

The Weekly Update

Residential Living | February 9th, 2025– February 15th, 2025

Upcoming Programs & Events:

- 2/9 — Communion Service 1:00 pm
- 2/10 — Arthritis Facts Presentation 10:00 am
- 2/10 — Great Discussions: “Why Do You Like Your Favorite Songs?” 2:00 pm
- 2/10 — Wii Bowling & Ping Pong 3:00 pm
- 2/11 — Lindt Chocolate Factory Tour 9:00 am **Closing date 2/6**
- 2/11 — Move! 10:00 am
- 2/11 — Pinochle 1:00 pm
- 2/11 — Exercise with Alec 3:00 pm
- 2/12 — Service Project: Donations for Youth Development Center 1:00 pm
- 2/12 — Cribbage 2:00 pm
- 2/13 — Move! 10:00 am
- 2/13 — Bingo 10:30 am **Closing date 2/10**
- 2/13 — Meet & Greet with Lisa 1:00 pm
- 2/14 — Bible Study 9:00 am
- 2/14 — Live Music with Silver63 1:00 pm **Closing date 2/10**
- 2/14 — Valentine’s Day Dinner 5:00 pm **Closing date 2/7**

Important Information:

- **Podiatry** — The podiatrist will be here on 2/19. If you would like an appointment, please contact Lisa Wilson at 30010 or liwilson@spiritrustlutheran.org.
- **Town Hall** — We will be having town hall on 2/25 at 1:00 with Melissa Frownfelter and Colleen Hartlove. If you have questions, please submit them to Jan by 2/20.

News continues on next page

News continued from page 1

- **Arthritis Facts Presentation** — Arthritis isn't just one disease; it's a complex disorder that comprises more than 100 distinct conditions and can affect people at any stage of life. Arthritis is a general term that refers to diseases that cause pain, stiffness, swelling in joints.
- **Meet & Greet with Lisa** — Come join us on 2/13 at 1:00 to welcome Lisa Wilson to her new position as nurse navigator!
- **Live Music with Silver63** — By special request, we will be serving ice cream floats during our 1:00 live music on Valentine's Day.
- **Wii Bowling & Ping Pong** — We will not be having Wii bowling Friday 2/14 due to setting up for Valentine's Dinner. Thank you!!

CAFÉ DINNER MENU

Please sign up by 1:00 pm the day
of unless otherwise noted

Monday, February 10

Soup of the Day
Honey Garlic Roasted Chicken
White Rice
Broccoli
Dessert of the Day
10.50

Tuesday, February 11

Soup of the Day
Grilled Ham Steak
Roasted Sweet Potato
Lima Beans
Dessert of the Day
10.50

Wednesday, February 12

Baked Ziti
Caesar Salad
Garlic Bread
Dessert of the Day
10.50

Thursday, February 13

Seasoned Baked Flounder
Side Salad
Wild Rice
Roasted Brussel Sprouts
Dessert of the Day
10.50

Friday, February 14

Valentine's Day Dinner
Grilled Ribeye Steak
Baked Crab Cake
Side Salad
Baked Potato
Roasted Asparagus
Cheesecake with Strawberries
25.00