

Resident Menu

2024 Week 2	Sunday July 21 st	Monday July 22 nd	Tuesday July 23 rd	Wednesday July 24 th	Thursday July 25 th	Friday July 26 th	Saturday July 27 th
Breakfast	Hot Oatmeal Scrambled Eggs Hash Brown Triangle Banana Mixed Berry Fruit Cup Biscuit and Sausage Gravy	Hot Oatmeal Egg and Potato Bake Wheat Toast Fruit Cocktail Cheesy Scrambled Eggs Cinnamon Coffee Cake	Cream of Wheat Scrambled Eggs Wheat Toast Bacon Banana Pancakes	Hot Oatmeal Waffle Breakfast Sausage Sliced Pears Denver Scrambled Eggs Wheat Toast	Cream of Wheat Cheesy Scrambled Eggs Wheat Toast Grapes Yogurt and Granola Parfait	Hot Oatmeal Texas French Toast Turkey Sausage Link Mini Danish Cubed Melon Baked Cheese Omelet	Cream of Wheat Scrambled Eggs Hash Brown Triangle Mixed Berry Fruit Cup Biscuit and Sausage Gravy
Lunch	Country Braised Beef Tips Brown Rice Pilaf Snap Peas Pound Cake with Berries Smothered Pork Chop	Baked Crab Cake Roasted New Potatoes Roasted Asparagus Brownie with Caramel Bourbon Chicken	BBQ Pulled Beef Buttered Noodles Honey Glazed Carrots Wheat Bread w/ Butter Fresh Fruit Cup Spinach Egg Bake	Oven Fried Chicken Corn and Cheddar Casserole Caesar Salad Peach Crisp Loaded Baked Potato	Shepard's Pie Wax Beans with Pimento Cherry Pie Stuffed Shells Marinara Wheat Dinner Roll	Baked Stuffed Cod Basmati Rice Parsley Cauliflower Wheat Bread w/ Butter Blueberry Lemon Mousse Cake General Tso's Chicken	Herb Baked Chicken with Gravy Scalloped Potatoes Italian Romano Vegetable Blend Butterscotch Squares Three Cheese Lasagna Garlic Bread
Dinner	Minestrone Soup Hot Turkey Sandwich Turkey Gravy Mashed Potatoes Green & Yellow Squash Fruited Red Gelatin Parfait Vegetable Cheese Strata Tossed Salad	Italian Wedding Soup Chicken Salad on a Bun Green Pea Salad Mandarin Oranges Fresh Fruit and Cheese Plate Plain Muffin	Tuscan Bean and Tomato Soup Fish and Chips Zucchini Parmesan Chocolate Pudding Cake Italian Hoagie Baked Steak Fries	Cream of Celery Soup Broccoli and Mushroom Vegetarian Stir Fry Steamed Rice Cubed Watermelon Turkey Croquettes	French Onion Soup Cheeseburger Baked Beans Country Tomato Salad Citrus Gelatin Parfait Chef Salad Dinner Roll	Lentil Soup Egg Salad Sandwich Pickled Beets with Onions Oatmeal Raisin Cookies Hotdog on a Bun	Chicken Vegetable Soup Battered Cod Sweet Potato Fries Sautéed Mixed Greens Ambrosia Salad Corn Bread Black Beans and Rice

Milk, water and assorted hot and cold beverages available at every meal. Hot or cold sandwiches, soups and cottage cheese & a fruit plate are always available.