


February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>Key GR—Gathering Room OV—Orchard View FW—Freedom Way FL—Front Lobby L—Library DR—Dining Room CR—Conference Room ** — Sign-up Required <i>Programs are subject to change</i></p>			9:30 Morning Start-Up (GR) 1 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Word Wheel (GR) 2:00 Movie Matinee: "Groundhog Day" (GR)
1:00 Worship Service (GR) 2 2:00 Movie Matinee: "Roman Holiday" (GR)	9:30 Morning Start-Up (GR) 3 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Kitchen Korner: "Edible Groundhogs" (GR) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 4 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 3:00 Singalong with Lona and Trudy (GR)	9:30 Morning Start-Up (GR) 5 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Crossword Puzzles (GR) 3:00 "Are You a Snake?" Chinese New Year Discussion (GR)	9:30 Morning Start-Up (GR) 6 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 2:00 Resident Council (GR) 3:00 Valentine's Mittens Paintings (GR)(**)	9:30 Morning Start-Up (GR) 7 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Piano with Linda (GR)	9:30 Morning Start-Up (OV) 8 9:45 Exercise (OV) 10:00 Catholic Mass (GR) 10:30 Trivia (OV) 1:00 Hangman (GR) 2:00 Movie Matinee: "It Should Happen to You" (GR)
1:00 Worship Service (GR) 9 2:00 Movie Matinee: "The Notebook" (GR)	9:30 Morning Start-Up (GR) 10 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 11 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 3:00 "Romances to Remember" and Valentine's Day History (GR)	9:30 Morning Start-Up (GR) 12 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Lunch Out to Dallastown Family Restaurant (FL)(**) 1:00 Documentary: "Life" with David Attenborough Pt. 2 (GR) 3:30 Valentine's Candygrams (GR)	9:30 Morning Start-Up (GR) 13 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Valentine's Day Poetry Reading (GR)	9:30 Morning Start-Up (GR) 14 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Live Music with Silver63 (GR) 6:00 Paper Heart Ornaments (GR)	9:30 Morning Start-Up (GR) 15 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hymn Sing with Freedom Community Church (L) 2:00 Movie Matinee: "Runaway Bride" (GR)
1:00 Worship Service (GR) 16 2:00 Movie Matinee: "Lincoln" (GR)	9:30 Morning Start-Up (GR) 17 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Reading Circle: "Who was Ronald Reagan?" (GR) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 18 9:45 Exercise (GR) 10:30 Live Music with Adelynn Wood (GR) 1:00 Fun on the Go with Alec (GR) 1:00 Shopping at Walmart (FL)(**) 3:00 Best of "Here's Lucy" (GR)	9:30 Morning Start-Up (GR) 19 9:45 Exercise (GR) 10:30 Trivia (GR) 10:30 Rosary Circle (OV) 1:00 Crossword Puzzles (GR) 3:00 "What's in the Bag?" (GR)	9:30 Morning Start-Up (GR) 20 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Gumdrop & Vintage Candy Taste Test (GR)	9:30 Morning Start-Up (GR) 21 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Live Music with Sweet Life (GR) 6:00 Beaded Bracelets (GR)	9:30 Morning Start-Up (GR) 22 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hangman (GR) 2:00 Movie Matinee: "Night and Day" (GR)
1:00 Worship Service (GR) 23 2:00 Movie Matinee: "My Fair Lady" (GR)	9:30 Morning Start-Up (GR) 24 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 25 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 3:00 Bean Bag Toss (GR)	9:30 Morning Start-Up (GR) 26 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 "Travelling the Underground Railroad" Presentation (GR) 3:00 Word Tiles (GR)	9:30 Morning Start-Up (GR) 27 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 1:00 Trip Out to Village Coffee and Cream (FL)(**) 3:30 Shake Loose a Memory (GR)	9:30 Morning Start-Up (GR) 28 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Birthday Party with Mick Cochran: "Valentine's in the '50s" (GR) 6:00 "Little House on the Prairie" Night (GR)	

Goody Goody Gumdrops!

February is a sweet month for candy lovers, with both Bubble Gum Day and Gumdrops Day celebrated within weeks of each other. Bubble Gum Day falls on the first Friday of February, while Gumdrops Day is February 15. Both holidays highlight the history and fun behind these popular treats.



Bubble gum has a surprisingly long history, dating back to ancient peoples who chewed natural substances like tree resin. Modern bubble gum, however, was invented in 1928 by Walter Diemer, a young accountant at the Fleer Corporation. Diemer accidentally created a formula for gum that wasn't too sticky and could stretch—perfect for blowing bubbles. It was famously pink because that was the only dye available at the time. Bubble gum became an instant hit, and today, Americans chew an average of 100 pieces each year.

Gumdrops, on the other hand, have been around since at least the 19th century. These chewy, colorful candies are often used to decorate cakes and gingerbread houses. While their exact origin is debated, the gumdrop's sugary coating and fruity flavors have made them a long-standing favorite. The candy was so beloved that a NASA spacecraft was even named Gumdrops in the 1960s.

Both gum and gumdrops have made their mark in popular culture and candy aisles for decades. Bubble gum is often linked with childhood, and gumdrops remain part of festive traditions. Furthermore, gumdrops paved the way for other popular gummy candies like gummy bears and gummy worms. Interestingly, while we celebrate these sugary delights, February is also Gum Disease Awareness Month, a reminder to enjoy sweets in moderation and prioritize dental care.

These candy-themed holidays offer a chance to indulge, reminisce, and enjoy the playful nature of bubble gum and gumdrops. Whether you prefer blowing bubbles or savoring a sugary gumdrop, February is full of reasons to celebrate these nostalgic treats.

News From the Welcoming Committee



Q: *Why aren't dogs welcome in a bar?*

A: *They can't hold their licker!*



Birthdays

Janice Waters

Bernie Smith

Liz Schaeffer

Personal Care Newsletter

Anna Monk

Resident of the Month February 2025

Anna Monk was born April 26th in the Bronx, NY. She graduated from Cathedral High School in 1949, and was accepted into the City College of New York during the first year that they accepted women.



Anna married her husband, Edward, in 1954. They had grown up in the same neighborhood together. Together they had three daughters, Michelle, Leigh Anne, and Regina Marie.

Anna was very busy throughout her life working and taking care of her family. Today, Anna greatly enjoys reading mystery novels and working on crossword puzzles (a talent which she inherited from her father).

Anna moved to Zimmerman Place in February of 2023, and we couldn't be happier to have her. You may see Anna around playing BINGO, or attending trivia or word games sessions. When you see Anna around, be sure to say, "Hello!", you will be glad you did!