


January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Year Day 1 10:00 Devotions & Trivia (AR) 10:30 Exercise with iN2L (AR) 1:00 Rosary Prayers (MR) 2:00 Bingo (AR) 3:15 Music Video: (LR) Andy Williams	2 10:00 Devotions (AR) 10:15 People & Places (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	3 10:00 Devotions (LR) 10:15 Seated Exercise (LR) 10:30 iN2L Resident Choice (LR) 1:00 Rosary Prayers (MR) 2:00 Music Enjoyment: (LR) Name That Country Artist 3:00 UNO Card Club w/Jeff (AR)	4 10:00 Devotions (AR) 10:15 You Be The Judge (AR) 10:45 Noodleball Fun (AR) 1:00 Faith Break w/Chaplain (LR) 1:45 Table Game: (AR) Twelve Days of Christmas
5 <i>January Word</i> <i>Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) The Music Man	6 Undecorating Christmas 9:30 Dog Visit w/Danny (1:1) 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Tree Match Game (AR) 2:00 Musical Voices (AR) 3:00 Comedy: I Love Lucy (LR)	7 10:00 Devotions (AR) 10:15 Themed Word Game: (AR) Winter Hangman 10:45 Armchair Exercise (AR) 1:00 Men's Group (LR) 2:00 Spa Day: Back Rubs & Heated Neck Massages (AR) 3:00 Bio of Elvis Presley (LR)	8 10:00 Craft Corner: Making & Shaping Snowflakes (AR) 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Bingo (AR) 3:15 Music Video: (LR) Grand Ole Opry Classics	9 10:00 Devotions (AR) 10:15 Giggleville of Jokes (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle with Ruth Howsden (AR)	10 10:00 Devotions (LR) 10:15 Seated Exercise (LR) 10:30 The Ark Encounter (LR) 1:00 Rosary Prayers (MR) 2:00 Rick Steves Travel Video to Egypt & The Nile River (AR) 3:00 Word Games on iN2L (LR) 3:00 UNO Card Club w/Jeff (AR)	11 10:00 Devotions (AR) 10:15 Fascinating Facts (AR) 10:45 Ball Toss (AR) 1:00 Faith Break w/Chaplain (LR) 1:45 Cheese & Crackers Snack w/Chicken Soup Stories (AR)
12 <i>Bible Word Search</i> <i>Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Elvis Presley stars in Girl Happy	13 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 11:15 Bus Outing: Lunch at Olive Garden (**) (\$) (E) 1:00 Movie: Patch Adams (LR) 3:00 Comedy: I Love Lucy (LR)	14 10:00 Devotions (AR) 10:15 Spill & Spell (AR) 10:45 Armchair Exercise (AR) 2:00 Neighborhood Social: Brownie Ice Cream Sundaes & Trivia (AR) 3:00 Bio of Johnny Carson (LR)	15 10:00 Painting Snowflakes (AR) 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Bingo (AR) 3:15 Music Video: (LR) 1960s Favorite Songs	16 10:00 Devotions (AR) 10:15 Geography Bee (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	17 10:00 Devotions (LR) 10:15 Seated Exercise (LR) 10:30 I Have a Dream Speech (LR) 1:00 Rosary Prayers (MR) 2:00 TV Game Shows (LR) 3:00 Word Games on iN2L (LR) 3:00 UNO Card Club w/Jeff (AR)	18 10:00 Devotions (AR) 10:15 Winter Poetry (AR) 10:45 Volleyballoon (AR) 1:00 Faith Break w/Chaplain (LR) 2:00 Drum Circle Experience with Joe Clark (AR)
19 <i>Music Word Puzzle</i> <i>Booklet is Available</i> <i>No Catholic Communion Today</i> 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Fred Astaire stars in Second Chorus	Martin Luther King Jr. Day 20 9:30 Dog Visit w/Danny (1:1) 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Blitz Card Game (AR) 2:00 Musical Voices (AR) 3:00 Comedy: I Love Lucy (LR)	21 9:00 Coffee Klatch (AR) 10:30 Catholic Mass with Saint Joseph Catholic Church (SC) 12:30 - 2:00 Pretty Nails (**) (L) 1:00 Men's Group (LR) 2:00 Women of Faith: (AR) A Cup of Tea & A New Start 3:00 Bio of Elizabeth Taylor (LR)	22 10:00 Kitchen Corner: (AR) Cherries in the Snow 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Bingo (AR) 3:15 Music Quiz Session (LR) 5:30 Word Games on iN2L (AR)	23 10:00 Devotions (AR) 10:15 Cat Proverbs & Sayings (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle & Word Games w/Ruth (AR)	24 10:00 Devotions (LR) 10:15 Seated Exercise (LR) 10:30 Live Zoo Cam (LR) 1:00 Rosary Prayers (MR) 2:00 The Arts Demonstration: Basket Weaving by Sue Williamson (AR) 3:00 UNO Card Club w/Jeff (AR)	25 10:00 Animal Presentation: Rabbit & Small Animal Club from 4 - H Center of York County (AR) 1:00 Faith Break w/Chaplain (LR) 2:00 Elvis Music Show by Local Entertainer Daniel Baker (AR)
26 <i>Odds N' Ends Word</i> <i>Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Walk the Line	27 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Movie: Secretariat (LR) 1:30 Downtown Hanover Historic Building Ride (**) 3:00 Comedy: I Love Lucy (LR)	28 10:00 Devotions (AR) 10:15 Memories with Grandpa, Grandma & Mother Nature (AR) 10:45 Armchair Exercise (AR) 2:00 Baby It's Cold Outside! Hot Chocolate Social (AR) 3:00 Bio of Glenn Miller (LR)	29 10:00 Service Project (AR) 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Bingo (AR) 3:15 John Denver Music (LR) 5:30 Snowball Battle & Trivia (LR)	30 10:00 Devotions (AR) 10:15 Wellness: Hearing Loss (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	31 10:00 Devotions (LR) 10:15 Seated Exercise (LR) 10:30 Exploring Earth Cam (LR) 1:00 West Manheim School Troubadours Choir (AR) 2:00 Word Games on iN2L (LR) 3:00 UNO Card Club w/Jeff (AR)	Key <i>Programs are subject to change</i> AR - Activity Room LR - Living Room CC - Community Center L - Library Lounge I - Independent Activity E - Entrance Lobby \$ - Advanced Payment ** - Reservations Needed 1:1 - One to One Visits

