

SPECIAL EVENTS

July 3rd 4th of July Picnic (Clubhouse) 4:30 pm - 6:30 pm Enjoy hamburgers and hot dogs, picnic sides, and watermelon. **Cost: \$9.20**

July 5th Virtual Voyager "Nice, France" (Clubhouse) 2:00 pm Julys' destination will be, Nice, France. Located on the French Riviera, is renowned for its stunning Mediterranean coastline, vibrant cultural scene, and historic old town. Famous for the Promenade des Anglais, its beautiful beaches, and rich culinary traditions, Nice blends French and Italian influences, offering a unique and picturesque destination for travelers.

July 8th Great Discussions "The power of a pet" (Clubhouse) 2:00 pm Dr. Rustin Moore tells us about zoeyia which includes the power of the human-animal bond and the benefits of having a pet. Dr. Rustin Moore is the dean and Ruth Stanton Chair of Veterinary Medicine in the Ohio State College of Veterinary Medicine (CVM). Participants will view a TED Talk followed by an interactive question and answer session.

July 9th Lititz Moravian Church Tour (Lititz, PA) 8:45 am Charles Best will lead a guided tour of the historic Moravian Church in Lititz, Pennsylvania. Discover its rich history, stunning architecture, and the unique traditions of the Moravian community. Explore the beautifully preserved sanctuary and learn about the church's role in the town's heritage. Perfect for history enthusiasts and architecture lovers. **Cost: \$5.00**

July 11th Be Well Kitchen "Watermelon Pizza & Ginger Mint Tea" (Clubhouse) 2:00 pm

July 12th Scott Mingus "The Lincoln Funeral Train" (Clubhouse) 1:00 pm Welcome Scott Mingus, Civil War author & lecturer as he presents a talk about The Lincoln Funeral Train. From April 21 to May 3, 1865, the funeral train carrying the bodies of Abraham Lincoln and his son Willie traveled more than 1,600 miles through more than 400 communities, with stops in several major cities where Lincoln lay in state as tens of thousands of mourners passed by the ornate coffin.

July 15th Pizza & Movie "About Schmidt" (Clubhouse) 5:00 pm "About Schmidt" is a drama-comedy film that follows Warren Schmidt (Jack Nicholson), a recently retired insurance salesman, as he embarks on a journey of self-discovery. After his wife's sudden death, he travels across the country in an RV to attend his estranged daughter's wedding, confronting his past and seeking meaning in his life. Rated R. **Cost: \$5.00**

July 17th Sounds of Summer "US Navy Band" Springettsbury Township Park (York, PA) 6:00 pm As the U.S. Navy's premier rock ensemble, the Cruisers feature seven of the Navy's most dynamic performers. Featuring a variety of music ranging from classic rock to rhythm & blues as well as today's top 40 hits. This is an outdoor concert, please bring a folding chair.

July 23th Terra Farms (Spring Grove, PA) 9:00 am York County's premier cut flower farm! Visit and take home a beautiful, handpicked or pre-cut, all natural bouquet of locally grown flowers.

July 26th Dutch Apple Theatre "The Sound of Music" (Lancaster, PA) 5:15 pm Follow Maria, the high-spirited nun, sent from her convent to be the governess to seven unruly children of a strict father, Captain Von Trapp. The timeless score includes "Do-Re-Mi", "My Favorite Things", "Climb Every Mountain", "Sixteen Going on Seventeen", "Edelweiss", and "The Sound of Music. Dinner will be buffet style at the theatre. **Cost: \$78 (group price)**

July 30th Chris Boyle "Miscellaneous Local History" (Clubhouse) 3:00 pm Take a trip down memory lane and reminisce with friends during this retelling of local history.

July 31st William C. Goodridge Freedom Center & Underground Railroad Museum Tour (York, PA) 9:00 am The former home of York businessman, William Goodridge, is now the William C. Goodridge Freedom Center and Underground Railroad Museum. Goodridge was born into slavery in Baltimore in 1806 and eventually became one of York's most successful businessmen by the 1850s. He is best known for being a vocal abolitionist and an active stationmaster within the Underground Railroad, helping to smuggle slaves to freedom through his properties and actual railroad shipping line. Visitors to the Goodridge Freedom Center can view the secret room where Goodridge hid runaway slaves until he could move them to freedom or the next station. **Cost: \$10.00**

