

2024 Week 1	Monday October 21	Tuesday October 22	Wednesday October 23	Thursday October 24	Friday October 25	Saturday October 26	Sunday October 27
Breakfast	Orange Juice Hot Oatmeal Scrambled Eggs Bacon Wheat Toast Banana Assorted Cold Cereal 2% Milk	Orange Juice Waffle Syrup Sliced Pears Wheat Toast Assorted Cold Cereal 2% Milk	Orange Juice Hot Oatmeal Cheesy Scrambled Eggs Wheat Toast Grapes Assorted Cold Cereal 2% Milk	Orange Juice Texas French Toast Syrup Cubed Melon Turkey Sausage Link Assorted Cold Cereal 2% Milk	Orange Juice Hot Oatmeal Baked Omelet Fruit Muffin Breakfast Ham Mandarin Oranges Assorted Cold Cereal 2%Milk	Orange Juice Scrambled Eggs Bacon Wheat Toast Sliced Peaches Assorted Cold Cereal 2% Milk	Orange Juice Hot Oatmeal Biscuit & Sausage Gravy Hash Brown Triangle Banana Assorted Cold Cereal 2% Milk
Lunch	Pulled Pork Garden Wild Rice Steamed Peas Coconut Cake Baked Flounder in Lemon Butter	Chicken Parmesan Penne Pasta Marinara Sauce Lemon Green Beans Lemon Bar Onion, Mushroom, Cheese Quiche	Roast Turkey Turkey Gravy Bread Stuffing Mashed Potatoes Roasted Brussel Sprouts Cubed Watermelon Pineapple Baked Ham	Chop Steak with Mushrooms Tossed Salad Pierogies with Onions and Butter Vanilla Ice Cream Cup Fried Shrimp Cocktail Sauce	Cilantro Grilled Chicken Parslied Potatoes Carrot coins Apple Crisp Baked Ziti Dinner Roll	White Fish Polonaise Sour Cream & Chive Potatoes California Blend Fresh Fruit Cup Chicken and White Bean Chili Corn Muffin	Country Style Braised Beef Tips Brown Rice Pilaf Creamed Peas Pound Cake with Berries BBQ Chicken Thighs
Dinner	Vegetable Beef Soup Turkey Burger Seasoned Potato Wedges Fresh Broccoli Chocolate Pudding Grilled Cheese Sandwich	Split Pea Soup Roast Beef & Swiss on Rye Baked Potato Salad Diced Peaches Tuna Salad on white Lettuce, Tomato, Onion	Chicken Noodle Soup Fish Sandwich Tartar Sauce Summer Corn Salad Peach Cobbler Chicken Caesar Wrap	Ham & Bean Soup Italian Sausage Sauteed Spinach Peanut Butter Chocolate Cake Broccoli Cheese Pasta Casserole	Roasted Tomato Bisque Seafood Salad on Croissant Broccoli Salad Boston Cream Pie Turkey Club Roll	Beef Barley Soup Hot Pork Sandwich Onion Rings Green Beans Cranberry Oatmeal Cookie Deluxe Burger	Minestrone Soup Hot Turkey Sandwich Turkey Gravy Mashed Potatoes Zucchini Fruited Red Gelatin Parfait Vegetable Cheese Strata

Milk, water and assorted hot and cold beverages available at every meal. Hot or cold sandwiches, soups and cottage cheese & a fruit plate are always available.