

2024	Sunday Sept 22	Monday Sept 23	Tuesday Sept 24	Wednesday Sept 25	Thursday Sept 26	Friday Sept 27	Saturday Sept 28
Breakfast	Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Pancakes with Syrup Bacon Banana	Assorted Juice Oatmeal Assorted Cold Cereal Denver Omelet Waffle with Syrup Bacon Fruit Cup	Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Yogurt & Granola Assorted Toast Fruit Cup	Assorted Juice Oatmeal Assorted Cold Cereal Baked Cheese Omelet French Toast with Syrup Turkey Sausage Link	Assorted Juice Oatmeal Assorted Cold Cereal Baked Omelet Cinnamon Raisin French Toast with Syrup Ham Slice Blueberry Muffin	Assorted Juice Oatmeal Assorted Cold Cereal Egg & Cheese Muffin Blueberry Pancakes with Syrup Bacon	Assorted Juice Oatmeal Assorted Cold Cereal Scrambled Eggs Sausage Gravy over Biscuit Hashbrown Triangle Banana
Lunch	Baked Flounder with Lemon Butter Boneless Pork Chop Garden Wild Rice Peas Coconut Cake	Chicken Parmesan Onion, Swiss & Mushroom Quiche Penne Pasta with Marinara Lemon Green Beans Lemon Bar	Roasted Turkey Baked Ham w/ Pineapple Bread Stuffing Mashed Potatoes Brussel Sprouts	Chopped Steak with Mushrooms Fried Shrimp Pierogies with Onions Layered Salad Vanilla Ice Cream Cup	Cilantro Grilled Chicken Baked Ziti Parslied Potatoes Carrot Coins Dinner Roll Apple Crisp	White Fish Polonaise Chicken & White Bean Chili w/Corn Muffin Sour Cream & Chive Potatoes Parmesan Roasted Cauliflower Fruit Cup	Country Style Braised Beef Tips Smothered Pork Chop Rice Pilaf Snap Peas Pound Cake with Berries
Dinner	Vegetable Beef Soup Turkey Burger Grilled Pimento Cheese Sandwich Potato Wedges Broccoli Chocolate Pudding	Split Pea Soup Roast Beef with Swiss Sandwich Tuna Salad Sandwich Baked Potato Salad Peaches	Chicken Noodle Soup Fish Sandwich Chicken Caesar Wrap Summer Corn Salad Peach Cobbler	Black Bean Soup Italian Sausage Broccoli & Cheese Casserole Spinach Chocolate Cake with Peanut Butter Icing	Roasted Tomato Bisque Seafood Salad on a Croissant Turkey Club Chickpea, Green Bean & Tomato Salad Boston Cream Pie	Mushroom Barley Soup Hot Pork Sandwich Deluxe Burger with Lettuce, Tomato & Onion Baked Steak Fries Green Beans Cranberry Oatmeal Cookie	Minestrone Soup Hot Turkey Sandwich Vegetable Cheese Strata Green & Yellow Squash Fruited Jello

Milk, water and assorted hot and cold beverages available at every meal. Hot or cold sandwiches, soups and cottage cheese & a fruit plate are always available.