

2024 Week 3	Monday July 15	Tuesday July 16	Wednesday July 17	Thursday July 18	Friday July 19	Saturday July 20	Sunday July 21
Breakfast	Orange Juice Oatmeal Cinnamon Raisin French Toast Syrup Mandarin Oranges Assorted Cold Cereal 2% Milk	Orange Juice Oatmeal Egg and Potato Bake Wheat Toast Fruit Cocktail Assorted Cold Cereal 2% Milk	Orange Juice Oatmeal Pancakes Syrup Bacon Banana Assorted Cold Cereal 2% Milk	Orange Juice Oatmeal Denver Egg Scrambled Wheat Toast Sliced Pears Assorted Cold Cereal 2% Milk	Orange Juice Oatmeal French Toast Syrup Grapes Assorted Cold Cereal 2% Milk	Orange Juice Oatmeal Baked Cheese Omelet Mini Danish Turkey Sausage Link Cubed Melon Assorted Cold Cereal 2% Milk	Orange Juice Oatmeal Biscuit and Sausage Gravy Hash Brown Triangle Mixed Berry Fruit Cup Assorted Cold Cereal 2% Milk
Lunch	Chicken Parmesan Penne Pasta Spaghetti Sauce Summer Blend Vegetables Honeydew Melon Shrimp Poboy Sandwich	Baked Fish with Dill Sauce Roasted New Potatoes Spinach Cinnamon Applesauce Kielbasa	Citrus Roasted Pork Sweet Potato Fresh Broccoli Wheat Bread Caramel Bread Pudding Spring Vegetable Alfredo	Baked Cod Risotto Carrot Coins Sugar Cookie Chicken Ricotta	Roast Beef Beef Gravy Mashed Potatoes Succotash Blondie Square Hot Pork Sandwich	Shrimp and Pineapple Stir Fry Steamed Rice Marinated Cucumbers Cheesecake Mousse Cheese Pizza	Apricot Glazed Baked Ham Garlic Mashed Potatoes Fresh Green Beans Wheat Dinner Roll Peach Pie Vegetable Quiche
Dinner	Vegetable Chowder Chicken Salad Baked Potato Sour cream & Butter Coconut Cake Grilled Monte Cristo	Turkey Noodle Soup Open Faced Roast Beef Sandwich with gravy Tater Tots Peas & Pearl Onions Ice Cream Sandwich Crispy Chicken Sandwich Lettuce, Tomato, Pickle	Beef Orzo Soup Tuna Melt Casserole Seasoned Potato Wedges Tossed Salad Choice of dressing Brownie Turkey Burger	Cream of Broccoli Soup Macaroni and Cheese Stewed Tomatoes Chopped Salad Pineapple Whip Hamburger on Bun Lettuce, Tomato, Pickle	Vegetable Soup Fried Haddock Sandwich Coleslaw Cherry Delight Bar Chicken Enchilada Casserole	Beer Cheese Soup Grilled Turkey and Swiss Sandwich Hot German Potato Salad Corn Fruited Gelatin Salad Broccoli Cheese Pasta Casserole	Chicken Vegetable Rice Soup Seafood Newburg Maple Glazed Carrots Chocolate Chip Cookie Cheese Ravioli with Marinara Garlic Parmesan Bread Sticks

Milk, water and assorted hot and cold beverages available at every meal. Hot or cold sandwiches, soups and cottage cheese & a fruit plate are always available.

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