

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1>March 2025</h1>					Key <i>Programs are subject to change</i>		Independent Activities 1 Available in the Activity Room 1:00 Faith Break w/Chaplain (LR) 1:30 Stories, This & That & Humor with Barbara (LR) 1:30 Rosary Prayers (MR)
March Word 2 <i>Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns: (LR) Songs of the Spirit 2:00 Movie Matinee: (LR) Fried Green Tomatoes	3 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits: The Story of Cain and Abel (AR) 2:00 Musical Voices (AR) 3:00 Comedy: I Love Lucy (LR)	4 10:00 Devotions (AR) 10:15 Word Game: (AR) Last Letter First 10:45 Armchair Exercise (AR) 1:00 Men's Group (LR) 2:00 Trivia Bingo (AR) 3:00 Bio of Paul Newman (LR)	10:00 Ash Wednesday Devotion 5 & Making Soft Pretzels (AR) 1:00 Kitten Therapy Visits (1:1) 1:00 Scrabble Club (L) (I) 2:00 Music by Jerry Overby (AR) 3:15 Music Video: (LR) Michael Flatley's Feet of Flames	6 10:00 Devotions (AR) 10:15 Hot Potato & Oreos (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	7 10:00 Devotions (AR) 10:15 Seated Exercise (AR) 10:30 Pondering Questions (AR) 1:00 Shirley Temple Movie (LR) 2:00 Table Game: (AR) P-O-K-E-N-O 3:00 UNO Card Club (AR)	8 Independent Activities Available in the Activity Room 1:00 Faith Break w/Chaplain (LR) 1:30 Rosary Prayers (MR) 2:00 Special Music Show: (AR) Canaan's Land Band	
Daylight Savings Time 9 <i>Women's History Word</i> <i>Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns: (LR) Josh Turner "I Serve A Savior" 2:00 Special Bingo Party with McCusker Family (AR)	10 9:00 Dog Visit w/Bootsie (1:1) 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 12:30 Pretty Nails w/Misty (**) (L) 2:00 Weis Markets Food Demo: Making Healthy Trail Mix (AR) 3:00 Comedy: I Love Lucy (LR)	11 10:00 Devotions (AR) 10:15 Spill & Spell (AR) 10:45 Armchair Exercise (AR) 11:00 Lunch Outing: Avalon Ale House Restaurant (**) (\$) 2:00 St. Patty's Jingo Game (AR) 3:00 Bio of Zsa Zsa Gabor (LR)	12 10:00 Service Project: (AR) Making PB & J for PAL 1:00 Kitten Therapy Visits (1:1) 1:00 Scrabble Club (L) (I) 2:00 Bingo (AR) 3:15 Music Video: (LR) Timeless Irish Classics	13 10:00 Devotions (AR) 10:15 Guess the Fairy Tale (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	14 10:00 Devotions (AR) 10:15 Seated Exercise (AR) 10:30 Bird Matching Quiz (AR) 1:00 Shirley Temple Movie (LR) 2:00 NEW Dice Game: (AR) Cover The Number 3:00 UNO Card Club (AR)	15 Independent Activities Available in the Activity Room 1:00 Faith Break w/Chaplain (LR) 1:30 Stories, This & That & Humor with Barbara (LR) 1:30 Rosary Prayers (MR)	
St. Patrick's Day Word 16 <i>Puzzle Booklet is Available</i> <i>No Catholic Communion Today</i> 10:00 Billy Graham Crusade: A Gathering of Souls (LR) 2:00 Movie Matinee: (LR) Pot O' Gold	St. Patrick's Day 17 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 2:00 Utz Terrace Line Dancers & Musical Voices (AR) 3:00 Comedy: I Love Lucy (LR)	18 9:00 Coffee Klatch & A Wee Bit O' Irish Humor (AR) 10:30 Catholic Mass (SC) 1:00 Men's Group (LR) 2:00 St. Patrick's Party & Music by Abigail's Garden (AR) 3:00 Biography of Doris Day (LR)	19 10:00 Kitchen Corner w/Sandy 11:45 Homemade Meal: (**) (AR) Salad & Meat Lasagna 1:00 Kitten Therapy Visits (1:1) 1:00 Scrabble Club (L) (I) 2:00 Bingo (AR) 3:15 Daniel O'Donnell Music (LR)	First Day of Spring 20 10:00 Devotions (AR) 10:15 Reminisce/Flying Kites (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	21 10:00 Devotions (AR) 10:15 Seated Exercise (AR) 10:30 Reminiscing Ball Toss (AR) 1:00 Shirley Temple Movie (LR) 2:00 Guest Speaker: The Birds of York County (AR) 3:00 UNO Card Club (AR)	22 Independent Activities Available in the Activity Room 1:00 Faith Break w/Chaplain (LR) 1:30 Stories, This & That & Humor with Barbara (LR) 1:30 Rosary Prayers (MR)	
Bible Word Search 23 <i>Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns: (LR) Gatlin Brothers & Oak Ridge Boys 2:00 Movie Matinee: (LR) The Notorious Landlady	24 9:00 Dog Visit w/Bootsie (1:1) 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits w/Kris (AR) 2:00 Neck & Back Massages (AR) 3:00 Comedy: I Love Lucy (LR)	25 10:00 Devotions (AR) 10:15 Unscramble the Words (AR) 10:45 Armchair Exercise (AR) 1:00 Movie Matinee: (LR) Francis the Talking Mule 1:00 Countryside Ride (**) (E) 3:00 Bio of Lawrence Welk (LR)	26 10:00 Reader's Skit: (AR) All My Gallstones 1:00 Kitten Therapy Visits (1:1) 1:00 Scrabble Club (L) (I) 2:00 Bingo (AR) 3:15 Music Video: (LR) Andre Rieu Live In Dublin	27 10:00 Devotions (AR) 10:15 What If You? (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	28 10:00 Devotions (AR) 10:15 Seated Exercise (AR) 10:30 What Did It Cost? (AR) 1:00 Shirley Temple Movie (LR) 2:00 Table Game: (AR) Math & Riddle Bingo 3:00 UNO Card Club (AR)	29 Independent Activities Available in the Activity Room 1:00 Faith Break w/Chaplain (LR) 1:30 Stories, This & That & Humor with Barbara (LR) 1:30 Rosary Prayers (MR)	
ABC Word Puzzles Available 30 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns: (LR) Smoky Mountain Hymns 1:45 Bus Outing: Lyric Band (**) (I) 2:00 Bell Choir & Message by St. David's Lutheran (AR)	31 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:30 Dog Visit w/Moose (AR) 2:00 Live Piano Music with Joyce Printz (AR) 3:00 Comedy: I Love Lucy (LR)	<h2>The Village at Utz Terrace Personal Care Programs & Events</h2>					



