

The Weekly Connection Residential Living

July 14 to July 20, 2024

Jam and Jelly

There is now raspberry jam and jelly available. You can stop by the garden stand on Wednesday mornings or there will be some available at the front desk as well. The cost is \$6 per jar. If no one is at the desk, you can drop your money in the payment box.

A Thank You

A sincere heartfelt thank you for all the cards, flowers, calls, text messages, and visits I received during my recent short hospital stay and my return to my cottage, following a heart valve replacement. I am truly blessed with loving family and friends. I am doing well and will be out and about following my first cardiologist visit on Thursday, July 11.

—Shirley Starner

School Supply Drive

The Yorktowne Lions Club and the Life Enrichment team will be collecting school supplies again this year for Ferguson Elementary School from July 15 through August 15. Pencils (regular) or colored, crayons, spiral bound notebooks, poly-vinyl folders, glue sticks, markers, pencil boxes, even backpacks to name a few items, would be appreciated. A table will be in Community Room A on which to place items. Thank you for your support.

Fire Alarm Testing

Johnson Controls will be on campus this Friday, July 12 to finish testing of the fire alarms.

So Good: Cucumber and Carrot Ribbon Salad with Frenched Green Onions, Salted Peanuts, Sesame Seeds and a Sweet Maple Soy Vinaigrette \$4

Monday 7/15 Soup: Split Pea
Lunch: Mushroom, Onion and Swiss Quiche, served with Fresh Fruit and Blueberry Muffin \$6
Dinner: Chicken Parmesan over Penne Pasta, tossed in Marinara, accompanied by Lemon Green Beans \$10

Tuesday 7/16 Soup: Chicken Noodle
Lunch: Roasted Turkey with Bread Stuffing, served with Mashed Potatoes, Cranberry Sauce and Buttered Corn \$8
Dinner: 6oz Filet Mignon with Mushroom Demi, served with Baked Potato and Buttered Green Beans \$14

Wednesday 7/17 Soup: Black Bean
Lunch: Roasted Brussel Sprout Salad-Romaine and Butterhead Lettuce, topped with Shaved Gouda Cheese, Bacon Bits, Red Onions and Parmesan Roasted Brussel Sprouts, served with House Made Balsamic Vinaigrette \$6
Dinner: Italian Sausage and Tri Pepper Penne Pasta with Zesty Marinara, topped with Parmesan Cheese, served with a Garlic Breadstick \$8

Thursday 7/18 Soup: Roasted Tomato Bisque
Lunch: Turkey Club-Roasted Turkey, Swiss, Bacon, Lettuce, Tomato and Cranberry Mayo on White Toast, served with House Chips \$6
Dinner: Crab and Shrimp Stuffed Rockfish with Old Bay Crab Cream, served with Parslied Potatoes and Sugar Snap Peas \$15

Friday 7/19 Soup: Mushroom Barley
Lunch: Carolina BBQ Pulled Pork Sandwich on Toasted Brioche Roll, topped with Onion Straws, served with Curly FF \$7
Dinner: Shrimp and Scallop Alfredo over Fettuccini Pasta, topped with Basil and Parmesan Cheese \$12

Changes to the Calendar / Sign up Book:

- Easy Exercise with Linda has changed to 10:30am on Tuesdays.
- Transportation will not be provided to the Summer Outdoor Concert Series at Kelly Drive on Tuesday, July 30.

Special Events Next Week:

- Join us for BORED games and drinks on the CRB Patio, Monday, July 15 at 2pm.
- It's that time again! Coffee 101 will be in R&R on Tuesday, July 16 at 9am. Feel free to BYOM.
- "How Smart are Your Taste Buds?" We will be taste testing a variety of odd flavors in snack form. See if your taste buds are smart enough to figure out the correct flavors. Join us Tuesday, July 16 in CRB at 2pm to find out.
- Ted Talks are short recorded presentations that share knowledge and research from experts on a variety of topics. The Ted Talk selections for this month are "Inside the Mind of a Master Procrastinator," "The Power of Vulnerability" and "My Philosophy for a Happy Life," Wednesday, July 17 at 3pm.
- We are taking a trip to the York Revolution on Thursday, July 18. Lunch is included! The bus leaves the GC at 10am for those who signed up previously. It's sure to be a fun filled day!
- The Ladies Tea is on Thursday, July 18 at 3pm in CRB. This event is popular so be sure to sign up in the binder. You are encouraged to wear your favorite hat!
- Another popular event is happening on Friday, July 19 at 9am in R&R. It is the Men's Breakfast! Sign up required. Bring your appetite!
- Hollywood Classics is back on Friday, July 19 at 1pm in CRA. Rich Santel will be introducing the movie "Dial M for Murder".

Sprenkle Village 2024 Olympic Games

Competition will be held on Tuesday, August 6 from 2:00pm to 4:00pm in CRB. Light refreshments provided.

The following day at 2:00pm will be the awards ceremony, skit, and Jeff's food.

This is an all indoor event. Come and keep cool! You can be a participant, observer, or both. The events are **simplified** games you all know.

We have a wonderful group of volunteers but are still in need of a few more folks willing to sit by a game and be the recorder for that event on August 6. Contact Sandy Cooley at scooley2@comcast.net or call 717-495-5197 if interested in this opportunity to help.

More details will come later.