# The Weekly Connection Personal Care | December 15 - 21, 2024

Listed below are several *highlighted* opportunities for personal growth and enjoyment for the upcoming week. For a full listing of opportunities please see the monthly personal care residence life enrichment calendar.



Weekly themed word puzzle booklets may be obtained at the resident care desk.

This week's featured theme is stories & puzzles!

#### Program by The Chapel of Hanover Sunday, December 15 2:00 PM Dining Room

The church members from The Chapel of Hanover will provide a Christmas program featuring a children show, caroling, scripture, and gifts for all the residents. Please consider joining them to experience Christmas joy!

## **Line Dancers & Carolers**

## Monday, December 16 | 2:00 PM | Living Room

Residents from the residential living residence are presenting a program featuring; line dancers, carolers and a gift delivery for all in attendance. Come out and support your neighbors that will be sharing the spirit of the season.

## **Candy Cane Service Project**

Tues., December 17 | 2:00 PM | Activity Room

Christmas is about the birth of our Lord and Savior and the candy cane service project will help announce what Jesus has — done for us. The project will go

to a local organization to share the meaning of the candy cane. All helping hands are welcome to participate.

#### **Gift Shop Bingo**

#### Wed., December 18 2:00 PM Activity Room

Residents will be playing games of traditional bingo and will be able select prizes from items that you could find in a gift shop. Prizes for yourself or turn the prize into a gift for others.

#### Christmas Worship of Lessons & Carols Thursday, December 19 | 2:00 PM | Dining Rm.

Chaplain Melissa and our worship volunteers will present a Christmas worship of lessons and carols, many carols that many hold dear to their hearts. Come and worship the King!

#### Piano & Music Recital

## Saturday, December 21 | 2:00 PM | Dining Rm.

Local music teacher, Joann Luckenbaugh will present a musical recital of her students. Please come and show your support of these young students and their growing talents.

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Christmas Day Residents that will be leaving the community with family on Christmas Day should be letting the nursing staff know in advance. This notification of the outing and departure time will assist nurses with timely care needs including medication preparation for the day. Thank you for helping.

Sign In/Sign Out Residents that are leaving the residence either for an outing with family or visiting the community center needs to sign out from the personal care residence. The sign out logs are located at the resident care desk. Please remember to sign back in upon your return to the personal care residence.

Cell Phones Residents are asked to be considerate when attending activity programs and worship services ... please silence cell phones for the consideration of the other residents, and for the program or worship service at hand. Thank you.

Health Reminder Residents are reminded to report any health changes to the nursing staff. Changes include; coughing, runny nose, sniffles, chest congestion, and achy muscles. This is important as staff try to contain any infectious viruses such as; RSV, covid and flu.

# How to Stop the Spread!

\*\*Residents are encouraged to wash hands frequently, cough into your elbow, and use antibacterial hand gel when unable to wash hands.

#### **Over the Counter Medications**

Residents and families are reminded that all medicines including, over the counter medicines need to be reported to the nursing staff. This includes; eye drops, nasal sprays, cough syrup, allergy medicines, creams, vitamins, etc.... A doctor's order is necessary for <u>all medicines</u>. Reminder that all medications must be stored and locked up at all times. Please consult with Alyssa Groft, personal care administrator, if you have any questions or concerns.

In/Out Magnets The in/out magnets located on the resident door frame is for emergency use only. Each room would need to be cleared by staff and this magnet allows communication for emergencies. Please do not use for personal use.



