil war and how it affected our local area, and more.

Wellness Talk with SpiriTrust Lutheran Home Care & Hospice

Thursday, July 25

1:00pm in the Fellowship Room

In this informative wellness talk with SpiriTrust Lutheran Home Care & Hospice, learn all about arthritis and get your questions answered.

Conversation Cafe

Friday, July 26

10:00am in the Fellowship Room

Gather with friends for some chit chat over a fresh cup of coffee and pasties.

Lake Tobias Wildlife Park

Friday, July 26

Depart Front Entrance at 9:00am

Enjoy fun activities and animal attractions for all ages at this 150-acre wildlife park and zoo with over 1,000 different animals. Encounter the exotic as you roam among the main wildlife habitats to see giraffes, tigers, zebras, baboons, ostriches, kangaroos, lions and more. Then, take a safari tour to see bison, water buffalo and more! With several eateries right in the park, we will also be eating lunch at Lake Tobias.

Wii Bowling with PC

Saturday, July 27

2:30pm in the Fellowship Room

All are invited to wii bowl! We will be bowling with personal care residents and new players always welcome to join in the fun—see you there!