

The Weekly Update

Residential Living | November 10-16, 2024

Upcoming Programs & Events:

- 11/10 — Communion Service 1:00 pm
- 11/11 — Healthy Holiday Season with Sara Brooks 10:00 am **Closing Date 11/8**
- 11/11 — Veterans Day Presentation 1:00 pm (ZP Gathering Room)
- 11/11 — Great Discussions “Why having fun is the secret to a healthier life” 2:00 pm
Closing Date 11/8
- 11/11 & 11/15 — Wii Bowling & Ping Pong 3:00 pm
- 11/12 & 11/14 — Move! 10:00 am
- 11/12 — Pinochle 1:00 pm
- 11/12 — Exercise with Alec 3:00 pm
- 11/12 — National Happy Hour Day with Live Music by “Silver 63” 4:00 pm **Closing Date 11/8**
- 11/13 — Service Project “SYC Pantry Holiday Donations” 1:00 pm **Closing Date 11/12**
- 11/13 — Gettysburg Film, Cyclorama & Museum Experience 8:30 am **Closing Date 10/30**
- 11/13 — Cribbage 2:00 pm
- 11/14 — *Be Well Kitchen* **CANCELED**
- 11/15 — Bible Study 9:00 am (BJE)
- 11/15 — Painting 201 10:00 am
- 11/15 — Lunch Out “South County Brewing Company” 11:00 am **Closing Date 11/11**
- 11/15 — “Clara Barton: Red Cross Angel” 1:00 pm **Closing Date 11/14**

Important Information:

- ***RLA Elections*** — RLA elections will take place this weekend. A ballot will be placed on your door on Saturday, November 9th, with an envelope in which you can place your completed ballot. All four members of the RLA Board whose terms are expiring are willing to serve for another two-year term. Place your completed ballot in the envelope and return it to your door; it will be picked up on Tuesday, November 12th. Results will be announced at the regularly-schedule RLA meeting on November 20th.

[News continues on next page](#)

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 Spiritrust Lutheran®
The Village at Shrewsbury



Questions? Call April Coyle 717-227-3092 or acoyle@spiritrustlutheran.org

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- **Strathmeyer** — Strathmeyer will be on campus to clean up leaves this Monday, November 11th. This will be the first of two cleanings.
- **Veterans Day Presentation** — Veterans and residents are invited to a Veterans Day Presentation on Monday, November 11th at 1:00 pm in the Zimmerman Place Gathering Room. All are welcome!
- **Service Project “SYC Pantry Holiday Donations”** — As the holidays approach, let's give to those who need a little extra to make the holidays special. Please donate any items that you think would help make a successful holiday (i.e. stuffing, canned vegetables or fruit, paper towels, gravy, mashed potatoes, and any other items you can think of). Please drop them off to the office of Megan Barnish on the first floor of the Personal Care building or to the reception desk.

CAFÉ DINNER MENU

Please sign up by 1:00 pm the day of unless otherwise noted

Monday, November 11

SOUP OF THE DAY
TURKEY TETRAZZINI
NOODLES
DESSERT OF THE DAY
10.50

Tuesday, November 12

CLOSED FOR DINNER

Wednesday, November 13

TOSSED SALAD
SLOPPY JOE SANDWICH
BAKED STEAK FRIES
DESSERT OF THE DAY
10.50

Thursday, November 14

SOUP OF THE DAY
SWEET & SOUR PORK
RICE
ASIAN VEGETABLE BLEND
DESSERT OF THE DAY
10.50

Friday, November 8

BAKED FISH
TOSSED SALAD
MAC & CHEESE
STEWED TOMATOES
DESSERT OF THE DAY
10.50