SpirTrust Lutheran
The Village at Shrewsbury



Lifestyle

Newsletter

July 2024



Mike Sibol 7/2

Tom Howie 7/3

Joan Slater 7/3

Marlaine Helfenbein 7/3

Melody Jenkins 7/6

Carol Howie 7/25

Floyd Stollsteimer 7/26

Loren Deckard 7/27

Loretta Thomas 7/29



Charlie & Joan
Lombardo 7/9

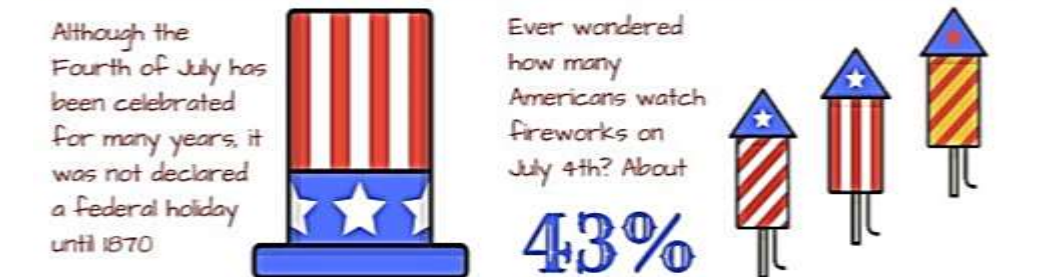
Richard Atkinson & Sue
Turner 7/15

Mike & Lorraine Lucas
7/29

Fourth of July Fun Facts



A total of **\$6.77 Billion** is spent on food just for our nation's birthday!



There have been 27 different official U.S. flags throughout history




The following programs are regularly scheduled on a weekly basis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Communion Service (ZP)(GR)	3:00 Wii Bowling & Ping Pong (CH)	9:30 Move! (CH) 1:00 Pinochle (CH) 11:00 Blood Pressure Clinic (WS)	8:30 Shopping @ Giant (OFF) 2:00 Cribbage (CH)	9:15 Saubel's / Bank Run (OFF) 1:00 Sing Along with Joan (ZP) 9:30 Yoga (CH)	3:00 Wii Bowling & Ping Pong (CH)	

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Additional programs & events scheduled for the month of July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:00 Board Game Day **(CH) 6:30 Genealogy Group (CH)	2 10:15 RLA Board Meeting (CH) 3:45 Dinner Out "Carson's Creekside Restaurant" **(OFF) CD 6/28	3 10:00 Flower & Garden Club "Garden Tour" **(CH) CD 7/1 2:00 Trivia with Friends (CH) CD 7/2 4:30 – 6:30 July 4th Picnic **(CH)\$\$ CD 6/30	4 	5 9:15 Walmart (OFF) 10:00 Painting 201 (CH) 2:00 Virtual Voyager "Nice, France" **(CH) CD 7/4	6
7	8 2:00 Great Discussions "The power of a pet" **(CH) CD 7/7	9 8:45 Lititz Moravian Church Tour **(OFF)\$\$ CD 7/2 9:00 Podiatry **(North Hall Spa Room)(ZP)(GR)	10 1:00 Service Project "Bingo Prize Donation for PC" **(CH) CD 7/9	11 1:00 Library (OFF) 2:00 Be Well Kitchen "Watermelon Pizza & Ginger Mint Tea" **(CH) CD 7/4	12 1:00 Scott Mingus "Lincoln Funeral Train" **(CH) CD 7/11	13 10:30 Catholic Communion Service (GR)(ZP)
14	15 11:00 Board Game Day **(CH) 2:00 Dining Committee Meeting (CH) 5:00 Pizza & Movie "About Schmidt" **(CH)\$\$ CD 7/12 6:30 Genealogy Group (CH)	16 11:00 Lunch Out "Woodfire Kitchen" **(OFF) CD 7/12 2:00 Social Life Committee Meeting (CH)	17 10:00 Stitch Witchery (CH) 2:00 Residential Living Association Meeting (CH) 6:00 Sounds of Summer "US Navy Band" Springettsbury Township Park **(OFF) CD 7/10	18 1:00 Technology Skills Sharing & Learning (CH) 4:00 Cocktails & More **(CH) CD 7/17	19 9:30 Wii Bowling Shrewsbury vs. Kelly (CH)	20
21 2:00 – 4:00 National Ice Cream Day **(ZP)(GR)\$\$ CD 7/19	22 1:00 Bingo **(CH) CD 7/21	23 9:00 Terra Farms **(OFF) CD 7/19	24 1:00 Craft Corner "Decorative Plant Markers" **(CH) CD 7/22	25 1:00 Library (OFF) 5:00 Gourmet Burger Day **(CH)\$\$ CD 7/18	26 5:15 Dutch Apple Theatre "The Sound of Music" **(OFF)\$\$ CD 7/5	27
28	29 1:30 Book Club (CH) 6:30 Genealogy Group (CH)	30 10:00 Men at Ten **(OFF) CD 7/29 3:00 Chris Boyle "Miscellaneous Local History" **(CH) CD 7/29	31 9:00 William C. Goodridge Freedom Center & Underground Railroad Museum Tour **(OFF)\$\$ CD 7/24	Program additions or changes since catalog was published are in bold . Program offerings are subject to change.	KEY: ** – Registration Required OFF – Off Campus ZP – Zimmerman Place CD – Closing Date CR – Conference Room	\$\$ – Cost CH – Clubhouse WS – Wellness Suite BJE – Skilled Care GR – Gathering Room