

The Weekly Connection

Personal Care | July 21 - 27, 2024

Listed below are several highlighted opportunities for personal growth and enjoyment for the upcoming week. For a full listing of opportunities please see the monthly personal care residence life enrichment calendar.



Weekly themed word puzzle booklets may be obtained at the resident care desk.

This week's featured theme is *Celebrate Summer*.

Movie Matinee: *Nim's Island*

Sunday, July 21 | 2:00 PM | Living Room

Life is an adventure for a courageous youngster named Nim (Abigail Breslin), who lives on an exotic island with her marine-biologist father, and a menagerie of animal friends. When Nim's father goes missing, she turns to the only person she knows who can help her: adventurer Alex Rover (Gerard Butler). *Adventure for everyone!*

P-O-K-E-N-O

Tuesday, July 23 | 2:00 PM | Activity Room

The P-O-K-E-N-O game released in 1930, is a game that combinations poker and keno (or lot-to) and is similar to the game of bingo in several aspects. *Come and play!*

Felt Art and Mitch Miller Music

Wednesday, July 24 | 10:00 AM | Activity Room

Pick a color or two and you will be creating art through the felt art pages that residents may select. Residents will also be listening to the oldie music of Mitch Miller. *Relax and color!*

Wellness Talk: Dehydration

Saturday, July 27 | 10:45 AM | Activity Room

Life enrichment partner, Kathy Kritchen will discuss the importance of keeping hydrated through the day. *Learn!*

Program Updates

We welcome back Patti Miller as the worship leader for the service on Thursday, July 25 at 2:00 pm. Patti comes to us from St. Jacob's UCC Stone Church. Chaplain Melissa has an educational training to attend on this day.

The Friday morning YMCA Youth Visit scheduled for Friday, July 26 at 10 am has been canceled to due scheduling conflict with the YMCA. We will post an alternate program.

The Lifelong Learning by the Audubon Society on Friday, July 26 has been cancelled due to the speaker's health and need for surgery. We will keep you posted on an alternate program.

News continues from page 1

Health Reminder Residents are reminded to report any health changes to the nursing staff. Changes include; coughing, runny nose, sniffles, chest congestion, and achy muscles. This is important as staff try to contain any infectious viruses such as; RSV, covid and flu.

How to Stop the Spread!

******Residents are encouraged to wash hands frequently, cough into your elbow, and use antibacterial hand gel when unable to wash hands.

Cell Phones Residents are asked to be considerate when attending activity programs and worship services ... please silence cell phones for the consideration of the other residents, and for the program or worship service at hand. Thank you.

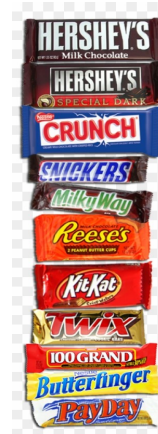


Postage Stamps Sending out mail and you need a postage stamp? Stamps may be purchased at the Country Store in the Community Center or from a receptionist Monday thru Friday.

Sign In/Sign Out Residents that are leaving the residence either an outing with family or going to the community center needs to sign out at the resident care desk. Please remember to sign back in upon your return.

Family Pets Reminder to residents and families that when a family pet visits our community we need some information from the pet owner. A copy of current pet vaccination records needs to be supplied to our life enrichment department. Help us to be in compliance with this state regulation. Also, pets must be on a leash at all times and not in the dining/activity room when food is being served. Please direct any questions or concerns to life enrichment leader, Kris Martin.

Candy Sale to Benefit the Alzheimer's Association



Did you know that we have an ongoing fundraiser to benefit the Alzheimer's Association? It's a candy and snack fundraiser! Residents, visitors, and staff are welcome to purchase candy and snacks at the front entrance reception desk. A donation of at least \$1.25 is needed to cover expenses. Thank you!