


October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Morning Start-Up (GR) 1 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 3:00 Bean Bag Toss (GR) 5:30 Resident's Choice Singalong (GR)	9:30 Morning Start-Up (GR) 2 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Crossword Puzzles (GR) 3:00 Reading Circle: "Quips and Tall Tales" (GR)	9:30 Morning Start-Up (GR) 3 9:45 Exercise (GR) 10:30 Resident Council (GR) 1:00 Piano w/ Joan (L) 3:00 Scarecrow Stuffing (FL)	9:30 Morning Start-Up (GR) 4 9:45 Exercise (GR) 10:15 Faith Break (GR) 1:00 Live Music with Robin Spielberg (GR) 3:30 Bingo (GR) 5:30 Comedy Night: Best of "Don Knotts" (GR)	9:30 Morning Start-Up (GR) 5 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Service Project: Stuffing Candy Bags (GR) 2:00 Movie Matinee: "Night at the Museum" (GR)
1:00 Worship Service (GR) 6 2:00 Movie Matinee: "To Kill a Mockingbird" (GR)	9:30 Morning Start-Up (GR) 7 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 8 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 3:00 Dachshund Racing (GR) 5:30 Community Fall Fest (L)	9:30 Morning Start-Up (GR) 9 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Trip Out to Greenmount Bowling (FL)(**) 1:30 Documentary: "Titanic: Anatomy of a Disaster" (GR)	9:30 Morning Start-Up (GR) 10 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano with Lona (L) 1:00 Ice Cream Floats (L) 3:00 Bible Study with Debbie (GR)	9:30 Morning Start-Up (GR) 11 9:45 Exercise (GR) 10:15 Faith Break (GR) 1:00 Bingo (GR) 3:00 Live Music with Musical Memories (GR) 5:30 Comedy Night: Best of "The Golden Girls" (GR)	9:30 Morning Start-Up (OV) 12 9:45 Exercise (OV) 10:00 Catholic Mass (GR) 10:30 Trivia (OV) 1:00 Jeopardy with Julie (GR) 2:00 Movie Matinee: "The Wizard of Oz" (GR)
1:00 Worship Service (GR) 13 2:00 Movie Matinee: "The Ghost and Mrs. Muir" (GR)	9:30 Morning Start-Up (GR) 14 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Craft: Spiderweb Suncatchers (GR) 3:30 Bingo (GR)	9:30 Morning Start-Up (GR) 15 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Lunch Out to Cracker Barrel (FL)(**) 1:00 Fun on the Go with Alec (GR) 3:30 Balloon Volleyball (GR)	9:30 Morning Start-Up (GR) 16 9:45 Exercise (GR) 10:30 Trivia (GR) 10:30 Rosary Circle (OV) 1:00 Reading Circle: "Autumn Days" (GR) 3:00 Fall Fashion Show (GR)	9:30 Morning Start-Up (GR) 17 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Crossword Puzzles (GR)	9:30 Morning Start-Up (GR) 18 9:45 Exercise (GR) 10:15 Faith Break (GR) 1:00 Bingo (GR) 3:00 Piano with Linda (GR)	9:30 Morning Start-Up (GR) 19 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hymn Sing with Freedom Community Church (L) 1:45 Surprise Delivery (L) 2:00 Movie Matinee: "The Ghost and Mr. Chicken" (GR)
1:00 Worship Service (GR) 20 2:00 Movie Matinee: "Dial M for Murder" (GR)	9:30 Morning Start-Up (GR) 21 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 22 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 3:00 Bowling (GR) 5:30 Resident's Choice Singalong (GR)	9:30 Morning Start-Up (GR) 23 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Kitchen Korner: Mini Pumpkin Cheesecakes (OV) 3:30 Bingo (GR)	9:30 Morning Start-Up (GR) 24 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Autumn Poetry Reading (GR)	9:30 Morning Start-Up (GR) 25 9:45 Exercise (GR) 10:15 Faith Break (GR) 11:00 Lunch Out to Texas Roadhouse (FL)(**) 1:30 Documentary: "Wolves at Our Door" (GR) 5:30 Comedy Night: Best of "Lawrence Welk" (GR)	9:30 Morning Start-Up (GR) 26 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hangman (GR) 2:00 Movie Matinee: "Gone with the Wind" Pt. 1 (GR)
1:00 Worship Service (GR) 27 2:00 Movie Matinee: "Gone with the Wind" Pt. 2	9:30 Morning Start-Up (GR) 28 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Bingo (GR) 3:00 Birthday Party with Mick Cochran: "Phantom of the Opera" (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 29 9:45 Exercise (GR) 10:30 Live Music with Adelynn Wood (GR) 1:00 Fun on the Go with Alec (GR) 1:00 Shopping at Walmart (FL)(**) 3:30 Focus Games (GR) 5:30 Resident's Choice Singalong	9:30 Morning Start-Up (GR) 30 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Crossword Puzzles (GR) 2:30 1:1 Cat Visits with Chester (CR)(**)	9:30 Morning Start-Up (GR) 31 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Halloween Costume Party (GR) <p style="text-align: right;"><i>Halloween</i> 🎃</p>	<p style="text-align: center;">Key</p> <ul style="list-style-type: none"> GR—Gathering Room OV—Orchard View FW—Freedom Way FL—Front Lobby L—Library DR—Dining Room CR—Conference Room ** — Sign-up Required <p style="text-align: center;"><i>Programs are subject to change</i></p>	



