


September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Labor Day 1 <i>Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Walt Disney's The Game Plan	Labor Day 2 8:30 Absentee Voting Forms (AR) 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 On the Porch: Ice Cream (O) 2:00 Musical Voices (AR) 3:00 Comedy: Honeymooners (LR)	3 10:00 Devotions (AR) 10:15 Hangman Word Game (AR) 10:45 Armchair Exercise (AR) 1:00 Men's Group (AR) 2:00 History Speaker: (AR) The Battle of Hanover 3:00 Maine to Key West (LR)	4 10:00 Creative Corner: (AR) Shaping Salt Dough Leaves 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Bingo/Prizes Potato Chips (AR) 3:15 Patriotic Songs (LR) 5:30 Painting Salt Dough Leaves (AR)	5 10:00 Devotions (AR) 10:15 You Be The Judge (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	6 10:00 Travel & Learn: (AR) Scuba Diving Trip Presentation 12:00 One to One Visits by Kathy 1:00 Rosary Prayers (MR) 2:00 Music Highlight: (LR) Music of Andrew Lloyd Webber 3:00 Word Games on iN2L (LR)	7 10:00 Devotions (AR) 10:15 Around the World Trivia Game w/Kathy (AR) 10:45 Noodleball (AR) 1:00 Faith Break w/Chaplain (LR) 1:45 On the Porch: (AR - O) Relaxation & Blowing Bubbles
Grandparents Day 8 <i>September Puzzle is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Musical Movie: (LR) Cary Grant stars in Arsenic and Old Lace	9 9:30 Dog Visit w/Danny (1:1) 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Teaching Kitchen: (AR) Guacamole & Margarita Mocktails 2:00 P-O-K-E-N-O (AR) 3:00 Comedy: Honeymooners (LR)	10 10:00 Devotions (AR) 10:15 Home Remedies (AR) 10:45 Armchair Exercise (AR) 1:00 Dean Martin Show (LR) 2:00 Lifelong Learning: (AR) Codorus State Park Monarch Butterfly 3:00 Game Club w/Chole (AR)	Patriot Day 11 10:00 Creative Corner: (AR) Painting Autumn Wooden Sign 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Boyd's Bear Bingo (AR) 3:15 Beth Williams Music (LR)	12 10:00 Dog Visit w/Rosie (1:1) 10:00 Devotions (AR) 10:15 Songs w/Kris (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	13 10:00 Devotions (AR) 10:15 Virtual Tour of Butterfly Atrium at Hershey Gardens (AR) 10:30 Seated Exercise on iN2L (AR) 1:00 Rosary Prayers (AR) 2:00 Ice Cream Truck (E) 2:30 Karaoke Fun w/Kris (AR) 3:00 Word Games on iN2L (AR)	14 Independent Activity Day Located in the AR My Personal Heritage Card & Dice Games Reminiscing Story Booklets 1:00 Faith Break w/Chaplain (LR)
Harvest Fest 15 <i>Puzzle Booklet is Available</i> <i>No Catholic Communion Today</i> 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) The Pursuit of Happyness	16 9:30 Dog Visit w/Danny (1:1) 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 12:30 - 2:00 Pretty Nails w/Misty Reservations Needed (**) (L) 2:00 Musical Voices (AR) 3:00 Comedy: Honeymooners (LR)	17 10:00 Coffee & Pastry Klatch w/Darlene Webb (AR) 10:30 Catholic Mass (SC) 1:00 Men's Group w/Paul (LR) Ice Pops & Name That Country Artist 2:00 Variety Music Program by Bob Laughman (AR) 3:00 Arizona to Alaska (LR)	18 10:00 Service Project for PAL: Making PB&J Sandwiches (AR) 10:00 Pet Therapy Dogs Visit (1:1) 11:00 Lunch Trip to Clair's (**) (E) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Bingo (AR) 3:15 Songs of Land, Sea & Air (LR)	19 10:00 Dog Visit w/Rosie (1:1) 10:00 Devotions (AR) 10:15 History Trivia (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	20 10:00 Dog Visit w/Kota (1:1) 10:00 Devotions (LR) 10:15 Surfing Dog Videos (LR) 10:30 Seated Exercise w/Kathy (LR) 1:00 Rosary Prayers (MR) 2:00 Country Music Roundup Show by Dan Martin (AR) 3:00 Word Games on iN2L (LR)	21 10:00 Devotions (AR) 10:15 Signs of Autumn (AR) 10:45 Ball Toss (AR) 1:00 Faith Break w/Chaplain (LR) 2:00 Fall Celebration Party w/St. Matthew's Lutheran Church, Hanover (AR)
First Day of Autumn 22 <i>Johnny Appleseed</i> <i>Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Gary Cooper stars in	23 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Teaching Kitchen: (AR) Centenarian Celebration of People & Foods of 100 2:00 Bible Jingo Game (AR) 3:00 Comedy: Honeymooners (LR)	24 8:00 Voting Applications (AR) 9:30 Countryside Ride (**)(E) 1:00 Chesapeake Bay Visions (LR) 2:00 Ice Cream Social: (AR - O) Ice Cream Cones 2:30 Flavor-ology of Your Ice Cream Choice (AR - O) 3:00 Game Club w/Chole (AR)	25 10:00 Taste & Learn: (AR) Different Varieties of Apples 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Rosary Prayers (MR) 2:00 Bingo (AR) 3:15 John Denver Music (LR) 5:30 Travel to the Galapagos Islands & Heated Massages (AR)	26 10:00 Dog Visit w/Rosie (1:1) 10:00 Devotions (AR) 10:15 Flashback Memories (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	27 10:00 Dog Visit w/Kota (1:1) 10:00 Devotions (LR) 10:15 Country Landmarks (LR) 10:30 Seated Exercise w/Kathy (LR) 1:00 Rosary Prayers (MR) 2:00 Johnny Appleseed Day: History & Apple Desserts (AR) 3:00 Word Games on iN2L (LR)	28 10:00 Devotions (AR) 10:15 Dice Racing (AR) 10:45 Reminiscing Ball Toss (AR) 1:00 Faith Break w/Chaplain (LR) 1:45 Show & Tell (AR) (Bring a family quilt, photo or travel souvenir to share)
Oktoberfest 29 <i>Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Musical Movie: (LR) Shirley Temple stars in The Littlest Rebel	30 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bio of Milton Hershey (LR) 2:00 Women of Faith: (AR) A Cup of Tea & Faith Stories 3:00 Comedy: Honeymooners (LR)					Key <i>Programs are subject to change</i> AR - Activity Room I - Independent Activity LR - Living Room E - Entrance Lobby CC - Community \$ - Advanced Payment Center ** - Reservations GR - Gather Room Needed L - Library Lounge 1:1 - One to One Visits O - Outside Courtyard

