

## SPECIAL EVENTS

**March 6<sup>th</sup> Taste of Mardi Gras (Clubhouse) 4:00 pm** Enjoy cocktails and more, along with a taste of Mardi Gras- jambalaya dip, crab dip, BBQ grape meatballs, New Orleans baked wings, and Mardi Gras spicy shrimp. **Cost: \$10.50**

**March 8<sup>th</sup> York Symphony Orchestra: "Defiant Requiem: Verdi at Terezín" (York, PA) 6:15 pm** Giuseppe Verdi explores the harrowing voyage toward judgment day in the Messa da Requiem. The mix of the solemn and then overjoyed chorus blends with the striking symphony leaving an overpowering emotional impression. Defiant Requiem: Verdi at Terezín tells the story of the courageous Jewish prisoners in the Theresienstadt Concentration Camp (Terezín) during World War II, who performed Verdi's Requiem while experiencing the depths of human degradation. The concert-drama film combined with live orchestra of Verdi's magnificent music highlights video testimony from survivors of the original Terezín chorus and footage from the 1944 Nazi propaganda film about Theresienstadt. **Cost: \$11**

**March 10<sup>th</sup> Alzheimer's Disease Presentation with Christina Anderson (Clubhouse) 10:00 am** Did you know Alzheimer's Disease affects 5-6% of the US population (approximately 5 million Americans) and by 2040 it is estimated that 81 million people in the US will be diagnosed with Alzheimer's Disease. Let's take a look at into this disease and review the symptoms and causes.

**March 10<sup>th</sup> Great Discussions: "How To Eliminate Self Doubt Forever & The Power of Your Unconscious Mind" (Clubhouse) 2:00 pm** Why do seemingly intelligent people procrastinate? Are there really hidden patterns and belief systems within us that conspire against our best intentions? In this talk, human behavior expert, Peter Sage, exposes some of the hidden reasons and unconscious patterns that cause us to self-sabotage and explains what we can do to change them.

**March 13<sup>th</sup> McFadden Art Glass (Baltimore, MD) 8:45 am** McFadden Art Glass is a custom glassblowing studio and art school focused on different approaches to glass making. It opened its doors in 2006, with a staff of one, Tim McFadden. Tim's hard work and perseverance has grown his small business to what it is today. McFadden Art Glass expanded in 2016 by building a new adjoining studio allowing for more production work to be made and larger groups can now access the space for interactive events. We will have the opportunity to make our own glass artwork, or you can choose to simply observe the process. **Cost: \$40.00 to make your own artwork**

**March 17<sup>th</sup> Garrett-Jacobs Mansion Tour (Baltimore, MD) 9:45 am** Welcome to the prestigious and historic Garrett-Jacobs Mansion, the crown jewel of Baltimore's gilded age and the home of The Engineering Society of Baltimore. The Mount Vernon landmark epitomizes the early nineteenth-century architecture of elegance, opulence and grandeur. The Engineering Society of Baltimore is dedicated to the care and maintenance of its illustrious history as one of Baltimore's most distinctive historic homes. **Cost: \$15**

**March 17<sup>th</sup> St. Patrick's Day Dinner (Clubhouse) 5:00 pm** Come enjoy a festive Irish-themed dinner of cabbage soup, Irish bangers, mashed potatoes, peas, pistachio pudding salad. **Cost: \$20**

**March 24<sup>th</sup> Civil War Murder Mysteries of York County with Scott Mingus (Clubhouse) 1:00 pm** Four interesting murder stories from York County, PA – a Louisiana Confederate soldier, a Union courier, a dead man in a field, and the killing of a black Confederate slave. Whodunnit?

**March 24<sup>th</sup> Pizza & Movie "A Little Chaos" (2014) (Clubhouse) 5:00 pm** A female landscape gardener is awarded the esteemed assignment to construct the grand gardens at Versailles, a gilt-edged position which puts her in the center of the court of King Louis XIV, where secrets and sadness are buried beneath the glamour. (Rated R) **Cost: \$5.00**

 **SpiriTrust Lutheran**  
The Village at Shrewsbury



# Lifestyle

## Newsletter

March 2025



**Bob Smith**

**Mary Jane Ward**

**Joyce Newcomer**

**John Freeze**

**Beth McKibbin**

**Don Lentz**

**Pete Cuttino**

**Edgar Riley**

**Sandy Teague**

**Sue Turner**

Hello Village Cottage Residents!

