

The Weekly Update

Residential Living | November 3-9, 2024

Upcoming Programs & Events:

- 11/3 — Communion Service 1:00 pm
- 11/4 — Board Game Day 11:00 am
- 11/4 — PARCR Presentation 1:00 pm
- 11/4 — Genealogy Group 6:30 pm
- 11/4 & 11/8 — Wii Bowling & Ping Pong 3:00 pm
- 11/5 & 11/7 — Move! 10:00 am
- 11/5 — Residential Living Association Board Meeting 10:15
- 11/5 — Pinochle 1:00 pm
- 11/5 — Exercise with Alec Evanitus 3:00 pm
- 11/5 — Dinner Out “Madonna Seafood” 4:00 pm **Closing Date 11/1**
- 11/6 — Flower & Garden Club “Wreath Making” 10:00 am **Closing Date 11/5**
- 11/6 — National Nacho Day 11:30 am-1:00 pm **Closing Date 11/5**
- 11/6 — Cribbage 2:00 pm
- 11/6 — Trivia with Friends 1:00 pm **Closing Date 11/5**
- 11/7 — National Aquarium 8:45 **Closing Date 11/1**
- 11/8 — Bible Study 9:00 am (BJE)
- 11/8 — National Fried Chicken Sandwich Day 4:30-6:00 pm **Closing Date 11/6**
- 11/9 — Catholic Mass 10:00 am
- 11/9 — YSO “Psycho: String Chamber” 6:15 pm **Closing Date 11/9**

Important Information:

- **Day light Saving Time** — Don't forget to “fall back” at 2:00 am on Sunday, November 3rd. Turn your clocks back one hour.
- **PARCR Presentation** — PARCR (Pennsylvania Alliance of Retirement Community Residents) provides relevant information that is valuable to residents of retirement communities through quarterly meetings. Residents are invited to view the last meeting about “Frauds and Scam Impacting Seniors” on Monday, November 4th at 1:00 pm in the Clubhouse.

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 Spiritrust Lutheran®
The Village at Shrewsbury



Questions? Call April Coyle 717-227-3092 or acoyle@spiritrustlutheran.org

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- **Voting** — If you would like a ride to vote on Tuesday, November 5th please sign up in the front of the sign up book at the receptionist desk. The bus will be leaving at 10:00 am starting at the Personal Care building and will proceed around the community to pick up Residential Living residents.
- **Residential Nurse Navigator** — Please welcome Alicia Holmes, the new Residential Nurse Navigator at The Village of Shrewsbury. Monday through Friday, Alicia can be reached at 717-680-1846 and Tuesday's and Thursday's at 717-227-3091. If you require assistance after business hours, please call the security number at 717-968-8834. Reminder that Alicia is available on Tuesdays at 11:00 am for Blood Pressure Clinic.
- **Veterans Day Presentation** — Mark your calendars! Veterans and residents are invited to a Veterans Day Presentation on Monday, November 11th at 1:00 pm in the Zimmerman Place Gathering Room. All are welcome.

CAFÉ DINNER MENU

Please sign up by 1:00 pm the day of
unless otherwise noted

Monday, November 4

SOUP OF THE DAY
SWEDISH MEATBALLS
NOODLES
VEGETABLE OF THE DAY
DESSERT OF THE DAY
10.50

Tuesday, November 5

TOSSED SALAD
CHILI
CORNBREAD
DESSERT OF THE DAY
10.50

Wednesday, November 6

SOUP OF THE DAY
QUICHE OF THE DAY
VEGETABLE OF THE DAY
DESSERT OF THE DAY
10.50

Thursday, November 7

SOUP OF THE DAY
BUILD A BURGER
HOMEMADE CHIPS
DESSERT OF THE DAY
10.50

Friday, November 8

NATIONAL FRIED CHICKEN
SANDWICH DAY
SOUP OF THE DAY
FRIED CHICKEN SANDWICH
FRENCH FRIES
COLESLAW
DESSERT OF THE DAY
10.50