# SpiriTrust Lutheran <br> The Village at Shrewsbury 

Resident Menu

| $2024$ <br> Week 3 | Sunday <br> July $28^{\text {th }}$ | Monday <br> July 29 ${ }^{\text {th }}$ | Tuesday <br> July $30^{\text {th }}$ | Wednesday July $31^{\text {st }}$ | Thursday August $1^{\text {st }}$ | Friday August $2^{\text {nd }}$ | Saturday August $3^{\text {rd }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Hot Oatmeal Blueberry Pancakes Bacon Sliced Peaches <br> Egg and Cheese Muffin | Hot Oatmeal Baked Omelet Fruit Muffin Orange Wedges <br> Cinnamon Raisin French Toast | Cream of Wheat Egg and Potato Bake <br> Wheat Toast <br> Fruit Cocktail <br> Cheesy Scrambled Eggs <br> Cinnamon Coffee Cake | Hot Oatmeal Scrambled Eggs <br> Wheat Toast Bacon Banana Pancakes | Cream of Wheat Waffle <br> Breakfast Sausage Sliced Pears <br> Denver Scrambled Eggs Wheat Toast | Hot Oatmeal Cheesy Scrambled Eggs Wheat Toast Grapes <br> Yogurt and Granola Parfait | Cream of Wheat Texas French Toast Turkey Sausage Link Mini Danish Cubed Melon <br> Baked Cheese Omelet |
| $\begin{aligned} & \text { 들 } \\ & \frac{1}{3} \end{aligned}$ | Caribbean BBQ Pork Dirty Rice Brown Squash Medley Lemon Meringue Pie <br> Stuffed Cabbage Roll | Chicken Parmesan Penne Pasta Spaghetti Sauce Summer Blend Vegetables Honeydew Shrimp Po’boy | Baked Fish with Dill Sauce <br> Roasted New Potatoes Spinach Cinnamon Applesauce <br> Kielbasa | Citrus Roasted Pork <br> Sweet Potato <br> Fresh Broccoli <br> Wheat Bread w/ Butter Caramel Bread Pudding <br> Spring Vegetable Alfredo | Baked Cod Risotto Carrot Coins Sugar Cookie <br> Chicken Ricotta | Roast Beef <br> Beef Gravy <br> Mashed Potatoes Succotash Blondie Square <br> Hot Pork Sandwich | Shrimp and Pineapple <br> Stir Fry <br> Steamed Rice <br> Marinated Cucumbers Cheesecake <br> Cheese Pizza |
| $\begin{gathered} \text { 늘 } \\ \frac{1}{C} \\ \hline \end{gathered}$ | Cream of Potato Soup Roast Beef and Swiss on Rye <br> Coleslaw <br> Fresh Cantaloupe <br> Chicken Noodle Casserole <br> Wheat Dinner Roll | Vegetable Chowder Chicken Salad Fruit Plate <br> Baked Potato w/ Sour Cream and Butter Coconut Cake <br> Grilled Monte Cristo | Turkey Noodle Soup Open Faced Roast Beef Sandwich <br> Beef Gravy <br> Tater Tots <br> Peas and Pearl Onions Ice Cream Sandwich <br> Crispy Chicken Sandwich <br> Lettuce, Tomato, Pickle | Beef Orzo Soup Tuna Melt Casserole Tossed Salad Brownie <br> Turkey Burger Seasoned Potato Wedges | Cream of Broccoli Soup Hamburger on a Bun Lettuce, Tomato, Pickle Greek-Style Picnic Salad Pineapple Whip <br> Macaroni and Cheese Stewed Tomatoes | Vegetable Soup Fried Haddock Sandwich Coleslaw Cherry Delight Bar <br> Chicken Enchilada Casserole | Beer Cheese Soup Grilled Turkey and Swiss Sandwich Hot German Potato Salad Corn <br> Fruited Gelatin Salad <br> Broccoli and Cheese Pasta Casserole |

Milk, water and assorted hot and cold beverages available at every meal. Hot or cold sandwiches, soups and cottage cheese $\&$ a fruit plate are always available.