The Village at Utz Terrace Personal Care Programs & Events



Residence Phone Numbers

- ◇ Alyssa Groft, Administrator
717- 646-2415 or Ext. 60014
- ◇ Shelia Herman, Nursing Supervisor
717-646-2427 or Ext. 60026
- ◇ Kris Martin, Life Enrichment Leader
717- 646-2431 or Ext. 60030
- ◇ Wellness Suite (Nurse’s Office)
717- 646-2438 or Ext. 60037
- ◇ Irma Austad, Beautician
717-646-2419 or Ext. 60018
- ◇ Dining Services
717-646-2439 or Ext. 60036
- ◇ Melissa Mosebrook, Chaplain
717-646-2440 or Ext. 60039

To obtain an outside phone line dial 8.

Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



Program Reservations Needed (**)

All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

Independent Shopping on Thursdays at 1 pm: Wal-Mart trip for residents that are independent in shopping. Advanced reservations are required please reach out to Kris Martin, life enrichment leader.

Lunch Outing to Olive Garden: Residents are welcome to sign up for the lunch outing to Olive Garden on Monday, January 13 at 11:15 am. Residents are responsible for lunch expenses. Limited seating, sign up today!

Pretty Nails w/Misty: On Tuesday, January 21 starting at 12:30 pm, Misty our volunteer will have pretty nails appointments. Please sign up with Kris or Kathy to schedule a pretty nail appointment. No cost ... Its free!

Downtown Hanover Ride: See the sights and the historic buildings of the Hanover borough. Residents are encourage to sign up for this outing on Monday, January 27 at 1:30 pm. No cost for this trip.



Personal Care Newsletter

Welcome

Please welcome our new residents to the personal care residence

Janet Eck

LaVaughn Wolf

It will be a pleasure to call you neighbor!

January Quotes

“January is the perfect time to reflect on the past year and set intentions for the year ahead.”

– Oprah Winfrey

January Symbols

Birthstone: Garnet

Zodiac Sign: Capricorn until Jan. 19, Aquarius from Jan. 20 and forward

Flower: Traditional Carnation or Dianthus

Bird: Owl

Tree: Birch

Colors: White & Sky Blue

