


July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>9:30 Dog Visit w/Danny (1:1) 1</p> <p>10:00 Devotions (AR)</p> <p>10:15 Brain Aerobics (AR)</p> <p>10:45 Music N' Motion (AR)</p> <p>1:00 Food/Dining Meeting (AR)</p> <p>2:00 Line Dancers & Music: (SC)</p> <p>By The Residential Living Residents</p> <p>3:00 Comedy: Dick Van Dyke (LR)</p>	<p>10:00 Devotions (AR) 2</p> <p>10:15 Patriotic Quotes (AR)</p> <p>10:45 Armchair Exercise (AR)</p> <p>1:00 W.C. Fields Classic Shorts (LR)</p> <p>2:00 Special Music: WWII Music Show by Memory Music (AR)</p> <p>3:00 Gettysburg Battlefield Tour By DVD Video (LR)</p>	<p>10:00 God Bless America Devotion & Uncle Sam Pin Craft (AR) 3</p> <p>10:00 Pet Therapy Dogs Visit (1:1)</p> <p>1:00 Kitten Therapy Visits (1:1)</p> <p>1:00 Rosary Prayers (AR)</p> <p>2:00 Bingo (AR)</p> <p>3:15 Lawrence Welk Music Show: Vacation Songs (LR)</p>	<p>Independence Day 4</p> <p>10:00 Devotions (AR)</p> <p>10:15 Patriotic Hangman: (AR)</p> <p>The Songs of America</p> <p>10:45 Simply Stretching (AR)</p> <p>2:00 Worship Service (AR)</p> <p>8:00 A Capitol Fourth (TV - Ch.12)</p>	<p>10:00 Devotions (LR) 5</p> <p>10:15 Resident Choice on iN2L (LR)</p> <p>10:30 Surfing Dog Videos (LR)</p> <p>1:00 Rosary Prayers (MR)</p> <p>2:00 Virtual Tour of Hollabaugh Fruit Farm (LR)</p> <p>3:00 Word Games on iN2L (LR)</p>	<p>10:00 Devotions (AR) 6</p> <p>10:15 Noodleball (AR)</p> <p>10:45 Red, White & Blue Quiz (AR)</p> <p>1:00 Nerf Gun Target Shoot Contest w/Kathy (AR)</p> <p>1:45 On the Porch: (AR - O)</p> <p>Ice Juice Pops and Conversations</p>
<p><i>Ice Cream Month</i> 7</p> <p><i>Puzzle Booklet is Available</i></p> <p>9:30 Catholic Communion (1:1)</p> <p>10:00 Worship by Hymns (LR)</p> <p>2:00 Musical Movie: (LR)</p> <p>Yankee Doodle Dandy</p>	<p>10:00 Devotions (AR) 8</p> <p>10:15 Brain Aerobics (AR)</p> <p>10:45 Music N' Motion (AR)</p> <p>1:00 A Blind Hymn Writer, The Biography of Fanny Crosby (LR)</p> <p>2:00 Ice Cream Social: (AR - O) Sugar or Waffle Cones</p> <p>3:00 Comedy: Dick Van Dyke (LR)</p>	<p>10:00 Devotions (AR) 9</p> <p>10:15 Summer & Animal Idioms (AR)</p> <p>10:45 Armchair Exercise (AR)</p> <p>1:00 Men's Group w/Paul: (LR) Wild, Wild, West!</p> <p>2:00 Table Game: (AR) USA Geography Jingo</p> <p>3:00 Attenborough's Life Stories (LR)</p>	<p>10:00 Service Project for PAL: (AR) 10</p> <p>Making Butterfly Snack Bags</p> <p>10:00 Pet Therapy Dogs Visit (1:1)</p> <p>1:00 Kitten Therapy Visits (1:1)</p> <p>1:00 Rosary Prayers (MR)</p> <p>2:00 Bingo (AR)</p> <p>3:15 Songs to Make You Smile (LR)</p> <p>5:30 Countryside Ride (**)(E)</p>	<p>10:00 Devotions (AR) 11</p> <p>10:15 Facts About America (AR)</p> <p>10:45 Simply Stretching (AR)</p> <p>1:00 Wal-Mart Shopping (**)(I)</p> <p>1:00 Jeopardy w/John (LR)</p> <p>2:00 Worship Service (AR)</p> <p>2:45 Crossword Puzzle & Word Games w/Ruth (AR)</p>	<p>10:00 YMCA Youth Visit: (AR) 12</p> <p>Noodle Hockey & Charades</p> <p>10:00 Kota the Dog Visits (1:1)</p> <p>1:00 Rosary Prayers (MR)</p> <p>2:00 Patriotic Music Program by Sandy Lawrence & Guests (AR)</p> <p>3:00 Word Games on iN2L (AR)</p>	<p>8:30 Outdoor Walk (1:1) (**)13</p> <p>10:00 Devotions (AR)</p> <p>10:15 Show & Tell w/Kathy (AR) (Bring one item to show)</p> <p>10:45 Fifty: Over or Under (AR)</p> <p>1:00 Faith Break w/Chaplain (LR)</p> <p>1:45 Creative Coloring (AR)</p>
<p><i>It's In The Numbers</i> 14</p> <p><i>Puzzle Booklet is Available</i></p> <p><i>No Catholic Communion Today</i></p> <p>10:00 Worship by Hymns (LR)</p> <p>2:00 Movie Matinee: (LR)</p> <p>The Private War of Major Benson</p>	<p>9:30 Dog Visit w/Danny (1:1) 15</p> <p>10:00 Devotions (AR)</p> <p>10:15 Brain Aerobics (AR)</p> <p>10:45 Music N' Motion (AR)</p> <p>1:00 Baking Brownies (AR)</p> <p>2:00 Spa Day: Back Rubs & Heated Neck Massages (AR)</p> <p>3:00 Comedy: Dick Van Dyke (LR)</p>	<p>10:00 Coffee & Pastry Klatch (AR) 16</p> <p>10:30 Catholic Mass by St. Joseph's Catholic Church (SC)</p> <p>1:00 On the Porch: (AR - O) Relaxation & Blowing Bubbles</p> <p>2:00 Codorus State Park Ranger "Stream Life" (CC-Restaurant) (I)</p> <p>3:00 The Great Smokies (LR)</p>	<p>10:00 Craft Corner: Making Beaded Bracelets (AR) 17</p> <p>10:00 Pet Therapy Dogs Visit (1:1)</p> <p>1:00 Kitten Therapy Visits (1:1)</p> <p>1:00 Rosary Prayers (MR)</p> <p>2:00 Boyd's Bear Bingo (AR)</p> <p>3:15 Songs from the 60s (LR)</p> <p>5:30 Cornhole Challenge (AR)</p>	<p>10:00 Devotions (AR) 18</p> <p>10:15 Facts About America (AR)</p> <p>10:45 Simply Stretching (AR)</p> <p>1:00 Wal-Mart Shopping (**)(I)</p> <p>1:00 Jeopardy w/John (LR)</p> <p>2:00 Worship Service (AR)</p> <p>2:45 Crossword Puzzle & Word Games w/Ruth (AR)</p>	<p>10:00 YMCA Youth Visit: (AR) 19</p> <p>Cooking in a Bag!</p> <p>10:00 Kota the Dog Visits (1:1)</p> <p>11:15 Rosary Prayers (MR)</p> <p>1:00 Bus Outing (**)(E) Shrewsbury Amish Markets</p> <p>2:00 Classic Movie Matinee: (LR) Rogers & Hammerstein's Oklahoma</p>	<p>10:00 Devotions (AR) 20</p> <p>10:15 Seated Volleyball (AR)</p> <p>10:45 Moon Walk & Space Exploration - 55 years (AR)</p> <p>1:00 Faith Break w/Chaplain (LR)</p> <p>1:45 On the Porch (AR - O) Music Fun! Rhythm Band</p>
