





### What is Spirit360™?

Our Spirit360™ program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging, and well-being so individuals can live as fully as possible. The seven dimensions include emotional, intellectual, physical, vocational, social, spiritual, and environmental.

**Upcoming Events** 

Church & Communion: Holy Worship & Communion Service will be on Tuesdays at 10:30AM with Chaplain Amy Wagner. Bible Study will be on Sundays at 1:00PM in the Foyer (area between Arlington & Buckingham) with Chaplain Amy Wagner.

Christmas Eve Service will be on Wednesday December 24th at 3:00PM in the Foyer.

- Resident/Food Council will be held on Thursday December 12th: at 10:30AM in the Skilled Therapy/Rehab Gym. Come join us!
- Special Dress Days for Staff & Residents:
  - Wednesday December 11th—Wear white for Winter Wonderland Wednesday.
  - Thursday December 19th—Wear an Ugly Christmas Sweater day!
  - Tuesday December 24th—Wear a Santa Hat for Christmas Eve
- Special Music & Entertainment:
  - Thursday December 5th: Holiday music by Charles Lee in Personal Care Dining Room at
  - Monday December 9th: Holiday Music by Neal Corwell in Personal Care Dining Room at
  - Thursday December 12th: Piano Music by volunteer, Vivian in Buckingham at 2:00PM.
  - Wednesday December 18th: Hymn Sing-Along with Pastor Herb Spomer & Joy Shinn in Arlington at 10:30AM.
  - Wednesday December 18th: Flute Music with Grace in Buckingham at 1:30PM.
- Scenic Ride: Our last scenic ride for year 2024 will be on **Tuesday December 17th** at **6:00PM**, and will be a Christmas Light Tour around the local area. Spaces are limited so if you wish to participate. please see someone from Nursing/LE to reserve your spot. Loading will start at 5:30PM. L.E. and nursing will come get you and assist you to where you need to be.

### Salon

Jenni Keefer, beautician (717) 660-2486

Monday 7:30AM-5:00PM Tuesday 7:30AM-4:00PM Wednesday 7:30AM-5:00PM **Thursday OFF** Friday 7:30AM-5:00PM

\*\*\* Appointments required \*\*\*

### **Skilled Life Enrichment**

Kayla Etter, Life Enrichment Leader KEtter@SpiriTrustLutheran.org Lily Wolford, Life Enrichment Partner LWolford@SpiriTrustLutheran.org Office Number: (717) 660-2473 or ext. 50345

Ali Noll, Community Life Enrichment Director ANoll@SpiriTrustLutheran.org

### December 2024

# SpiriTrust Lutheran® The Village at Luther Ridge

Skilled Care Newsletter

# Monthly Services:

The Franklin County Bookmobile will be on campus between the Skilled and Personal Care main entrances on

Monday December 23rd at 9:30AM.

The bookmobile is handicap accessible and provided to all residents.

## Services:

Vision Clinic will be held in the Physicians Office on Friday day December 20th at 9:00AM.

Podiatry Clinic will be held in the Physicians Office on Monday December 23rd at 9:00AM.

# **Transportation** Service:

Are available by request. Transportation services include errands to store. bank, etc. (At Resident Cost)

# **Special Holidays:**

12/25 Christmas Day 12/31 New Years Eve

# Resident **Birthdays:**

None

