

The Weekly Update

Residential Living | October 20-26 2024

Upcoming Programs & Events:

10/20 — Communion Service 1:00 pm

10/21 — Board Game Day 11:00 am

10/21 — Dining Committee Meeting 2:00 pm

10/21 & 10/25 — Wii Bowling & Ping Pong 3:00 pm

10/21 — Pizza & Movie “Slumdog Millionaire” 5:00 pm **Closing Date 10/18**

10/21 — Genealogy Group 6:30 pm

10/22 & 10/24 — Move! 10:00 am

10/22 — Pinochle 1:00 pm

10/22 — Dinner Out “Cheddar’s” 4:00 pm **Closing Date 10/18**

10/23 — Craft Corner “Painted Owl Succulent Planter” 1:00 pm **Closing Date 10/21**

10/23 — Cribbage 2:00 pm

10/24 — Town Hall Meeting 2:00 pm

10/25 — Bible Study 9:00 am (BJE Dining Room)

10/25 — Crab Feast 12:00 pm **Closing Date 10/18**

Important Information:

- ***New*** — Please join Alec Evanitus for a new exercise program offered to residents starting Tuesday, October 22nd at 3:00 pm in the Clubhouse. Classes will be ongoing every Tuesday at 3:00 pm. The first class will be just getting to know the abilities of those interested in the class and introduction. Come out and see if this program is a fit for you.
- **Crab Feast** — If you would like to sign up for the Crab Feast on Friday, October 25th please do so by 10/18. On the menu: crabs, fried shrimp, coleslaw, potato salad, corn, and fruit. Please note that payment must be made by cash to purchase the crabs and can be dropped off to April Coyle. Cost per person is \$30.00.

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 Spiritrust Lutheran®
The Village at Shrewsbury



Questions? Call April Coyle 717-227-3092 or acoyle@spiritrustlutheran.org

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- **Porch Lights** — With the days getting shorter and the darkness coming earlier, please remember to leave your porch lights on if you plan to be out for the evening.
- **Flu Vaccine** — HealthVax will be on campus to administer flu vaccines to residents and staff on Wednesday, October 30th. If you would like to receive a flu vaccine that day, please sign up by 10/25 in the front of the sign up book at the receptionist desk. Please also provide your email address as residents will need to fill out consent forms online that will be sent out. The time has not yet been decided and more information will follow.

CAFÉ DINNER MENU

Please sign up by 1:00 pm the day of
unless otherwise noted

Monday, October 21

CLOSED

PIZZA & MOVIE NIGHT
5.00

Tuesday, October 22

SOUP OF THE DAY
HAM STEAK
SWEET POTATO
GREEN BEANS
DESSERT OF THE DAY
10.50

Wednesday, October 23

TOSSED SALAD
LIVER & ONIONS
MASHED POTATOES
PEAS
DESSERT OF THE DAY
10.50

Thursday, October 24

SALAD
CHICKEN POT PIE
VEGETABLE OF THE DAY
DESSERT OF THE DAY
10.50

Friday, October 25

CLOSED FOR LUNCH FOR
CRAB FEAST

SOUP OF THE DAY
STUFFED PEPPERS
MASHED POTATOES
VEGETABLE OF THE DAY
DESSERT OF THE DAY
10.50