<p><i>Celebrate Summer</i> 21</p> <p><i>Puzzle Booklet is Available</i></p> <p>9:30 Catholic Communion (1:1)</p> <p>10:00 Worship by Hymns (LR)</p> <p>2:00 Movie Matinee: (LR)</p> <p>Jodi Foster stars in Nim's Island</p>	<p>10:00 Devotions (AR) 22</p> <p>10:15 Brain Aerobics (AR)</p> <p>10:45 Music N' Motion (AR)</p> <p>1:00 Bible Bingo Game (AR)</p> <p>2:00 Poetry w/Marty (AR)</p> <p>3:00 Comedy: Dick Van Dyke (LR)</p> <p>6:00 Christmas In July: (LR)</p> <p>Home Alone Movie & Snacks</p>	<p>10:00 Devotions (AR) 23</p> <p>10:15 Imponderable Questions (AR)</p> <p>10:45 Armchair Exercise (AR)</p> <p>11:30 Corn on the Cob Lunch w/Kris (**)(AR)</p> <p>1:00 Men's Group w/Paul: (LR) Ice Cream & Trivia</p> <p>2:00 P-O-K-E-N-O (AR)</p> <p>3:00 The Monkey Kingdom (LR)</p>	<p>8:30-10:00 Pretty Nails with Misty (**Reservations Needed) (L) 24</p> <p>10:00 Felt Art & Mitch Miller Music (AR)</p> <p>10:00 Pet Therapy Dog Visits (1:1)</p> <p>1:00 Kitten Therapy Visits (1:1)</p> <p>1:00 Rosary Prayers (MR)</p> <p>2:00 Bingo (AR)</p> <p>3:15 Fun Songs from 1950s (LR)</p> <p>5:30 Parachute Games (AR)</p>	<p>10:00 Devotions (AR) 25</p> <p>10:15 Facts About America (AR)</p> <p>10:45 Simply Stretching (AR)</p> <p>1:00 Wal-Mart Shopping (**)(I)</p> <p>1:00 Jeopardy w/John (LR)</p> <p>2:00 Worship Service (AR)</p> <p>2:45 Crossword Puzzle & Word Games w/Ruth (AR)</p>	<p>10:00 YMCA Youth Visit: (AR) 26</p> <p>Seated Volleyball</p> <p>12:00 Olympics Opening (TV Ch. 3)</p> <p>1:00 Rosary Prayers (MR)</p> <p>2:00 Lifelong Learning: (AR) "The Birds of York County" By The Audubon Society</p> <p>3:00 Word Games on iN2L (AR)</p>	<p>10:00 Devotions (AR) 27</p> <p>10:15 Noodleball (AR)</p> <p>10:45 Wellness Talk w/Kathy: Dehydration (AR)</p> <p>1:00 Faith Break w/Chaplain (LR)</p> <p>1:45 On the Porch: (AR - O) Han Christian Anderson Stories & Conversations</p>
<p><i>Brain Teasers</i> 28</p> <p><i>Puzzle Booklet is Available</i></p> <p>9:30 Catholic Communion (1:1)</p> <p>10:00 Worship by Hymns (LR)</p> <p>2:00 Movie Matinee: (LR)</p> <p>Jimmy Stewart stars in Harvey</p>	<p>10:00 Devotions (AR) 29</p> <p>10:15 Brain Aerobics (AR)</p> <p>10:45 Music N' Motion (AR)</p> <p>1:00 George Beverly Shea Music Hour (LR)</p> <p>2:00 Neighborhood Social: (AR) Wine & Cheese</p> <p>3:00 Comedy: Dick Van Dyke (LR)</p>	<p>10:00 Trivia Event: (AR - O) Coffee & Pastries sponsored by Starbucks Coffee 30</p> <p>1:00 Scrabble (AR)</p> <p>2:00 Resident Council Meeting w/Management Staff (AR)</p> <p>3:00 National Geographic's Most Amazing Moments (LR)</p>	<p>10:00 Making Corn Fritters (AR) 31</p> <p>10:00 Pet Therapy Dogs Visit (1:1)</p> <p>1:00 Kitten Therapy Visits (1:1)</p> <p>1:00 Rosary Prayers (MR)</p> <p>2:00 Bingo - Grand Prize Round Homemade Summer Quilt (AR)</p> <p>3:15 Sing Along with Andy! (LR)</p> <p>5:30 Dice Racing & Trivia (AR)</p>			<p>Key</p> <p><i>Programs are subject to change</i></p> <p>AR - Activity Room I - Independent Activity LR - Living Room E - Entrance Lobby CC - Community Center \$ - Advanced Payment GR - Gather Room ** - Reservations Needed L - Library Lounge 1:1 - One to One Visits O - Outside Courtyard</p>