Night Flyers



As Halloween approaches, images of bats often flutter into our minds, adding a spooky touch to the season. However, there's much more to these fascinating creatures than their eerie reputation suggests. Let's explore some interesting facts, common myths, and the many benefits bats provide.

Bats are the only mammals capable of sustained flight, with over 1,400 species worldwide. They range in size from the tiny bumblebee bat, weighing less than a penny, to the large flying foxes with wingspans of up to six feet. Despite their diversity, bats share some common traits, such as echolocation, which allows them to navigate and hunt in the dark by emitting high-frequency sounds.

One common myth is that bats are blind. In reality, all bats can see, and many have excellent night vision. Another misperception is that bats are aggressive bloodsuckers. While vampire bats do exist, they are just three species out of more than a thousand, and they mainly feed on livestock, not humans.

Bats play crucial roles in ecosystems. They are natural pest controllers, consuming vast amounts of insects, including mosquitoes. A single bat can eat up to 1,000 mosquitoes in an hour! Additionally, fruit bats are vital pollinators and seed dispersers for many plants, including those that produce bananas, mangoes, and avocados.

Despite their benefits, bats face numerous threats, including habitat loss and diseases like white-nose syndrome. Conservation efforts are essential to protect these misunderstood animals.

As Halloween casts its spooky spell, remember that bats are more than just a symbol of the season. They are remarkable, beneficial creatures deserving our respect and protection. By dispelling myths and understanding their importance, we can better appreciate the incredible world of bats.

News From the Welcoming Committee

Please take some time at the beginning of each month to sign up in the lobby for programs that are marked on the calendar with a double asterisk (**) if you are planning on attending.



Personal Care Newsletter

Birthdays

Anna Mae Beddows

Ruth Bricker

Elsie Brenneman

Betty Amspacher

Mary Huffman

Ruth Bricker

Resident of the Month October 2024

Ruth Bricker was born October 18th on her family's farm near Glen Rock. She graduated from Codorus Township High School in 1947. Ruth met her husband, Paul, through her brother. They were married in 1952, and owned their own 20 acre farm.



After graduation, Ruth worked for a wire cloth plant, for Hobbs furniture factory in Glen Rock, and then at AMP, where she worked for almost 20 years.

Ruth has about 30 nieces and nephews from both her side and from her husband's side of the family. Paul had six siblings, and she had eight!

Ruth has a great love for animals, especially horses and cats, and also enjoys reading, and writing stories about her life on the farm. You may see her around participating in one of our exercise classes, playing BINGO, or attending a singalong! She moved to Zimmerman Place in June of 2023, and we couldn't be happier to have her here. When you see Ruth around, be sure to say, "Hello!", you will be glad you did!