


January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30AM Exercise 1 1:30PM Happy New Year's Cross Word Puzzle 2:30PM Get On The Ball- Times Square HAPPY NEW YEAR'S!	9:30AM Walmart Trip 2 10:00AM Bible Study 2:00PM Craft Hour with Shirley (Pine Cone Bird Feeders) 3:30PM Random Trivia	8:45AM Men's Breakfast Out 3 9:30AM Exercises 1:30PM Afternoon Matinee- (The Chosen - Season 1, Episode 1) 3:00PM Name That Instrument	9:30AM Exercise 4 1:30PM BINGO 2:30PM Mozart: The First Rock Star
5 9:30AM St. Luke's Church Service (On-line) 2:00PM Church Service	6 9:30AM Exercise 1:30PM Casual Cards 2:30PM Discovering Your "Love" Language Wear Red for Blood Donor Month!	7 9:30AM Exercise 1:30PM BINGO 2:30PM Kitchen Hour- Snow Day Snack Mix 3:30PM It's Snow Time Crossword Puzzle	8 9:30AM Exercise 10:30AM Resident Council 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Elvis' Blue Shoes Game for his Birthday	9 10:00AM Bible Study 1:30PM Bingo 2:30PM Mad Libs: The Mail Order Outfit 3:30PM Guess The 1960's TV Show Sing Along	10 9:30AM Exercise 1:30PM Shopping Trip to TJ Maxx	11
12 9:30AM St. Luke's Church Service (On-line) 2:00PM Church Service	13 9:30AM Exercise 1:30PM Casual Cards 2:30PM Name that Rock Tune with Ali	14 HAPPY BIRTHDAY IDA JEANNE! 9:30AM Exercise 1:30PM BINGO 2:30PM Manicures 3:30PM Wheel of Fortune	15 9:30AM Exercise 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Sports Trivia and Basketball Riddle Jumble	HAPPY BIRTHDAY RICHARD! 16 10:00AM Bible Study 1:30PM Travel to Oxford, England 2:30PM Oxford, England Word Search	17 9:30AM Exercise 1:30PM Afternoon Matinee- (The Chosen- Season 1 ,Episode 2) 3:00PM Dominoes	18 9:30AM Exercise 1:30PM BINGO 2:30PM Name That Instrument
19 9:30AM St. Luke's Church Service (On-line) 2:00PM Church Service	HAPPY BIRTHDAY BETTY! 20 9:30AM Exercise 1:30PM Casual Cards 2:30PM Martin Luther King Jr. Day	21 9:30AM Exercise 1:30PM BINGO 2:30PM Kitchen Hour- Peanut Butter Buckeyes 3:00PM Remembering Loved Ones	22 9:30AM Exercise 2:00PM Hydration Cart 2:00PM Color Expressions	23 10:00AM Bible Study 1:30PM Hymns with Herb 2:30PM Bingo	24 9:30AM Exercise 1:30PM Afternoon Ride and Ice Cream	25
26 9:30AM St. Luke's Church Service (On-line) 2:00PM Church Service	27 9:30AM Exercise 1:30PM Casual Cards 2:30PM Jeopardy Trivia	28 9:30AM Exercise 10:30AM Kindly Canines 1:30PM BINGO 2:30PM Manicures 3:30PM Rolling Zip Codes	29 9:30AM Exercise 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Who, What and Where?	30 10:00AM Bible Study 1:30PM Salt Painted Snowflakes 3:00PM Traditional Folks Songs Sing Along Favorite Sports Team Day!	31 9:30AM Exercise 1:30PM Afternoon Matinee- (The Chosen- Season 1 , Episode 3) 3:00PM Giant Connect Four	

The Village at Luther Ridge Personal Care Programs & Events



What is Spirit360™?

Our Spirit360™ program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging, and well-being so individuals can live as fully as possible.

The seven dimensions include emotional, intellectual, physical, vocational, social, spiritual, and environmental.

Upcoming Events:

8th– Resident Council– 10:30AM

23rd- Hymns with Herb– 1:30PM

28th– Kindly Canines– 10:30AM

Outings:

2nd - Walmart in Shippensburg - 9:30AM

3rd- Men's Breakfast– The Little Dipper- 8:45AM

10th– Shopping Trip to TJ Maxx– 1:30PM

24th– Afternoon Ride and Ice Cream– 1:30PM



Personal Care Newsletter

BINGO Tuesdays, two Thursday and two Saturdays **Resident Council** 2nd Wednesday of each month 10:30AM

Hydration Cart Wednesdays 2:00PM

Manicures Tuesdays 14th and 28th at 2:30PM

* Programs are subject to change *

Personal Care Life Enrichment Team

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Happy January Birthdays!

Ida Jeanne Smith

Richard Funk

Betty Hurley



Welcome

New

Residents!

Wilma Young

Marie Eby

