


The following programs are regularly scheduled on a weekly basis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00 Service of Holy Communion**	9:30 Stretch & Strength* 10:30 Tai Chi*	6:00 Card Club*	9:30 Stretch & Strength* 1:00 Wii Bowling* 2:00 Chess Club	1:00 Seated Beach Volleyball* 3:00 Table Tennis* 3:00 Billiards*	6:00 Card Club*	

Additional programs & events scheduled for the month of November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program offerings are subject to change. For more details on any of the programs, please refer to your Inspirations catalog.						
Key: RR- Registration Required \$\$- Cost OC – Off Campus Inn** Fleck* M - Manor SL - Saint Luke Lutheran Church						
3	4	5	6	7	8	9
10:30 Tai Chi*	10:00 AACA Museum & Lunch OC,RR,\$\$ 10:00 Voting Shuttle OC,RR	10:00 LE Committee Meeting* 1:00 Town Hall Meeting* 4:00 Game Night* RR	National Nacho Day 7:30 American Music Theatre - Joy to the World OC,RR,\$\$ 10:00 Bible Study* 2:00 All Saints Day Service SL	9:00 Men's Breakfast OC,RR,\$\$ 10:00 Lindt Chocolate & Lunch OC,RR,\$\$	9:00 Men's Breakfast OC,RR,\$\$ 10:00 Lindt Chocolate & Lunch OC,RR,\$\$	9:00 Men's Breakfast OC,RR,\$\$ 10:00 Lindt Chocolate & Lunch OC,RR,\$\$
10	11	12	13	14	15	16
No Tai Chi	9:00 Camp Michaux Tour OC,RR 2:00 Line Dancing*	9:00 James Buchanan's Wheatland & Lunch OC,RR,\$\$ 1:00 Walmart Shuttle OC,RR,\$\$	National Pickle Day	10:00 Luther Ridge Escape Room* RR		
17	18	19	20	21	22	23
2:00 Shippensburg University Community Orchestra & Choir Concert OC,RR	10:00 Wegmans Shopping & Lunch OC,RR,\$\$ 11:00 Wellness Talk* 1:00 Grocery Shuttle OC, RR,\$\$	12:45 Fabric Bookmark Workshop* RR 3:00 Wheel of Fortune *RR	9:00 Grief Finding Meaning OC,RR 1:00 Craft Corner* RR,\$\$	10:00 Bible Study* 10:00 Resident Council* 4:00 Happy Hour* RR	11:30 Thanksgiving Take-out* RR,\$\$ 1:00 Fitness Fun*	
24	25	26	27	28	29	30
9:00 Kris Kringle Craft Show OC,RR,\$\$	National Parfait Day 10:30 Tai Chi* 11:00 Ladies Lunch OC,RR,\$\$	9:00 Birthday Breakfast* RR 3:00 Team Trivia* RR	1:00 Walmart Shuttle OC, RR,\$\$ 1:00 Fitness Fun* 1:30 Thanksgiving Eve Service**		10:00 Christmas Decorating*	



Birthdays

Joan Scott

Henry Mathers

Tom Porto

Dave Morningstar

Pat Marrone

Sue Evans

Sue Ott

Bob McEllroy

Herb Spomer

Sue Beebe

Lea Walz

Marie Eby

Dawn Heinbach

Anniversaries

November 1 - Ralph & Phyllis
Kegerreis - 55 years

November 22 - Henry & Carol
Mathers - 63 years

November 26 - Gary & Joan
Scott - 65 years

Owls in PA Presentation

This presentation will be done by Angela McCarty from Pine Grove Furnace State Park on **Friday, November 8 at 10:30am.**

Camp Michaux Tour

Our group will go on a walking tour of Camp Michaux led by Andre Weltman. Please note there are areas of uneven terrain, so please wear comfortable walking shoes. The walking tour will be approximately 1-2 miles long.

Tuesday, November 12 at 9am.

Luther Ridge Escape Room

We will host our very own unique escape room here at Luther Ridge created by Tiffany. The escape room will incorporate clues/objects in the room that each team will need to use to "Escape". Your team will have one hour to crack the code and solve the puzzle. Do you have what it takes to crack the code and "escape"? **Friday, November 15 at various times.**

Veteran's Day

Veterans from all levels of care will be joining in our celebration on **Monday, November 11 at 11:30am.** The meal will be provided from our campus kitchen. Spouses are welcome to attend the celebration and eat lunch with their spouse, but must purchase their lunch (\$10). **Registration required.** We will enjoy patriotic music and special guests.

Thanksgiving Take-Out

Register to choose a time slot to pickup your Thanksgiving take-out meal on **Friday, November 22.** Please see Tiffany to sign up, pay and choose your preferred pickup time. You may eat in the Bistro / Dining room.

Kris Kringle Craft Show

Our group will travel to the Kris Kringle Craft Show at Hagerstown Community College on **Sunday, November 24 at 9:00 am, with NO charge for admission!**

Christmas Decorating

Join Tiffany to decorate the Fleck for Christmas at 10am on **Friday, November 29.**