

2025 Week 1	Sunday 1/19	Monday 1/20	Tuesday 1/21	Wednesday 1/22	Thursday 1/23	Friday 1/24	Saturday 1/25
Breakfast	Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Pancakes with Syrup Bacon Banana	Assorted Juice Oatmeal Assorted Cold Cereal Denver Omelet Waffle with Syrup Bacon Fruit Cup	Assorted Juice Oatmeal Assorted Cold Cereal Cheesy Scrambled Eggs Yogurt & Granola Assorted Toast Fruit Cup	Assorted Juice Oatmeal Assorted Cold Cereal Eggs to Order Texas French Toast with Syrup Bacon Cubed Melon	Assorted Juice Oatmeal Assorted Cold Cereal Baked Omelet Cinnamon Raisin French Toast with Syrup Ham Slice Blueberry Muffin	Assorted Juice Oatmeal Assorted Cold Cereal Egg & Cheese Muffin Blueberry Pancakes with Syrup Bacon	Assorted Juice Oatmeal Assorted Cold Cereal Scrambled Eggs Sausage Gravy over Biscuit Hash brown Triangle Banana
Lunch	Baked Flounder with Lemon Butter Garden Wild Rice Peas Boneless Pork Chop Applesauce Coconut Cake	Chicken Parmesan Penne Pasta with Marinara Lemon Green Beans Mushroom Spinach Quiche Lemon Bar	Roasted Turkey w/ Bread Stuffing Mashed Potatoes Cranberry Sauce Brussel Sprouts Baked Ham with Pineapple Pumpkin Pie	Chopped Steak with Mushrooms Roasted Potatoes Fried Shrimp Layered Salad Vanilla Ice Cream Cup	Cilantro Grilled Chicken Parslied Potatoes Carrot Coins Baked Ziti Dinner Roll Apple Crisp	Salmon Sour Cream & Chive Potatoes Parmesan Roasted Zucchini Chicken & White Bean Chili w/Corn Muffin Fruit Cup	Country Style Braised Beef Tips Rice Pilaf Snap Peas Smothered Pork Chop Pound Cake with Berries
Dinner	Vegetable Beef Soup Turkey Burger Potato Wedges Broccoli Grilled Pimento Cheese Sandwich Chocolate Pudding	Split Pea Soup Tuna Salad Sandwich on White Baked Potato Salad Roast Beef with Swiss Sandwich Pineapple Chunks	Chicken Noodle Soup Fish Sandwich Coleslaw Chicken Caesar Salad with Breadstick Peach Cobbler	Black Bean Soup Italian Sausage Spinach Beef Mac & Cheese Casserole Chocolate Cake with Peanut Butter Icing	Tomato Rice Seafood Salad on a Croissant Chickpea, Green Bean & Tomato Salad Turkey Club Boston Cream Pie	Mushroom Barley Soup Hot Pork Sandwich Fries Green Beans Deluxe Burger with Lettuce, Tomato & Onion Cranberry Oatmeal Cookie	Minestrone Soup Hot Turkey Sandwich with Gravy Yellow Squash Vegetable Cheese Strata Fruited Jell-O