

SPECIAL EVENTS

- **August 1st Lunch Out "Atland House" (Abbottstown, PA) 10:45 am**
- **August 2nd Virtual Voyager "Budapest, Hungary" (Clubhouse) 2:00 pm** August's destination: Budapest, Hungary's capital, is a city of stunning architecture and rich history, split by the Danube River into Buda and Pest. Budapest is known for its thermal baths, historic castles, and vibrant cultural scene.
- **August 5th Water Balloon Toss (Clubhouse) 2:00 pm** Participants will take turns to catch water balloons from various distances, aiming to keep them intact without bursting them. Prizes for the winning team!
- **August 6th Greenmount Bowl "Duckpin Bowling" & Ice Cream (Hampstead, MD) 12:15 pm** Reminisce a little and enjoy an afternoon of duckpin bowling and ice cream after at a local creamery. **Cost: TBD**
- **August 8th Be Well Kitchen "Greek Veggie & Cheese Penne Pasta" (Clubhouse) 2:00 pm** Join Mark Simms for a cooking demonstration and sample after the demonstration.
- **August 9th The Belmont Theatre "The 25th Annual Putnam Spelling Bee" (York, PA) 6:30 pm.** An eclectic group of six mid-pubescents (adult actors) vie for the spelling championship of a lifetime. While candidly disclosing hilarious and touching stories from their home lives, the tweens spell their way through a series of (potentially made-up) words, hoping never to hear the soul-crushing, pout-inducing, life un-affirming "ding" of the bell that signals a spelling mistake. **Cost: \$27.00 (group price)**
- **August 10th Valencia Ballroom "Inspire Big Band" (York, PA) 6:15 pm** Inspire Big Band is a traditional big band that plays Jazz Swing, Blues, Bop, and Funk. Experience the vibrant energy of a dynamic ensemble dedicated to captivating audiences with powerful big band performances. **Cost: FREE**
- **August 12th Great Discussions "What we don't know about hearing aids" (Clubhouse) 2:00 pm** For most people it's not a matter of if, but when, they will lose some sense of hearing. Still, we don't give hearing loss or hearing aids much thought until it happens to us--or someone we know. The good news is that modern technology continues to bring us new, sometimes hidden, and often unknown features that can help those with hearing loss overcome more of their hearing challenges. Juliëtte Sterkens, AuD, is an audiologist with forty years of experience in hearing rehabilitation turned consumer advocate with the Hearing Loss Association of America. Participants will view a TED Talk followed by an interactive question and answer session.
- **August 13th Lake Tobias (Halifax, PA) 8:45 am** Enjoy Lake Tobias Wildlife Park's 150-acre wildlife park and zoo in Central Pennsylvania. Encounter giraffes, tigers, zebras, baboons, ostriches, gibbons, kangaroos, and lions and enjoy a safari tour in an open bus that will take you around the grounds where you can hand feed wildlife such as bison, water buffalo, yak, eland, and watusi strolling right next to you. **Cost: \$19.00**
- **August 14th Ice Cream Social (Clubhouse) 1:00 pm** Scoops and toppings served up for a fun filled gathering with friends.
- **August 19th Pizza & Movie "Fried Green Tomatoes" (Clubhouse) 5:00 pm** "Fried Green Tomatoes" is a drama film that intertwines the lives of two women in 1980s Alabama. Evelyn (Kathy Bates), an unhappy housewife, befriends Ninny (Jessica Tandy), an elderly woman, who tells her the story of a deep friendship between Idgie and Ruth in the 1920s. Their tales inspire Evelyn to change her life. Rated PG-13
- **August 20th National Lemonade Day (Clubhouse & ZP) Free All Day**
- **August 20th Dinner Out "Casa Mia's" (Parkton, MD) 4:00 pm**
- **August 21st American Visionary Museum (Baltimore, MD) 9:00 am** American Visionary Art Museum specializes in original thematic exhibitions that seamlessly combine art, science, philosophy, humor and especially social justice and betterment. Residents will enjoy a guided tour of collection highlights. **Cost: \$12.00 for a group of 10 or more or \$13.95 for group less than 10**
- **August 23rd National Cuban Sandwich Day (Clubhouse) 4:30 pm** This day commemorates the traditional Cuban sandwich, which has been around since the 1800s. The sandwich consists of ham, pork, Swiss cheese, dill pickles, and mustard between two slices of crispy bread. **Cost: \$9.20**
- **August 28th Grilled Steak Night (Clubhouse) 5:00 pm** Join residents for Grilled Steak Night, featuring grilled ribeye steak, garden salad, baked potato, broccoli & chef's dessert. **Cost: \$15.00**
- **August 29th Baltimore Street Car Museum (Baltimore, MD) 8:45 am** Take a ride down memory lane and learn the story of Baltimore's transit past. Enjoy a combination of exhibits and displays and take a streetcar ride on an authentic Baltimore streetcar. The museum offers visitors a compelling sense of how previous generations traveled throughout the growing metropolis of Baltimore. **Cost: \$13.00**



