

The Weekly Update

Residential Living | February 2nd, 2025– February 8th, 2025

Upcoming Programs & Events:

- 2/2 — Communion Service 1:00 pm
- 2/3 — Board Game Day 11:00 am
- 2/3 — Wii Bowling & Ping Pong 3:00 pm
- 2/4 — Move! 10:00 am
- 2/4 — Lunch Out to Fiesta Mexico 11:00 am **Closing date 2/3**
- 2/4 — Pinochle 1:00 pm
- 2/4 — Exercise with Alec 3:00 pm
- 2/5 — Trivia with Friends 1:00 pm
- 2/5 — Cribbage 2:00 pm
- 2/6 — Move! 10:00 am
- 2/6 — Heart Health Presentation with Steve Bell 1:00 pm
- 2/7 — Bible Study 9:00 am
- 2/7 — Shopping at Walmart 9:15 am
- 2/7 — Painting 201 10:00 am
- 2/7 — Virtual Voyager: “Verona, Italy” 2:00 pm
- 2/7 — Wii Bowling & Ping Pong 3:00 pm
- 2/8 — Catholic Mass 10:00 am (ZP Gathering Room)
- 2/8 — YSO: “A Night at the Oscars” 6:15 pm **Closing date 2/5**

Important Information:

- **Live Music with Silver63** — By special request, we will be serving ice cream floats during our 1:00 live music on Valentine’s Day!
- **Valentine’s Day Dinner** — As a reminder, if you are planning on attending our Valentine’s Dinner, please make sure that you sign up by the end of the day on Friday. Our dining department will need a final head count by this time. Thank you!!

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- **Café Specials** — This week, get a side of Tater Tots for 3.00. February 3rd Food Show Case item is Sweet Potato Casserole for \$3.50.
- **Heart Health Presentation** — This presentation with Steve Bell, Rehab Supervisor for SpiriTrust Lutheran Home Care and Hospice, will provide tips on what you can do to improve your heart health and what to expect when recovering after surgery. Learn more about cardiac rehab and the transition from inpatient hospital care to the outpatient setting.

CAFÉ DINNER MENU

Please sign up by 1:00 pm the day
of unless otherwise noted

Monday, February 3

Soup of the Day
Open Face Hot Pork Sandwich
Mashed Potatoes
Peas
Dessert of the Day
10.50

Tuesday, February 4

Taco Tuesday
Ground Beef and Chicken
Side Salad
Mexican Rice
Dessert of the Day
10.50

Wednesday, February 5

Soup of the Day
Grilled Chicken
Mashed Sweet Potatoes
Vegetable of the Day
Dessert of the Day
10.50

Thursday, February 6

Soup of the Day
Hot Pastrami Sandwich
French Fries
Coleslaw
Dessert of the Day
10.50

Friday, February 7

Grilled Salmon
Side Salad
White Rice
Roasted Asparagus
Dessert of the Day
14.00