

Personal Care Menu

2024(3)	Sunday Sept. 1	Monday Sept. 2	Tuesday Sept. 3	Wednesday Sept. 4	Thursday Sept. 5	Friday Sept. 6	Saturday Sept. 7
Breakfast	Hot Oatmeal Assorted Cold Cereal Eggs to order Denver Eggs Sausage Banana Chocolate Chip Bread	Hot Oatmeal Assorted Cold Cereal Pancakes Syrup Scrambled Eggs Assorted Toast Bacon	Hot Grits Assorted Cold Cereal French Toast Syrup Scrambled Eggs Sausage Patty Cantaloupe	Hot Oatmeal Assorted Cold Cereal Belgian Waffle Syrup Cheesy Scrambled Eggs Sausage Link Yogurt Granola	Hot Oatmeal Assorted Cold Cereal Chip Beef/Toast Scrambled Eggs Turkey Sausage Mini Danish	Hot Grits Assorted Cold Cereal Eggs to Order Cheesy Eggs Hashbrown Triangles Canadian Bacon	Hot Oatmeal Assorted Cold Cereal Biscuit & Sausage Gravy Scrambled Eggs Bacon
Lunch	Cream of Potato Roast Beef and Swiss on Rye Chicken Noodle Casserole Coleslaw Wheat Dinner Roll Fresh Cantaloupe	Vegetable Chowder Chicken Salad Fruit Plate Grilled Monte Cristo Baked Potato Sour Cream Coconut Cake	Turkey Noodle Soup Open Faced Roast Beef Beef Gravy Crispy Chicken Sandwich Tater tots Peas & Onions Ice Cream Sandwich	Beef Orzo Soup Tuna Melt Casserole Turkey Burger Seasoned Potato Wedges Tossed Salad Brownie	Cream of Broccoli Soup Hamburger Lettuce, Tomato & Pickle Macaroni & Cheese Stewed Tomatoes Marinated Cucumber, Tomato & Corn Salad Pineapple Whip	Vegetable Soup Fried Haddock Sandwich Turkey Noodle Casserole Coleslaw Cherry Delight Bar	Beer Cheese Soup Grilled Turkey & Swiss BBQ Chicken Thigh Hot German Potato Salad Fruited Gelatin Salad
Dinner	Caribbean BBQ Pork Dirty Rice Stuffed Cabbage Roll Squash Medley Lemon Meringue Pie	Chicken Parmesan Penne Pasta Shrimp Poboy Summer Vegetables Honeydew	Baked Fish with Dill Sauce Kielbasa Roasted New Potatoes Spinach Applesauce	Citrus Roasted Pork Spring Vegetable Alfredo Sweet Potato Fresh Broccoli Wheat Bread Bread Pudding	Baked Cod Chicken Ricotta Carrots Risotto Sugar Cookie	Roast Beef Beef Gravy Hot Pork Sandwich Succotash Blondie Square	Shrimp & Pineapple Stir Fry Steamed Rice Cheese Pizza Marinated Cucumbers Cheesecake

Milk, water and assorted hot and cold beverages available at every meal. Hot or cold sandwiches, soups and cottage cheese & a fruit plate are always available.