Lifestyle

Newsletter

August 2024

AUGUST IN HISTORY

- ❖ **August 1, 1774 - Joseph Priestley Discovers Oxygen Gas** Priestley isolates oxygen, revolutionizing chemistry and medicine.
- ❖ **August 2, 1776 - Signing of the Declaration of Independence** Continental Congress officially signs the Declaration of Independence.
- ❖ **August 3, 1492 - Columbus Sets Sail for the New World** Columbus departs Spain, beginning his first voyage westward.
- ❖ **August 5, 1962 - Death of Marilyn Monroe** Iconic actress Marilyn Monroe found dead in her home.
- ❖ **August 6, 1945 - Atomic Bomb Dropped on Hiroshima** First atomic bomb used in warfare devastates Hiroshima, Japan.
- ❖ **August 8, 1974 - Nixon Announces Resignation** President Richard Nixon resigns amid Watergate scandal.
- ❖ **August 11, 1999 - Last Total Solar Eclipse of the Millennium** Total solar eclipse visible across Europe and Asia.
- ❖ **August 12, 1981 - IBM Introduces the First Personal Computer** IBM launches its first PC, revolutionizing personal computing.
- ❖ **August 13, 1961 - Construction of the Berlin Wall Begins** East Germany starts building the Berlin Wall, dividing Berlin.
- ❖ **August 14, 1947 - Pakistan Gains Independence from British Rule** Pakistan becomes an independent nation, separating from India.
- ❖ **August 16, 1977 - Death of Elvis Presley** Rock 'n' roll legend Elvis Presley passes away at Graceland.
- ❖ **August 18, 1920 - 19th Amendment Ratified** Women in the U.S. gain the right to vote.
- ❖ **August 21, 1959 - Hawaii Becomes the 50th U.S. State** Hawaii is officially admitted as the 50th state of the USA.
- ❖ **August 24, 79 AD - Eruption of Mount Vesuvius** Vesuvius erupts, burying Pompeii and Herculaneum in ash.
- ❖ **August 28, 1963 - Martin Luther King Jr.'s "I Have a Dream" Speech** King delivers iconic civil rights speech in Washington, D.C.
- ❖ **August 29, 2005 - Hurricane Katrina Hits New Orleans** Devastating hurricane causes widespread destruction and flooding.
- ❖ **August 31, 1997 - Death of Princess Diana** Princess Diana dies in a car crash in Paris.



Jack Lloyd 8/1

Pam Wilson 8/8

Pamm Zimmerman 8/10

Betty Jo Sibol 8/12

Linda Smith 8/14

Beverly Smith 8/20

Sandy Severn 8/22

Colleen Rice 8/23

Nancy Munch 8/25



Tom & Carol Howie
8/26

John & Mary Jane Ward
8/27



The following programs are regularly scheduled on a weekly basis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Communion Service (ZP)(GR)	3:00 Wii Bowling & Ping Pong (CH)	10:00 Move! (CH) 11:00 Blood Pressure Clinic (WS) 1:00 Pinochle (CH)	8:30 Shopping @ Giant (OFF) 2:00 Cribbage (CH)	9:15 Saubel's / Bank Run (OFF) 10:00 Move! (CH)	3:00 Wii Bowling & Ping Pong (CH)	

AUGUST 2024

Additional programs & events scheduled for the month of August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Program additions or changes since catalog was published are in bold . Program offerings are subject to change.	KEY: ** - Registration Required OFF - Off Campus ZP - Zimmerman Place CD - Closing Date CR - Conference Room	\$\$ - Cost CH - Clubhouse WS - Wellness Suite BJE - Skilled Care GR - Gathering Room	1 10:45 Lunch Out "Atland House" ** (OFF) CD 7/31	2 9:15 Walmart (OFF) 10:00 Painting 201 (CH) 2:00 Virtual Voyager "Budapest, Hungary" ** (CH) CD 8/1	3
4	5 11:00 Board Game Day ** (CH) 2:00 Water Balloon Toss ** (CH) CD 8/4	6 10:15 RLA Board Meeting (CH) 12:15 Greenmount Bowl "Duckpin Bowling" & Ice Cream ** (OFF) \$\$ CD 8/5	7 1:00 Trivia with Friends (CH) CD 8/6	8 1:00 Library (OFF) 2:00 Be Well Kitchen "Greek Veggie & Cheese Penne Pasta" ** (CH) CD 8/1	9 6:30 The Belmont Theatre "The 25 th Annual Putnam Spelling Bee" ** (OFF) \$\$ CD 8/1	10 10:30 Catholic Mass (GR)(ZP) 6:00 Inspire Big Band ** (OFF) FREE CD 8/5
11	12 2:00 Great Discussions "What we don't know about hearing aids" ** (CH) CD 8/11 6:30 Genealogy Group (CH)	13 8:45 Lake Tobias ** (OFF) \$\$ CD 8/6	14 1:00 Service Project "SYC Pantry Donations" ** (CH) CD 8/13 1:00 Ice Cream Social ** (CH) CD 8/13	15 1:00 Technology Skills Sharing & Learning (CH) 4:00 Cocktails & More ** (CH) CD 8/14	16 10:00 Painting 201 (CH)	17
18	19 11:00 Board Game Day ** (CH) 2:00 Dining Committee Meeting (CH) 5:00 Pizza & Movie "Fried Green Tomatoes" ** (CH) \$\$ CD 8/16	20 National Lemonade Day (CH) Free All Day 2:00 Social Life Committee Meeting (CH) 4:00 Dinner Out "Casa Mia's" ** (OFF) CD 8/16	21 9:00 American Visionary Museum ** (OFF) CD 8/14 10:00 Stitch Witchery (CH)	22 1:00 Library (OFF) 1:00 Town Hall Meeting (CH)	23 1:00 Bingo ** (CH) CD 8/22 4:30 National Cuban Sandwich Day ** (CH) \$\$ CD 8/22	24
25	26 10:00 Men at Ten ** (OFF) CD 8/24 1:30 Book Club (CH) 6:30 Genealogy Group (CH)	27 5:00 Birthday Dinner ** (CH) \$\$ CD 8/20	28 1:00 Craft Corner "Tile Photo Coasters" ** (CH) CD 8/26 5:00 Grilled Steak Night ** (CH) \$\$ CD 8/23	29 8:45 Baltimore Street Car Museum ** (OFF) \$\$ CD 8/22	30	31