My name is Sherry Openshaw. I am so excited to be your new Life Enrichment Leader! I'm looking forward to meeting and getting to know everyone! I have worked as a private caregiver for over 20 years. I'm originally from a little town in North Carolina by the name of Beans Creek. I have lived in White Hall, MD for over 25 years. My husband and I have raised three sons, which are now grown. We have two grandchildren and let me tell you they are the light of our lives! My husband and I enjoy spending our spare time with our family, listening to bluegrass/old country music, and taking short trips when we can. Please feel free to stop by throughout the next few days to say hello!



**The following programs are regularly scheduled on a weekly basis**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Communion Service (ZP)(GR)	3:00 Wii Bowling & Ping Pong (CH)	10:00 Move! (CH) 11:00 Blood Pressure Clinic (WS) 1:00 Pinochle (CH) 3:00 Exercise with Alec (CH)	9:00 Shopping @ Giant (OFF) 2:00 Cribbage (CH)	9:00 Saubel's / Bank Run (OFF) 10:00 Move! (CH) 1:00 Sing Along with Joan (ZP)	9:00 Bible Study (CH) 3:00 Wii Bowling & Ping Pong (CH)	

**Additional programs & events scheduled for the month of March**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Program additions or changes since catalog was published are in <b>bold</b> . Program offerings are subject to change.	<b>KEY:</b> ** - Registration Required OFF - Off Campus ZP - Zimmerman Place <b>CD</b> - Closing Date GR - Gathering Room	<b>\$\$</b> - Cost <b>CH</b> - Clubhouse <b>WS</b> - Wellness Suite <b>CR</b> - Conference Room			<b>1</b>
<b>2</b>	<b>3</b> 11:00 Board Game Day (CH) 1:00 Meet & Greet with Sherry (CH)	<b>4</b> 10:15 RL Board Meeting (CH) 11:00 Lunch Out to Illiano's J&P Restaurant <b>** (OFF) CD 2/28</b>	<b>5</b> <b>10:00 Flower &amp; Garden Club Planning Session (CH)</b> 1:00 Trivia with Friends <b>** (CH) CD 3/3</b>	<b>6</b> 1:00 Library (OFF) <b>4:00 Taste of Mardi Gras and Cocktails &amp; More <b>** (CH) \$\$ CD 2/28</b></b>	<b>7</b> 9:15 Walmart (OFF) 10:00 Painting 201 (CH) 2:00 Virtual Voyager "Dublin, Ireland" <b>** (CH)</b>	<b>8</b> 10:00 Catholic Mass (GR)(ZP) <b>6:15 YSO: Defiant Requiem: Verdi at Terezín <b>** (OFF) CD 3/5</b></b>
<b>9</b>	<b>10</b> 10:00 Alzheimer's Disease Presentation <b>** (CH)</b> 2:00 Great Discussions "How To Eliminate Self Doubt Forever" <b>** (CH)</b>	<b>11</b>	<b>12</b> 1:00 Service Project "Motivational Cards for College Students" <b>** (CH) CD 3/10</b>	<b>13</b> 8:45 Trip to McFadden Art Glass <b>** (OFF) \$\$ CD 3/6</b> 2:00 Chemistry of Cooking: Caesar Salad & Homemade Dressing <b>** (CH) CD 3/7</b>	<b>14</b> 3:00 Live Music with Sweet Life <b>** (CH) CD 3/12</b>	<b>15</b>
<b>16</b>	<b>17</b> 9:45 Garrett-Jacobs Mansion Tour <b>** (OFF) \$\$ CD 3/12</b> 11:00 Board Game Day (CH) 5:00 St. Patrick's Day Dinner <b>** (CH) \$\$ CD 3/10</b>	<b>18</b> 2:00 Social Life Committee Meeting (CH)	<b>19</b> 10:00 Stitch Witchery (CH) 2:00 Residential Living Association Meeting (CH)	<b>20</b> 1:00 Library (OFF) 1:00 Technology Skills Sharing & Learning (CH) 4:00 Cocktails & More <b>** (CH) CD 3/17</b>	<b>21</b> 10:00 Painting 201 (CH)	<b>22</b>
<b>23</b>	<b>24</b> 1:00 "Civil War Murder Mysteries of York County" with Scott Mingus <b>** (CH)</b> 5:00 Pizza & Movie "A Little Chaos" <b>** (CH) \$\$ CD 3/21</b>  <b>30</b> 1:30 Book Club (CH) <b>31</b>	<b>25</b> 10:00 Men at Ten <b>** (OFF) CD 3/21</b> 11:00 Lunch Out to First Watch <b>** (OFF) CD 3/21</b> 2:00 Dining Committee Meeting (CH)	<b>26</b> 1:00 Craft Corner "Pressed Flower Bookmarks" <b>** (CH) CD 3/19</b>	<b>27</b>	<b>28</b> 10:30 Bingo <b>** (CH) CD 3/19</b>	<b>29</b>

