

Resident Menu

2024 Week 1	Sunday July 14th	Monday July 15th	Tuesday July 16th	Wednesday July 17th	Thursday July 18th	Friday July 19th	Saturday July 20th
Breakfast	Hot Oatmeal Cheesy Scrambled Eggs Wheat Toast Grapes Granola and Yogurt Parfait	Hot Oatmeal Scrambled Eggs Wheat Toast Bacon Banana Pancakes	Cream of Wheat Waffle Fresh Fruit Cup Sliced Pears Denver Scrambled Eggs Wheat Toast	Hot Oatmeal Cheesy Scrambled Eggs Wheat Toast Grapes Yogurt and Granola Parfait	Cream of Wheat Texas French Toast Turkey Sausage Mini Danish Cubed Melon Baked Cheese Omelet	Hot Oatmeal Baked Omelet Fruit Muffin Breakfast Ham Orange Wedges Cinnamon Raisin French Toast	Cream of Wheat Blueberry Pancakes Bacon Sliced Peaches Egg and Cheese Muffin
Lunch	Beef Tips in Gravy and Mushrooms Mashed Potatoes Green and Yellow Squash Sherbet Baked Pollock in Lemon Butter	Baked Flounder in Lemon Butter Garden Wild Rice Steamed Peas Coconut Cake Boneless Breaded Pork Chop Basic Pork Gravy	Grilled Chicken Parmesan Penne Pasta Marinara Sauce Lemon Green Beans Lemon Cake Onion, Mushroom, and Gruyere Quiche	Roast Turkey Turkey Gravy Mashed Potatoes Bread Stuffing Roasted Brussel Sprouts Cubed Watermelon Pineapple Baked Ham	Chop Steak with Mushrooms Pierogies with Onions and Butter Lettuce Layer Salad Vanilla Ice Cream Cup Fried Shrimp Cocktail Sauce	Cilantro Grilled Chicken Parslied Potatoes Carrot Coins Apple Crisp Baked Ziti Wheat Dinner Roll	White Fish Polonaise Sour Cream and Chive Potatoes Parmesan Roasted Cauliflower Fresh Fruit Cup Chicken and White Bean Chili Corn Muffin
Dinner	Cream of Asparagus Tuna Melt on Wheat Baked Steak Fries Corn Sugar Cookies Hot Dog on a Bun	Vegetable Beef Soup Turkey Burger Seasoned Potato Wedges Fresh Broccoli Chocolate Pudding Grilled Pimento Cheese Sandwich	Split Pea Soup Roast Beef and Swiss on Pumpernickel Garnish: Lettuce, Tomato, and Onion Baked Potato Salad Diced Peaches Tuna Salad on White	Chicken Noodle Soup Fish Sandwich Tartar Sauce Summer Corn Salad Peach Cobbler Chicken Caesar Wrap	Black Bean Soup Italian Sausage Spinach Chocolate Cake with Peanut Butter Icing Broccoli and Cheese Pasta Casserole	Roasted Tomato Bisque Seafood Salad on a Croissant Chick Pea, Tomato, and Green Bean Salad Boston Cream Pie Turkey Club Sandwich	Mushroom Barley Soup Hot Pork Sandwich Baked Steak Fries Green Beans Cranberry Oatmeal Cookies Deluxe Burger

Milk, water and assorted hot and cold beverages available at every meal. Hot or cold sandwiches, soups and cottage cheese & a fruit plate are always available.