The Village at Utz Terrace Personal Care Programs & Events



Residence Phone Numbers

- ◇ Alyssa Groft, Administrator
717- 646-2415 or Ext. 60014
- ◇ Shelia Herman, Nursing Supervisor
717-646-2427 or Ext. 60026
- ◇ Kris Martin, Life Enrichment Leader
717- 646-2431 or Ext. 60030
- ◇ Wellness Suite (Nurse's Office)
717- 646-2438 or Ext. 60037
- ◇ Denise Childs, Beautician
717-646-2419 or Ext. 60018
- ◇ Christine Storm, Dining Services
717-646-2439 or Ext. 60036
- ◇ Melissa Mosebrook, Chaplain
717-646-2440 or Ext. 60039

To obtain an outside phone line dial 8.

Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



Program Reservations Needed (**)

All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

Independent Shopping on Thursdays at 1 pm: Wal-Mart trip for residents that are independent in shopping.

Pretty Nails w/Misty: Ladies that would like to have their nails shaped and made pretty on Monday, September 16 from 12:30—2:00 pm. Please contact Kris for an appointment.

Lunch at Clair's Restaurant: You want something different to eat? Then sign up with life enrichment to go to Clair's Restaurant in Hanover on Wednesday, Sept. 18 at 11:00 am. The restaurant has sandwiches, hot entrée platters, and delicious daily specials. Reminder that residents are responsible for lunch expenses. Sign up today!

Countryside Ride: Enjoy a bus trip to the local countryside on Tuesday, September 24 at 9:30 am. Just simply sign up with the life enrichment team members, Kris or Kathy and off we go!

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SpiriTrust Lutheran®

The Village at Utz Terrace

Personal Care Newsletter

Welcome

Please welcome our new residents to the personal care residence

Margaret "Peg" Hively

It will be a pleasure to call you neighbor!

September Quote

"All the months are crude experiments, out of which the perfect September is made." ~ Virginia Woolf

September Symbols

Birthstone: Sapphire

Flowers: Forget-me-not, Morning Glory, and Aster

Zodiac Sign: Virgo until Sept. 22, Libra Sept. 23 onward



Lynn Peterson, driver for the community and her daughter, Chole visited the village with their horse, Blue.

Top left picture: Mary Hinkeldey
Bottom left picture: Betty Johnson
Bottom right picture: Pansy Duck

Everyone enjoyed the horse visit!