Residence Phone Numbers

- ◇ Alyssa Groft, Administrator
717- 646-2415 or Ext. 60014
 - ◇ Shelia Herman, Nursing Supervisor
717-646-2427 or Ext. 60026
 - ◇ Kris Martin, Life Enrichment Leader
717- 646-2431 or Ext. 60030
 - ◇ Wellness Suite (Nurse's Office)
717- 646-2438 or Ext. 60037
 - ◇ Irma Austad, Beautician
717-646-2419 or Ext. 60018
 - ◇ Dalton Sponaugle, Dining Services
717-646-2439 or Ext. 60036
 - ◇ Melissa Mosebrook, Chaplain
717-646-2440 or Ext. 60039
- To obtain an outside phone line dial 8.

Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



Program Reservations Needed (**)

All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

Independent Shopping on Thursdays at 1 pm: Wal-Mart trip for residents that are independent in shopping. Advanced reservations are required please reach out to Kris Martin, life enrichment leader.

Pretty Nails w/Misty: On Monday, March 10 starting at 12:30 pm, Misty our volunteer will have pretty nails appointments. Please sign up with Kris to schedule a pretty nail appointment. No cost ... Its free!

Lunch Out: Have lunch at the Avalon Ale Restaurant in Hanover on Tuesday, March 11 departing at 11:00 am. Residents are responsible for their own lunch expenses. See Kris with any questions and to sign up.

Homemade Meal: On Wednesday, March 19 at 11:45 am in the activity room. Homemade lasagna, garlic bread, salad, and homemade dessert will be available. Limited seating, please make your reservations with Kris. No cost ...Its free!

Countryside Ride: See the sight of the surrounding area of Hanover. The outing will take place on Tuesday, March 25 at 1:00 pm. No cost for this trip. Please reserve your seat with Kris.

Music Outing: Lyric Band in New Oxford on Sunday, March 30 at 1:45 pm. Residents must make reservations and be independent with walking, and maneuvering bus steps. No lift will be used as we have a different bus for this outing. Please talk with Kris if interested. No cost

March 2025

Welcome

Please welcome our new resident to the personal care residence

Joseph Gotwalt

It will be a pleasure to call you neighbor!

March Quotes

March comes in like a lion and goes out like a lamb.
~ English Proverb

Our life is March weather, savage and serene in one hour.
~Ralph Waldo Emerson

March Symbols

Birthstone: Aquamarine

Flower: Daffodil

Bird: Robin

Colors: Light Blue

Zodiac Sign: Pisces until March 20 and Aries from March 21 until April 19

Condolences

Our condolences are extended to the families of our neighbors that passed.

John Sneeringer

Bob Karsteter

 **Spiritrust Lutheran**[®]
The Village at Utz Terrace

Personal Care Newsletter



Before retiring to bed on Saturday, March 8 turn your clocks ahead one hour.