The Village at Utz Terrace Personal Care Programs & Events



Residence Phone Numbers

- ◇ Alyssa Groft, Administrator
717- 646-2415 or Ext. 60014
- ◇ Shelia Herman, Nursing Supervisor
717-646-2427 or Ext. 60026
- ◇ Kris Martin, Life Enrichment Leader
717- 646-2431 or Ext. 60030
- ◇ Wellness Suite (Nurse’s Office)
717- 646-2438 or Ext. 60037
- ◇ Denise Childs, Beautician
717-646-2419 or Ext. 60018
- ◇ Christine Storm, Dining Services
717-646-2439 or Ext. 60036
- ◇ Melissa Mosebrook, Chaplain
717-646-2440 or Ext. 60039

To obtain an outside phone line dial 8.

Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



Program Reservations Needed ()**

All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

Independent Shopping on Thursdays at 1 pm: Wal-Mart trip for residents that are independent in shopping.

Countryside Ride: Enjoy a bus trip to the local countryside on Wednesday, July 10 at 5:30 pm. Just simply sign up with the life enrichment team members, Kris or Kathy and off we go!

Shopping at Amish Markets in Shrewsbury: Enjoy shopping on Friday, July 19 at the Amish Markets in Shrewsbury. You can shop for crafts, fruit, bakery, deli or simple get some ice cream and sit on the porch. Departure is at 1:00 pm. Reminder residents are responsible for shopping expenses. Limited seats, sign up early!

Outdoor Walks: Saturday, July 13 at 8:30 am. Sign up!

Corn on the Cob Lunch: It’s a special corn on the cob lunch on Tuesday, July 23 at 11:30 in the activity room! Limited seating, sign up is required. See life enrichment staff to make your reservations.

Pretty Nails w/Misty: Ladies that would like to have their nails shaped and made pretty on Wed. July 24. Please contact Kris for a morning time slot from 8:30 - 10:00 am.

**Everyone is invited to attend
Food/Dining Committee Meeting
with management Monday, July 1 at 1:00 pm
in the Activity Room.**

SpiriTrust Lutheran®
The Village at Utz Terrace
Personal Care Newsletter



Fourth of July Fun Facts

1. The Liberty Bell rings 13 times every 4th of July to honor the 13 original states.
2. The first public 4th of July event at the White House occurred in 1801, Thomas Jefferson was President.
3. Three presidents died on July 4th: John Adams and Thomas Jefferson both died on July 4, 1826 – this was the 50th anniversary. James Monroe died July 4, 1831.
4. Inscribed on the tablet held by Lady Liberty is “July IV MDCCLXXVI” (July 4, 1776).
5. Calvin Coolidge was the only president born on July 4th (July 4, 1872).

Star-Spangled Banner Facts

1. “The Star-Spangled Banner” was made the national anthem by a congressional resolution on March 3, 1931 and signed by President Herbert Hoover.
2. Francis Scott Key wrote the lyrics but intended it to be a poem. His brother-in-law penned it on sheet music in 1814.
3. The first sporting event to hear “The Star-Spangled Banner” was a baseball game in 1862 in Brooklyn, NY.

Poem

Answer July-
Where is the Bee-
Where is the Blush-
Where is the Hay?
Ah, said July-
Where is the Seed-
Where is the Bud-
Where is the May-
Answer Thee- Me
Nay—said the May-
Show me the Snow-
Show me the Bells-
Show me the Jay!
Quibbled the Jay-
Where be the Maize-
Where be the Haze-
Where be the Bur?
Here—said the Year-

~ Emily Dickinson 1830-1886

July Symbols

Birthstone:

Flowers: Waterlily & Larkspur

Zodiac Sign:

Cancer until July 20

Leo from July 21

Condolences

The staff and residents extend their condolences to the family of Caryl Clarke. Dear friend rest in heavenly peace.